



**INDIAN ORTHODONTIC SOCIETY**

**Annual**

**REPORT**

**2022-23**



A stylized background graphic featuring two human figures, one in light purple and one in light blue, positioned within a circular frame. The figures are simplified, with circular heads and rectangular bodies. The entire graphic is set against a light beige, textured background.

# Annual

# REPORT

# 2022-23

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## MESSAGES FROM PRESIDENT, IOS



**Dear Colleagues,  
Greetings to all in my extended family..!!**

With a deep sense of gratitude to our beloved members of IOS for having expressed faith in me to lead our 57 year old dynamic society. We reached quite a few milestones in this one year. The unwavering support of EC in formulation of programmes Pan India has made this year a Successful one.

There was overwhelming participation of Life members & student life members in each and every programme that IOS conducted. Nearly 45 IOS calendar events were completed to utmost satisfaction. There were more than 80 study group IOS endorsed events successfully conducted this year.

The executive committee made into vibrant subcommittees with expertise from external members from past years EC subcommittee, aided in Satisfactory concluding all the events. This years Tag Line was  
“Fostering Smiles Globally”

To point out a few of Landmark events of this year were here as under.

- 1.) Reinstalled National Intercollege Exchange Programme for SLM
- 2.) Reinstalled International Observership Programme for Life Members to
  - A. Adelaide University, Australia
  - B. Nagasaki University, Japan
  - C. University of Western Australia, Perth, Australia
- 3.) IOS Social Media Activated to reach to masses (now more than 4000 IOS members)
- 4.) Life members whats app group (admin protected) to send the common information to their handsets.
- 5.) IOS Care Disbursement to the families of deceased IOS members.
- 6.) Always thought & worked towards the larger interest of society by Fighting against DIY Aligners and issue of notices & action against orthodontists involved in it.
- 7.) ALIGNER Master Class - A Virtual masterblaster event to understand the science behind Aligners.



- 8.) Started “Practice Management Online Series” to understand the tips of successful practice for IOS LM and SLM.
- 9.) 6 National Typhodont Workshops in all corners of India.
- 10.) Orthodontic Public Awareness rallies at some of the National events.
- 11.) Started Ortho Gedi - A exclusive lecture and hands on TAD programme.
- 12.) Virtual Photo frames made to make the membership involved and spread awareness of Orthodontists amongst general public.
- 13.) Ortho Paathshala Icon on website for checking the recordings of Previous ALIGNER MASTERCLASS, Practice Management Series.
- 14.) To promote research in the country Rs. 10 lacs dispersed for IOS research grant for LM & SLM.
- 15.) Fortnightly release of Public Awareness flyer.
- 16.) WFO membership at a discounted price only for IOS members i.e INR 14000 instead of 19000.
- 17.) Activated the IOS helpline number to resolve the issues in 24 hours.
- 18.) Initiated Study Group Convenors Conclave- A physical meeting minimum once a year starting 57th IOC, Meerut.
- 19.) Streamlined the SLM to LM conversion process which is just a click away.
- 20.) One of a kind International Orthodontic Symposium in collaboration with Eurasian Society of Orthodontists at Coorg in March 2023.

Apart from these 26th IOS PG Covention held at Sardar Patel Dental College was a grand success in which Deputy CM of Uttar Pradesh, Mr. Brijesh Pathak was the Chief Guest. The national training programme on Cleft & Craniofacial deformities was held at Dayananda Sagar Dental College & Hospital, Bangalore in which Hon. Governor of Karnataka - Sh. Thawar Chand Ji Gehlot was invited as the Chief Guest.

The Orthodontic Premiere League (OPL) is always a experience in itself especially in a cricket loving India which was successfully hosted by Coorg Institute of Dental Sciences.

The wild life photography programme was conducted at Ranthambore was a memorable event.

The Mid Year Convention held at Vietnam was a one of the most remembered MYC's in which apart from the scientific content a bond of love & friendship between the families of IOS members.

We saw an Active representation of IOS members at international events. Articles publication in journals accelerates the propagation of knowledge.

Regular publication of JIOS and JCO- IOS elaborate scientific content articles helped our members achieve academic goals, lead to healthy debates and discussions.



IOS times (the voice of IOS) came out with timely issues month on month which covered all the activities of IOS.

For any society to grow, it needs a like minded team. My gratitude to Hon. Secretary & all Principal Office bearers whose wholehearted cooperation and involvement has made the year a remarkable one.

Our team Meerut of 57th IOC have put their best efforts in making this a memorable event.

Traders & Sponsors are the back bone of all conferences, my sincere thanks for supporting IOS events throughout the year.

We all look forward to attending conferences for advancements in science, meet our teachers, listen to the senior academicians & clinicians and end up having a strong feeling of brotherhood by making new friends. This year team Meerut has given their best for the members to have a conference to be remembered for years.

I take this opportunity to wish all our members a very prosperous, healthy & wealthy years of Orthodontic Practice.

Best Regards,

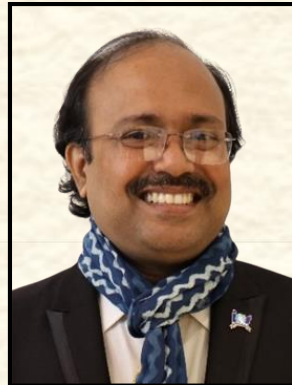
**Dr. Balvinder Singh Thakkar**

President, Indian Orthodontic Society

Jai Hind, Jai Bharat, Jai IOS!!!



## MESSAGES FROM HON.SECRETARY, IOS



I am deeply honoured by the trust and confidence our esteemed members have placed in me, and determined to be guided by the purposes and principles enshrined in our Constitution for the betterment of our Indian Orthodontic Society.

Having taken up the mantle of the Honorary Secretary of the IOS, brought with it many challenges which we, the Head Office and Executive Committee, collectively worked to resolve. I'm thankful for the stewardship of our President Dr. Balvinder Singh Thakkar, I enjoyed his confidence and support. My Treasurer Dr Munish Reddy and Joint Secretary Dr. Amit Bhardwaj, as a team worked together to achieve the goals. Dr. Sridevi Padmanabhan, Imm. Past Hon. Secretary was always available for guidance

We have been able to work for the Society and achieved the following milestones this year:

1. Apart from IOS office at Vellore a dedicated working office has been setup in Indirapuram, Delhi NCR .Dedicated executives are resolving each and every issue within record time.
2. Vellore registration is regularised and we are following the directives of the Registrar of Society to avoid any compliances. Thankful to EC Member Dr Vijay adith for his tireless efforts in this regards.
3. Financial accountability to government authorities is complied with, and we have been able to grow the corpus by Rs 1.5 crore, by judiciously using our resources and wise investment strategies.
4. We have been able to provide some succour to the families of our departed members through the Member Benefit Program. Rs 2 Lakh each has been disbursed to all 10 beneficiary family.
5. Abiding by the law of the land and after following due process the Hon. High Court of Madras has ruled in favour of IOS regarding both cases filed against IOS. In both instances the Hon. High Court has directed the matters to be resolved through the mechanism laid down in IOS Constitution.



6. A public awareness video and several posters were made for the benefit of increasing awareness about Orthodontics and an Orthodontist and was disseminated using social media handles of the IOS.
7. Representations were made to the apex body Dental Council of India and sister body Indian Dental Association about D2C aligner companies and the dangers fraught by short courses in Clear Aligners conducted for general dental practitioners. As it would impact quality Orthodontic care delivery and create problems for unsuspecting general public.
8. Associations with Aligner companies that trained general dentists in aligner usage was also discouraged and they were declined sponsorship at IOS events.
9. The IOS Head Office has tied up with international pharmaceutical and orthodontic companies to sponsor continuing dental education events at study group level.
10. The Mid Year Convention at Vietnam was a huge success with our members and their families attending in huge numbers.
11. Offline and Online scientific continuing education programs were held across the length and breadth of the country. Efforts were made to keep the registration fees for life and student members as low as possible.
12. Post Covid-19 pandemic the International Observership Program was restarted, and our members will travel to orthodontic departments of repute at Universities in Australia and Japan for knowledge transfer.
13. The IOS Research Foundation and Head Office
14. worked synergistically to scrutinize research proposals and selected the best.
15. In order to acquaint our members with the latest technologies in Clear Aligners, a series of webinars termed "Aligner Masterclass" were organised wherein some of the foremost authorities deliberated on materials, diagnosis, treatment planning in aligner care delivery.
16. The study groups and orthodontic departments in various dental colleges organised almost 100 endorsed continuing orthodontic education programs, these are apart from the IOS Calendar events. This has been a record number of programs so far.

I would once again reiterate my gratitude towards our dignified members to have placed their trust in me and I shall serve the IOS to the best of my abilities.

Jai Hind  
Jai IOS

Fraternal regards,  
**Dr. Sanjay Labh**  
Hon. Secretary, Indian Orthodontic Society



## MESSAGES FROM VICE PRESIDENT, IOS



Dear members of the Indian Orthodontic Society!

It gives me immense pleasure to address the members of the Indian Orthodontic society. Hope this message finds you in good health and high spirits. I would like to express my deep sense of gratitude to our President, Dr. Balvinder Singh Thakkar, Hon. Secretary, Dr. Sanjay Labh and dear executive committee members for playing an important role and making reforms in the Indian Orthodontic Society. A lot has been achieved in the past year. I would also like to thank the Indian Orthodontic Society for allowing me to launch the Aligner masterclass in order to keep up with the changing trends. I'm grateful to the society for dispersing the funds for the member benefit program. A total of 9 families of deceased IOS members received a fraternal benefit of 2 lakh rupees from the IOS head office this year. Appreciate the efforts of those involved, specifically the POBs, Head Office, EC and Member Benefit programme subcommittee of the past and present in conceptualizing the IOS CARE Scheme and making it a reality for the benefit of IOS Members.

Wishing you all a memorable and pleasant conference in Meerut. Looking forward to your presence at the 57th IOC, Meerut.

Thank You!

Jai Hind! Jai IOS

**Dr. Shailesh Shenava**

Vice President, Indian Orthodontic Society



## MESSAGES FROM PRESIDENT ELECT, IOS



It seems like yesterday when the Executive Committee began the year after the successful Pune Conference. The year went with hectic and enriching academic activities, public awareness initiatives, practice management programs and student activities which, the IOS conducted across the country and also using the Online Platform. This was also accompanied by various administrative activities like conduct of Executive Committee Meetings, talks with Government Organizations and organizations of other specialties. A lot has been achieved and accomplished through the year. This is with due credit to the dynamic President who led from the front and our enthusiastic Honorary Secretary who executed the tasks with perfection. This year IOS faced many challenges and turbulations due to various reasons. This was handled with self-esteem, dignity and dedication by the Principal Office Bearers and proactive Executive Committee Members. The year saw a heartwarming blend of maturity and enthusiasm by the enterprising committee members. The successful activities of the society in the year define the benchmark for the following year, for the new Executive team that would be formed at 57<sup>th</sup> IOC at Meerut. This would form the platform and springboard for the future to aspire greater heights that will take our society towards widespread recognition nationally and internationally. Looking forward to meeting you all at the 57<sup>th</sup> Indian Orthodontic Conference at Meerut and seeking your support, wishes and blessings to continue the good work done by my predecessors. I vouch to work towards a year of dedicated services to the society with passion, commitment and sincerity during my tenure as President. I plan to have more thrust on Public Awareness about Orthodontics and Orthodontists along with academic, curricular and co-curricular activities throughout the year, for which I need unflinching support from the IOS membership. This will help us to make our specialty strong and sustainable. Finally, let me congratulate the efficient and ever enthusiastic Honorary Secretary and his good offices, who have been working tirelessly for the society and bringing out the annual report to highlight the activities of the society in the last calendar year! Kudo to his team. Wishing you all a very enjoyable conference at Meerut!

**Dr. Jayesh S. Rahalkar**

President Elect, Indian Orthodontic Society



## MESSAGES FROM IMMEDIATE PAST PRESIDENT, IOS



Dear fraternity colleagues,

Festive greetings to all. Our society IOS is doing a lot of activities for the beneficial of our members, be it MBP or IOS care or Friday rendezvous or Master class etc. Many reputed International speakers were brought to our audiences over zoom. We (IOS) conducted Public awareness events all over the country and reached crores of people in terms of visibility & educating them about Orthodontics. IOS is nothing but we. Best wishes to every beloved member. With love.

**Dr. Srikrishna Chalasani**  
Immediate Past President, IOS

## MESSAGES FROM IMMEDIATE PAST HON. SECRETARY, IOS



Respected colleagues of IOS,

It is my pleasure to write this message for the annual report 2022-23 of the Indian Orthodontic Society!

Having served the Society as Hon. Secretary from 2018-2022, it is with a sense of gratification and relief that we handed over the baton to the capable hands of the next team lead by President Dr. Balvinder Singh Thakkar and Hon. Secretary, Dr. Sanjay Labh.

The IOS is one of the oldest and largest specialty organizations and our membership grows every year by leaps and bounds. The IOS leadership and the enthusiastic and energetic EC have worked tirelessly towards the aspirations of a younger populace, yet upholding the traditions instilled in us by the eminent leadership that preceded us.

This year has seen so many programmes many of them physically conducted and yet supplemented with several online programmes, an inheritance from covid times. Several programmes have been conducted by the head office, the EC, by our vibrant study groups and institutions which collaborate with the IOS to provide quality education.

The Annual report I am sure will reflect the Kaleidoscope of events and activities that have made up our society year and I compliment everyone that has contributed to this rich tapestry and the Headoffice for documenting it so meticulously. Looking forward to meeting you all in 57<sup>th</sup> IOC Meerut.

Jai Hind, Jai IOS

**Dr. Sridevi Padmanabhan**  
Imm Past Secretary, IOS



## MESSAGES FROM HON.TREASURER, IOS



Trust this message finds you all in the best of health and high spirits. It is with great pleasure that I share our achievements, celebrating not only the resilience of our society but also our triumphant victory over the challenges presented by recent times.

It's inspiring to witness the resurgence of offline engagements that truly define our sense of unity and shared purpose. The steadfast commitment of our Executive Committee, led by our esteemed President and their meticulous planning and adept execution of policy decisions have been invaluable in shaping our accomplishments.

The Annual Report stands as a testament to the unwavering dedication, showcasing the extensive spectrum of endeavors undertaken throughout the tenure of the Executive Committee for the year 2022-23. It is noteworthy that, during this period, our collective efforts led to a significant addition of 1 crore rupees to the deposits of IOS.

A strong streamlined and transparent finances and it's management not only ensure better organization various events of but also cements our society's position as a global leader in Orthodontics.

My gratitude extends to all who shared in my vision and supported my efforts to elevate IOS. Carrying the responsibility not only as the treasurer for IOS but also as the scientific chairman of the 57<sup>th</sup> IOC to be held in Meerut from 15<sup>th</sup> to 17<sup>th</sup> September, I welcome you all with open arms. Here, we will convene to share insights, forge connections, and celebrate our collective achievements. Until then, I wish you all continued success and safety.

**Dr. Munish Reddy C**  
Hon. Treasurer



## MESSAGES FROM HON. JT. SECRETARY, IOS



Warm greetings to all dear members of Indian Orthodontic Society,  
With great Power, comes great Responsibility....!!!

I am writing this message with a deep sense of gratitude for having had the esteemed opportunity to have been serving this incredible association as one of its chief functionary. As the years pass by, there are always new challenges which need a consortium of thoughts which is only possible when you have a good team leader. Our dynamic President, Dr. Balvinder Singh Thakkar jointly with our dynamic Hony. Secretary, Dr. Sanjay Labh along with other POBs and Executive Committee Members played a potent role and thus a lot was achieved this particular year. The Public Awareness team did a fantastic job to aware the population about the ill effects of DIY Aligners. There had been a special onus on Member Benefit Program where the IOS Protect initiative got more momentum in this particular year. Financially, we are a strong and streamlined association now, Thanks to the painstaking efforts of the POBs and young EC Members. I am sure that this team building exercise and nurturing along with grooming of youngsters by the leadership will inspire them to achieve excellence in their profession and take this society to higher levels thus establishing it as a global leader in the World of Orthodontics.

Looking forward to meet you all in 57<sup>th</sup> IOC (Meerut) and seek your best wishes and support to continue with the good work for the subsequent years to come. Finally, I would congratulate the dynamic secretary who works tirelessly for the society in bringing out the annual report to highlight the activities of the society for the calendar year.

**With Best wishes,**

**Dr. Amit Bhardawaj**

Hon. Joint Secretary, Indian Orthodontic Society





## INDIAN ORTHODONTIC SOCIETY OFFICE BEARERS 2022-2023



Dr. Balvinder Singh Thakkar  
President



Dr. Sanjay Labh  
Hon. Secretary



Dr. Shailesh Shenava  
Vice President



Dr. Jayesh S Rahalkar  
President Elect



Dr. Srikrishna Chalasani  
Imm Past President



Dr. Sridevi Padmanabhan  
Imm Past Hon Secretary



Dr. Amit Bharadwaj  
Hon Jt Secretary



Dr. Munish Reddy C  
Hon. Treasurer



Dr. Vignesh Kailasam  
Editor, JIOS



Dr. Puneet Batra  
Imm Past Editor J



Dr. Sarvraj Kohli  
Editor JCO-IOS



Dr. Santosh Ramegowda  
Editor IOS Times



Dr. Ashwin Mathew George  
Chairman IBO



## EXECUTIVE COMMITTEE MEMBER



Dr. Ajay Kantilal Kubavat



Dr. Amesh Kumar Golwara



Dr. Amir S Shaikh



Dr. Anand Awadhesh Tripathi



Dr. C Vijayadhith



Dr. Deena Dayalan P



Dr. Edeinton Arumugam A



Dr. Goutham Reddy Budipalli



Dr. Jaskirat Singh



Dr. Jitendra Bhagchandani



Dr. Pratik Chandra



Dr. Pritam Mohanty





Dr. Reji Abraham



Dr. Shantanu Khattri



Dr. Sheetal Nitin Patani



Dr. Shishir Singh



Dr. Siddarth Shetty



Dr. Sukhdeep Singh Kahlon



Dr. C V Padma Priya



Dr. Swapna Jayant Puri



Dr. Uday Kumar Digumarthi



Dr. Venkata Yudhistar Palla



Dr. Vijayta Yadav



Dr. Vipul Kumar Sharma



Dr. Virag Bhatia



## 56<sup>th</sup> INDIAN ORTHODONTIC CONFERENCE, PUNE PRE-CONFERENCE COURSES SCIENTIFIC SESSIONS

At the 56<sup>th</sup> IOC Pune the scientific sessions were a blend of exemplary & didactic lectures. The scientific schedule was perfectly balanced and superbly structured with a multitude of lectures encompassing the field of orthodontics. The speakers, national & international were well chosen for their scientific wisdom and clinical acumen. The array of speakers ranged from the most experienced clinicians and academicians to the new upcoming rising stars.

The dais was a paradise for the speakers.

The scientific program could be summarized as - Pre conference workshops: 14th & 15th September 2022. A total of 8 courses were conducted. Two of these were hands on courses and the rest were lecture courses. The faculty comprised 5 National & 3 International speakers. Main Conference: 16th to 18th September 2022.

- 3 Oration lectures
- 7 International Speakers
- 12 keynote speakers
- 60 Guest speakers
- 56 Rising star speakers

Speakers from distinguished parts of the world enriched the audience with their clinical skills and ingenuity. An Interdisciplinary symposium on Cleft Lip and Palate was conducted by 4 national faculty along with a moderator. The main conference consisted of a total of 105 hours of scientific deliberations. Competitive papers involved 67 papers of 15 minutes each in 3 categories (27 clinical, 30 Research, and 10 Clinical Innovations) total of 15 hours of presentations. 32 posters (7 clinical, 9 general, 16 research) and 7 table clinic presentations were displayed 37 noncompetitive papers were presented by life members. For orthodontic public awareness in total 423 posters and 39 reels were showcased by the postgraduate students. 56th IOC boasts of an outstanding scientific extravaganza enriched with knowledge clinic expertise, and many take-homes for the delegates. The 56<sup>th</sup> IOC had more than 100 stalls in the trade with exhibitors from all over the country showcasing the latest in the field of orthodontics. The Inaugural ceremony of the 56<sup>th</sup> IOC

The Inaugural ceremony of the 56<sup>th</sup> Indian Orthodontic conference was held in the Auditorium of the Bharati Vidyapeeth Deemed to be University Medical College on 16th September 2022 at 18.00 hours. It was an honour to welcome Honourable Shri. Prakash Javadekar Former Union Minister of Environment, Education and information & Broadcasting member of Parliament as the Chief Guest who delivered the inaugural address and expressed his concerns over the direct to consumer aligners. Prof. Dr. Srikrishna Chalasani, President Indian Orthodontic Society presided over the inaugural ceremony and delivered the presidential address in which he highlighted the work of Head office done during his tenure. The guest of



honour for the inauguration were Dr. Sateesh Reddy, Vice president, Dental Council of India, Dr. Nikhilesh Vaid, President World Federation of Orthodontics, Dr. Asmita Jagtap, Executive Director, Bharti Vidyapeeth Medical Foundation, Pune, Navi Mumbai, Sangli. The inaugural ceremony was attended by respected office bearers of IOS, Dr. Sridevi Padmanabhan, Hon Secretary of IOS, Dr. Sarabjeet Singh, Vice President IOS, Dr. Balvinder Thakar, President Elect IOS, EC members IOS, Deans of Dental Colleges, Seniors Faculty member and distinguished office bearers of the Bharti Vidyapeeth University, Pune.

### **Banquet**

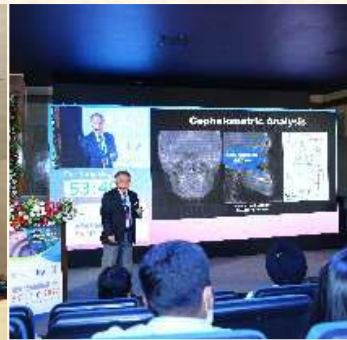
The 56<sup>th</sup> IOC 2022 also had an array of cultural events and the banquet where the nationally famous SABALI rock band showcased their talent and entertained the audience to their lovely music compositions. The complete events, scientific activities of the conference were showcased in a fully integrated mobile app making it very convenient to the delegates for navigating between scientific activities and other conference events.

### **Valedictory**

On the 18<sup>th</sup> Sep 2022 in the valedictory function the Organizing Chairman Dr. Shailesh Deshmukh and Organizing Secretary Dr. Jayesh Rahalkar felicitated the principal office bearers of Indian Orthodontics and thanked them for their love and support in organizing this mega event which had registration of over 2100 delegates. The organizing chairman and secretary and IOS also recognized the hard work of the conference organizing committee by awarding them with plaques and certificates. At the end of the valedictory function the president elect Dr. Balvinder Singh Thakkar took over from Dr. Srikrishna Chalasani and introduced his vision and Executive Committee for the year 2022-23. The Conference Organizing Committee is grateful to all the delegates who attended this conference and contributed to its success.









## 56<sup>th</sup> IOC RESULT - COMPETITIVE SECTION

### **Result of the Competitive Oral Presentation –Research Category**

- i. Dr. Kumar Amit (LM4020)
- ii. Dr. Deepak P. (LM4645)
- iii. Dr. Swati Sharma (LM4710)

### **Result of the Competitive Oral Presentation – Clinical Category**

- i. Dr. Abhishek Ghosh (LM2287)
- ii. Dr. Sarvaraj Kohli (LM2049)
- iii. Dr. Shiv Agarwal (LM3540)

### **Result of the Competitive Oral Presentation – Clinical Innovation Category**

- i. Dr. Sharvari Vichare (LM5094)

### **Result of the Competitive Poster Presentation –Research Category**

- i. Dr. Shanthini Priya A (LM4320)
- ii. Dr. Bhagyalakshmi Avinash (LM1771)
- iii. Dr. Badrinath Srinivasan (LM1733)

### **Result of the Competitive Poster Presentation - Clinical Category**

- i. Dr. Vinni Arora (LM3933)

### **Result of the Competitive Poster Presentation - General Category**

- i. Dr. Rajat Mitra (LM1140)

### **Result of the Competitive Table Clinics – Clinical Category**

- i. Dr. Wasu Patil (LM2936)

### **Result of the Competitive Table Clinics – Research Category**

- i. Dr. Parmeshwaran TM (LM4647)



## RESULTS OF E-POSTER AND REELS BY PG STUDENTS AT 56TH IOC 2022 PUNE REELS

S. No	Name	College	E mail
1	Dr. Rishika Agarwal	Bharati Vidyapeeth Dental College and Hospital, Pune	rishika10031995@gmail.com
2	Dr. Rama Raji Sankaranarayanan	Saveetha Dental College and Hospital, Chennai	dr.ramarajis@gmail.com
3	Dr. Vaibhav T D	Sathyabama University Dental College and Hospital, Chennai	vaibs1998@gmail.com

### Orthodontist- Your Smile Architect

S. No	Name	College	E mail
1	Dr. Garima Sharma	Army Dental College, Dental Center for Research and Referral, New Delhi	garimasharma3990@gmail.com
2	Dr. Shrikant Sharma	Rajasthan Dental College & Hospital, Jaipur	shrikant.sharma74@gmail.com
3	Dr. Manasi Kashappa Jajee	HKE's S. Nijaligappa Institute of Dental Sciences and Research, Kalaburgi, Karnataka	manasijajee@gmail.com

### Orthodontics for Orthodontist Only

S. No	Name	College	E mail
1	Dr. Akshataa Joshi	Mahatma Gandhi Dental College and Hospital, Jaipur	joshiakshataa@gmail.com
2	Dr. Sinera Shaikh Salim	Bharati Vidyapeeth's Dental College, Navi Mumbai	drsinerashaikh@gmail.com
3	Dr. Stela Kapoor	AMC Dental College, Ahmedabad	stelakapoor@gmail.com

### Unsupervised Aligners Treatment

S. No	Name	College	E mail
1	Dr. M. Sureka	Sri Ramachandra Dental College and Hospital, Chennai	surekamurugaiyan@yahoo.co.in
2	Dr. Mrudul Variya	Karnavati School of Dentistry, Uvarsad, Gandhinagar	variyaamrudul007@gmail.com
3	Dr. Guruprasanna Sahu	Index Institute of Dental Sciences, Indore	guruprasanna55@gmail.com



## SUB COMMITTEE REPORTS - 2022-2023

### **ACADEMIC COUNCIL**

**Chairman:** Dr Amesh Kumar Golwara

Dr Vignesh Kailasam

Dr Ajay Kantilal Kubavat

Dr Sheetal Nitin Patani

Dr Uday Kumar Digumarthi

Dr Jitendra Bhagchandani

**External Member:** Dr Puneet Batra

Dr Rajaganesh Gautham (Ex officio)

Dr Vinod Krishnan, Dr Amanish Singh Shinh

The Academic Council subcommittee Whad started with a Moto **“Learning Never Stops At IOS”** and fruitfully conducted online webinars by eminent clinicians from around the globe. The IOS Friday Rendezvous were aimed at having prominent international orthodontic figure, clinician and teachers from all over the globe to share their experience, knowledge and skill with our IOS Members on contemporary topics. This series of lectures were one hour presentation followed by brief Question and Answer session involving participants of the program. This year 2022-23 we conducted eight such webinars which took place on Fridays. The frequency of webinar were specially chosen keeping in the mind the convenience of our members as well as availability of the international speakers.

### **IOS Friday Rendezvous**

<b>Date</b>	<b>Speaker</b>	<b>Topic</b>
28-10-22	Dr Prof Padhraig Fleming	Extraction: Decision, Decision
25-11-22	Dr Elsa Arango	Anatomy , The Key Factor In Success Of Mini Implant
06-01-23	Dr Eddie Hsiang-Hua Lai	3d Control Of Tads In Orthodontics
10-03-23	Dr Jean Marc Retrouvey	3d+Ai+Open Sources Software: When Mathematics Transcends Orthodontics
24-03-23	Dr Rohit Sachdeva	Ortho Adda – Enlighten Through Shared Conversation
02-06-23	Dr Sergio Valverde	Orthodontic Component Of Esthetic Smile-Clinical Orthodontic Perspective
07-07-23	Dr Alberto Diaz Arellano	Passive Self Ligation & Tads: The Perfect Combination
28-07-23	Dr Masaru Ishigame	TVAP: Methodology & Its Use For The Aligner Treatment
01-09-23	Dr Dania Tamimi	Understanding the role of TMJ in Mandibular Asymmetry through CBCT: Orthodontic Perspective

Webinars attended by more than 200-300 delegates from all over the world by IOS Members. It was well appreciated and hugely successful learning experience for our Life members and student members. In addition to the above, all the academic and educational programs, both online and physical meets, as planned and listed in the Presidential Calander 2022-23 were successfully organized and conducted by the respective organizing bodies from different parts of the country, throughout the IOS year.

On the behalf of the entire IOS Academic Council 2022-23, I sincerely thank respected President IOS Dr. Balvinder Singh Thakkar, Hon Secretary IOS Dr Sanjay Labh, all principal office bearers (POBS) and the entire Executive Committee Members IOS for showing faith, giving us opportunity, and support in conducting all events. My sincere thanks to all Team Members Dr. Ajay Kubavat, Dr. Jitendra Bhagchandani, Dr. Sheetal Patani, Dr. Amanish Sinh Singh, Dr. Uday Digumarthi for all their vision and support in conducting webinars.



## IOS FRIDAY RENDEZVOUS

**TOPIC: "EXTRACTIONS: DECISIONS, DECISIONS" 28<sup>TH</sup> OCTOBER 2022**

**SPEAKER NAME: PROF. PADHRAIG FLEMING (DUBLIN, IRELAND)**

The lecture series "IOS Friday Rendezvous" kick started for the calendar year 2022-2023. It was organised as an online webinar on the topic – "Extractions: Decisions, Decision" on October 28th, 2022. Despite being one of the busy day for Orthodontists, the webinar was witnessed by as many as 535 participants. The aim of the webinar was to help us understand better the role of making accurate decisions to carry out extractions for an effective orthodontic treatment. The inaugural ceremony was started at 7 pm by Dr. Amesh Golwara where he welcomed the speaker, principal office bearers and the Executive Committee Members along with the other delegates. Dr. Golwara along with his committee members; Dr. Ajay Kubavat, Dr. Jitendra Bhagchandani, Dr. Uday Kumar and Dr. Sheetal Patni showed immense commitment by hosting this entire show despite their extremely busy schedules. Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Prof. Padhraig Fleming and also shared his thoughts on the topic. The speaker, Prof. Fleming, shared his expert in depth knowledge on the various decisions which have to be taken while performing extractions in a particular case. He also gave a deep insight on how to manage the enigma of space closure post extractions. Towards the end of the program, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Amanish Singh where Prof. Fleming answered all the queries and clarified the doubts of the delegates. In the end, the vote of thanks was delivered by Dr. Sheetal Patni followed by a virtual certificate of appreciation which was handed to the guest speaker by Dr. Shailesh Shenava (Vice President, IOS) and Dr. Amit Bharadwaj (Joint Secretary, IOS).





## IOS FRIDAY RENDEZVOUS

**TOPIC: "ANATOMY, THE KEY FACTOR IN SUCCESS OF MINI IMPLANTS"**

**25<sup>TH</sup> NOVEMBER 2022**

**SPEAKER NAME: DR.ELSA ARANGO (BOGOTA, COLUMBIA)**

The lecture series "IOS Friday Rendezvous" continued its journey as an online webinar on the topic – Anatomy, The key factor in success of mini implants on November 25th, 2022. The webinar was witnessed by more than 500 participants. The aim of the webinar was to help us understand better the role of mini implants in Orthodontics and anatomical considerations which has to be primarily taken into account for successful implant procedure. The inaugural ceremony was started at 7 pm by Dr. Ajay Kubavat & Dr. Amesh Golwara where they both welcomed the speaker, principal office bearers and the Executive Committee Members along with the other delegates. The welcome address and introductory remarks were given by Dr. Balvinder Singh Thakkar (President IOS) followed by Dr. Sanjay Labh (Honorary Secretary IOS). The speaker, Dr. Elsa Arango, shared her expertise and in depth knowledge of mini implants. She spoke extensively on the particular modality and also gave a deep insight on role of anatomy in success of mini implants in Orthodontic therapy. Towards the end of the program, a Q&A session was conducted by Dr. Ajay Kubavat, Dr. Vignesh Kailasam and Dr. Rajaganesh Gautam where Dr. Arango answered all the queries and clarified the doubts of the delegates. In the end, the concluding remarks and vote of thanks was delivered by Dr. Munish Reddy followed by a virtual certificate of appreciation which was handed to the guest speaker by Dr. Shailesh Shenava (Vice President, IOS) and Dr. Amit Bharadwaj (Joint Secretary, IOS).





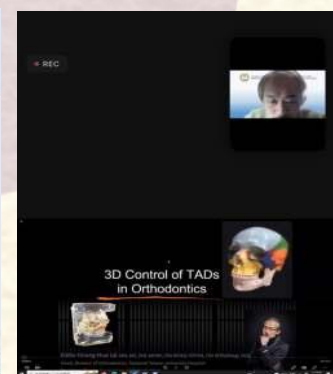
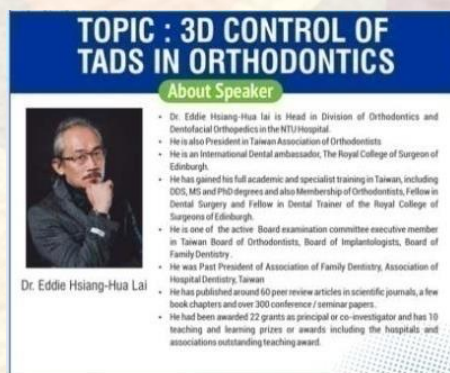
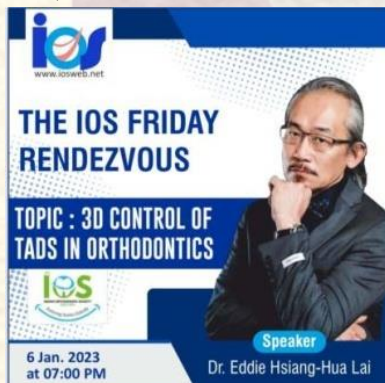
## IOS FRIDAY RENDEZVOUS

**TOPIC: "3D CONTROL OF TADS IN ORTHODONTICS" 6<sup>TH</sup> JANUARY 2023**

**SPEAKER NAME: DR.EDDIE HSIANG- HUA LAI (TAIWAN)**

The lecture series "IOS Friday Rendezvous" kick started for the year 2023. It was organized as an online webinar on the topic- 3D control of Tads in Orthodontics on January 6th, 2023. The first Friday of the year 2023 witnessed great number of virtual attendees who eagerly wanted to listen to Dr.Eddie Hsiang-Hua Lai from Taiwan. The aim of the webinar was to help us understand better the role of Temporary Anchorage Devices in the Orthodontic treatment with its three dimensional control which acts as a mainstay throughout the treatment duration. The inaugural ceremony was started at 7 pm by Dr.Amesh Golwara where he welcomed the speaker, principal office bearers and the Executive Committee members along with the other delegates. The welcome address was delivered by Dr.Balvinder Singh Thakkar (President, IOS) and it was followed by introductory remarks on the IOS Friday Rendezvous Lecture Series.

Dr.Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Dr.Eddie Lai and also shared his valuable thoughts on the topic. The speaker Dr.Lai shared his expert in depth knowledge on the importance and significance of three dimensional control of temporary anchorage devices in the Orthodontic treatment. He also gave a deep insight on how to judiciously use TADs in our day to day practices. Towards the end of the program, a Q&A session was conducted by Dr.Ajay Kubavat, Dr.Sheetal Patni &Dr.Deena Dayalan where Dr.Eddie answered all the queries and clarified the doubts of the delegates. In the end, the concluding remarks and the vote of thanks were delivered by Dr.Puneet Batra. It was followed by a virtual certificate of appreciation which was handed to the guest speaker by Dr.Srikrishna Chalasani (Imm. Past President, IOS) &Dr.Shailesh Shenava (Vice President, IOS).





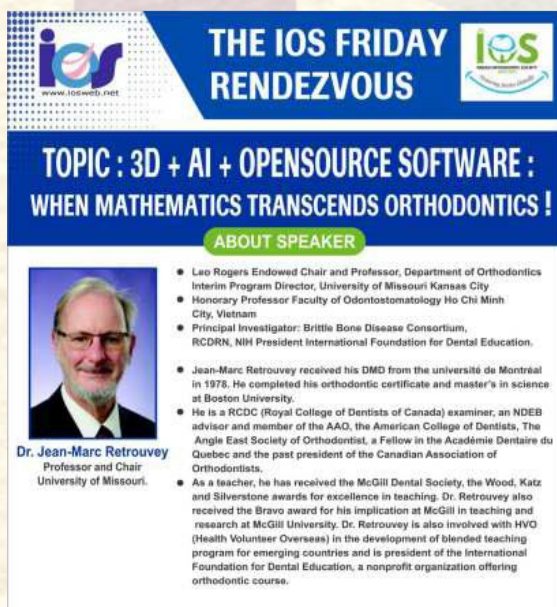
## IOS FRIDAY RENDEZVOUS

**TOPIC: “3D+AL+OPEN SOURCE SOFTWARE: WHEN MATHEMATICS TRANSCENDS ORTHODONTICS” 10TH MARCH 2023**

**SPEAKER NAME: DR. JEAN MARC RETROUVEY (MISSOURI)**

The lecture series “IOS Friday Rendezvous” entered the month of March with double dose of knowledge and learning. This month was scheduled to have two lectures in a span of fortnight. The lecture, an online webinar, was on the topic-“3D+AL+Open Source Software: when Mathematics Transcends Orthodontics” and was held on March 10<sup>th</sup>, 2023. As many as 400 virtual attendees were eagerly waiting to listen to Dr. Retrouvey’s lecture on another busy Friday. The entire idea behind this webinar was to help us understand the role of Artificial Intelligence in the field of Orthodontics. The way Artificial intelligence can be imbibed in our day to day academic and research works to make it an assisted intelligence, was the main crux of this webinar. The inaugural ceremony was started sharp at 7pm by Dr. Amesh Golwara where he welcomed the guest speaker, all the principal office bearers and the Executive Committee Members along with the other life members and student delegates. The welcome address was delivered by Dr. Balvinder Singh Thakkar (President, IOS) and it was followed by introductory remarks on the IOS Friday Rendezvous Lecture Series. Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Dr. Jean Marc Retrouvey and also threw some light on the role and significance of AI and 3D softwares in Orthodontics.

The Speaker, Dr. Retrouvey, shared his expert in depth knowledge on the importance and significance of 3D open softwares and how viz-a- viz Artificial intelligence is becoming the need of the hour. He thoroughly justified whether AI is beneficial or detrimental to Orthodontic research, practice and academic. Towards the conclusion, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Sheetal Patani where Dr. Retrouvey answered all the queries and clarified the doubts of the delegates. It was quite an extensive and exhaustive Q&A session, to say the least. It was followed by a virtual sharing of the Certificate of appreciation which was displayed on the screen by Dr. Uday Kumar and handed over to the guest speaker by Dr. Shailesh Shenava (Vice President, IOS).



**THE IOS FRIDAY RENDEZVOUS**

**TOPIC : 3D + AI + OPENSOURCE SOFTWARE : WHEN MATHEMATICS TRANSCENDS ORTHODONTICS !**

**ABOUT SPEAKER**

- Leo Rogers Endowed Chair and Professor, Department of Orthodontics Interim Program Director, University of Missouri Kansas City
- Honorary Professor Faculty of Odontostomatology Ho Chi Minh City, Vietnam
- Principal Investigator: Brittle Bone Disease Consortium, RCDRN, NIH President International Foundation for Dental Education.
- Jean-Marc Retrouvey received his DMD from the université de Montréal in 1978. He completed his orthodontic certificate and master's in science at Boston University.
- He is a RCDC (Royal College of Dentists of Canada) examiner, an NDEB advisor and member of the AAO, the American College of Dentists, The Angle East Society of Orthodontists, a Fellow in the Académie Dentaire du Québec and the past president of the Canadian Association of Orthodontists.
- As a teacher, he has received the McGill Dental Society, the Wood, Katz and Silverstone awards for excellence in teaching. Dr. Retrouvey also received the Bravo award for his implication at McGill in teaching and research at McGill University. Dr. Retrouvey is also involved with HVO (Health Volunteer Overseas) in the development of blended teaching program for emerging countries and is president of the International Foundation for Dental Education, a nonprofit organization offering orthodontic course.

**Dr. Jean-Marc Retrouvey**  
Professor and Chair  
University of Missouri.



**THE IOS FRIDAY RENDEZVOUS**

**TOPIC : 3D + AI + OPENSOURCE SOFTWARE : WHEN MATHEMATICS TRANSCENDS ORTHODONTICS !**

**Speaker**

**Dr. Jean-Marc Retrouvey**

**Date : 10<sup>th</sup> March 2023**  
**7:00 pm IST**



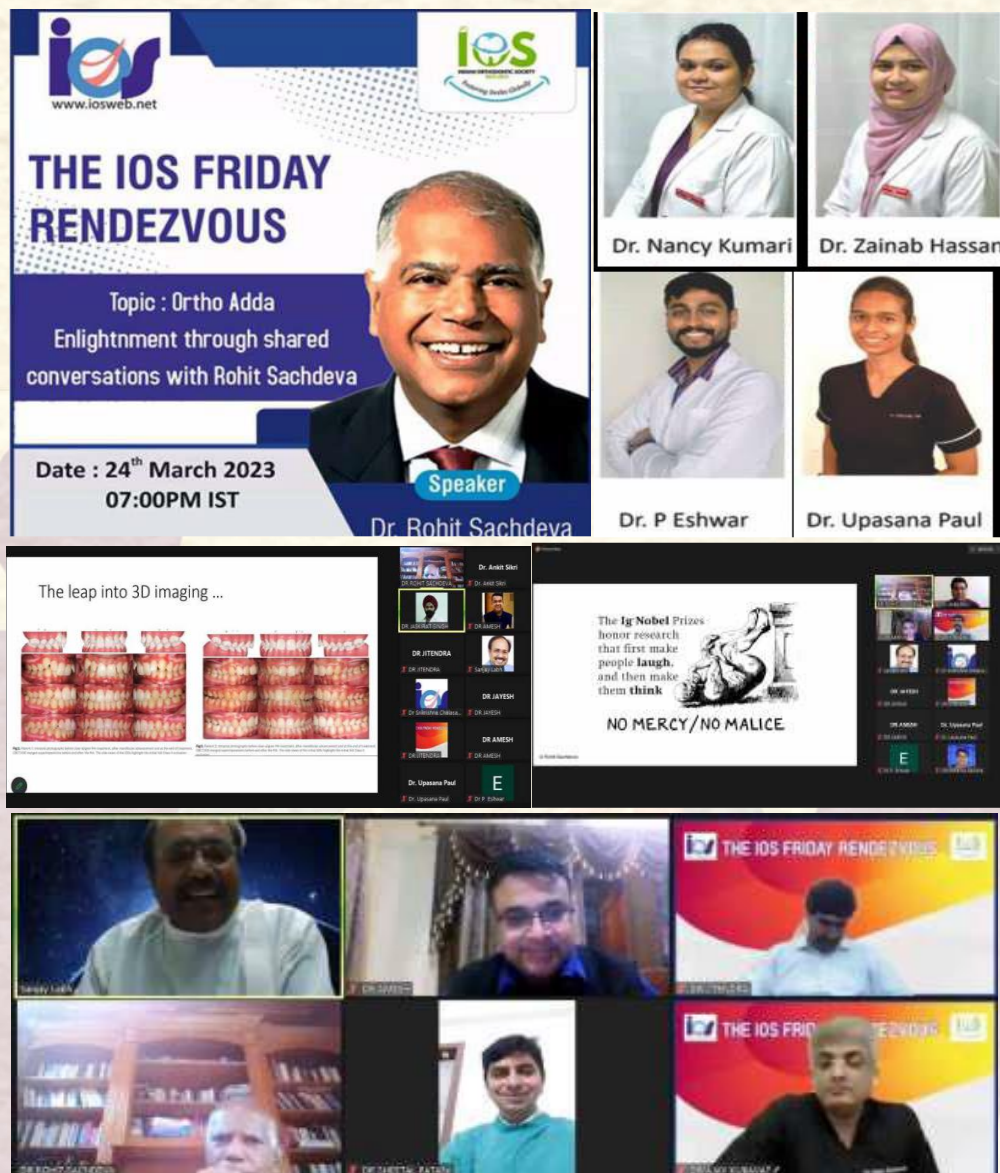


## IOS FRIDAY RENDEZVOUS

**(MARCH 24, 2023) “ORTHO ADDA: ENLIGHTENMENT THROUGH SHARED CONVERSATIONS WITH DR. ROHIT SACHDEVA” DR. ROHIT SACHDEVA (TEXAS, USA)**

The lecture series “IOS Friday Rendezvous” entered the latter half of the month of March with its first ever ‘Direct Dil Se’ lecture. The lecture, an online webinar, was on the topic – Ortho Adda: Enlightenment through shared conversations with Dr. Rohit Sachdeva which was held on March 24th, 2023. As many as 350+ virtual attendees were eagerly listening to an honest and inspirational talk which was being given by none other than Dr. Rohit Sachdeva. The Welcome address was delivered by Dr. Balvinder Singh Thakkar (President, IOS) and it was followed by introductory remarks on the IOS Friday Rendezvous lecture series. Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Dr. Rohit Sachdeva. To make this webinar an ‘out of box’ event – Dr. Sachdeva wanted to try a social experiment by allowing some of the junior residents to simplify complex topics in an ‘easy to understand’ way. He mentored them as well to speak in a simplified manner. The residents were Dr. Nancy Kumari (Buddha Institute of Dental Sciences & Hospital, Patna – Bihar) who spoke on growth of maxilla and radiation doses; Dr. Upasana Paul (Narsinhbhai Patel Dental College & Hospital, Visnagar – Gujarat) who spoke on intramatrix and matrix rotations & cervical vertebrae maturity; Dr. P. Eshwar (KLE Society’s Institute of Dental Sciences, Bengaluru – Karnataka) who spoke on superimposition and Dr. Zainab Hassan (Buddha Institute of Dental Sciences & Hospital, Patna – Bihar) who spoke on growth of mandible & Invisalign mandibular advancement. The speaker, Dr. Sachdeva, kept his lecture in a super interactive mode. He gave some great take home messages in form of difference between digitization and digitalization. He emphasized on the need to be able to visualize treatment plans within the biologic constraints, to read between the lines on scientific literature and analyse the data & further critical analyzation of clinical evidences which are put forth by the so called ‘Key Opinion Leaders’. Towards the conclusion, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Sheetal Patni where Dr. Sachdeva answered all the queries and clarified the doubts of the delegates. The concluding remarks along with the vote of thanks were delivered by Dr. Jayesh Rahalkar (President Elect, IOS)





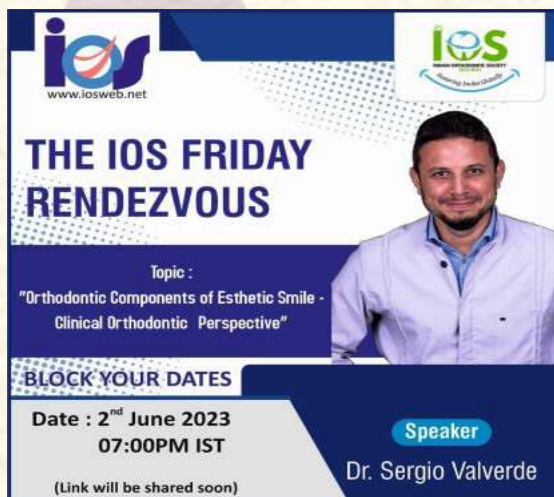
## IOS FRIDAY RENDEZVOUS

**(JUNE 2, 2023) “ORTHODONTIC COMPONENTS OF ESTHETIC SMILE – CLINICAL ORTHODONTIC PERSPECTIVE” DR. SERGIO VALVERDE (PERU, SOUTH AMERICA)**

The lecture series “IOS Friday Rendezvous” entered the month of June with one of its kind lecture. The online webinar was on the topic –“Orthodontic Components of Esthetic Smile – Clinical Orthodontic Perspective” which was held on June 2nd, 2023. As many as 300+ virtual attendees were eagerly listening to a great topic which was well elaborated by Dr. Sergio Valverde from Peru (South America). The inaugural ceremony was started sharp at 7pm by Dr. Amesh Golwara where he welcomed the guest speaker, all the principal office bearers and the Executive Committee Members along with the other life members and student delegates. The Welcome address was delivered by Dr. Balvinder Singh Thakkar (President, IOS) and it was followed by introductory remarks on the IOS Friday Rendezvous lecture series. Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker,



Dr. Sergio Valverde. The speaker, Dr. Valverde, talked extensively about the various Orthodontic components of smile, its relevance in day to day life and also the clinical perspective of the same. He emphasized a lot on three parameters i.e. Visualization where the clinician takes out time to diagnose and also has an appropriate knowledge for the same; Quantification where the clinician plans to achieve the desired objectives and at last the implementation process where the clinician selects the best of the resources. Towards the conclusion, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Jitendra Bhagchandani where Dr. Valverde answered all the queries and clarified the doubts of the delegates. The concluding remarks along with the vote of thanks were delivered by Dr. Shailesh Shenava (Vice President, IOS).



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**THE IOS FRIDAY RENDEZVOUS**

Topic :  
"Orthodontic Components of Esthetic Smile - Clinical Orthodontic Perspective"

**BLOCK YOUR DATES**

Date : 2<sup>nd</sup> June 2023  
07:00PM IST

Speaker  
Dr. Sergio Valverde

(Link will be shared soon)



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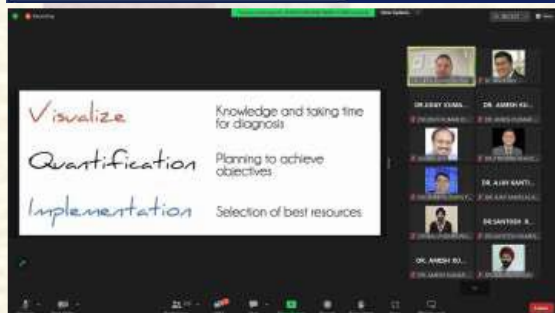
**THE IOS FRIDAY RENDEZVOUS**

Topic : "Orthodontic Components of Esthetic Smile - Clinical Orthodontic Perspective"

**About Speaker**

**Dr. Sergio Valverde**

- ◆ Certified Orthodontist Specialty (UPCH University) with exclusive Practice in Orthodontics.
- ◆ Master in Science in University UCSUR (Universidad Cietifica del Sur)
- ◆ UCSUR Professor for the residency program.
- ◆ Adjunct international lecturer for Section Hill University (Pennsylvania-USA)
- ◆ Member of editorial Board of Journal of Clinical Orthodontics (JCO/USA) - Pearls section.
- ◆ World Federation of Orthodontist and American Association of Orthodontics member.
- ◆ Orthodontics Director at Infinity Dental Clinic
- ◆ Clinical Photography and video graphy expert

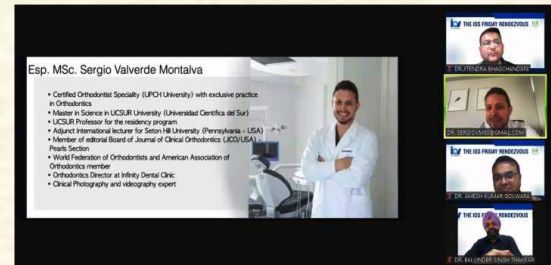


Visualize Knowledge and taking time for diagnosis

Quantification Planning to achieve objectives

Implementation Selection of best resources





**Esp. MSc. Sergio Valverde Montalva**

- ◆ Certified Orthodontist Specialty (UPCH University) with exclusive practice in Orthodontics
- ◆ Master in Science in UCSUR University (Universidad Cientifica del Sur)
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- ◆ World Federation of Orthodontists and American Association of Orthodontics member
- ◆ Orthodontics Director at Infinity Dental Clinic
- ◆ Clinical Photography and videography expert



## IOS FRIDAY RENDEZVOUS

### (JULY 7TH, 2023) PASSIVE SELF-LIGATION & TADS: THE PERFECT COMBINATION

#### SPEAKER: DR. ALBERTO DIAZ ARELLANO

The lecture series “IOS Friday Rendezvous” entered the month of July with another phenomenal lecture. The online webinar was on the topic – “Passive Self Ligation & TADs – The Perfect Combination” which was held on July 7th, 2023. As many as 150+ virtual attendees were eagerly listening to a great topic which was well elaborated by Dr. Alberto Diaz Arellano from Peru (South America). The inaugural ceremony was started sharp at 7 pm by Dr. Jitendra Bhagchandani where he welcomed the guest speaker, all the principal office bearers and the Executive Committee Members along with the other life members and student delegates. The Welcome address was delivered by Dr. Balvinder Singh Thakkar (President, IOS) and it was followed by introductory remarks on the IOS Friday Rendezvous lecture series. Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Dr. Alberto Diaz. The speaker, Dr. Diaz, talked extensively about the combination aspects of both passive self-ligation and temporary anchorage devices. He considered this combination as a game changer in the biomechanical aspects of the field of Orthodontics. He showed five different treatment procedures viz. Class II with Open Bite, Class I with Bimaxillary protrusion, retreatment of bimaxillary protrusion, Class III with severe crowding and Class II with generalized spacing. He inculcated this combination to treat various other types of cases also and also vouched for the self-ligation and TADs unit giving good results and better stability. Towards the conclusion, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Jitendra Bhagchandani where Dr. Alberto answered all the queries and clarified the doubts of the delegates. It was such an interactive, half an hour session where the delegates asked questions as well as had a chance to listen to the speaker’s experiences towards his life and profession. The concluding remarks along with the vote of thanks were delivered by Dr. Jitendra Bhagchandani. It was followed by a virtual sharing of the certificate of appreciation which was displayed on the screen by Dr. Anand Tripathi and it was virtually handed over to the guest speaker by Dr. Jayesh Rahalkar (President Elect, IOS).







## IOS FRIDAY RENDEZVOUS

(JULY 28TH, 2023) TVAP METHODOLOGY & ITS USES FOR THE ALIGNER TREATMENT

**SPEAKER: DR. MASARU ISHIGAME**



Dr Masaru Ishigame from Japan presented on “TVAP Methodology and it’s used for the Aligner treatment “. It was on 28th July Friday, which was attended by more than 400 IOS Members. He had explained very well on controlling three dimensional parameters in Aligner treatment.



## IOS FRIDAY RENDEZVOUS

**(SEPTEMBER 01ST, 2023) UNDERSTANDING THE ROLE OF TMJ IN MANDIBULAR ASYMMETRY THROUGH CBCT: ORTHODONTIC PERSPECTIVE**

**SPEAKER: DR. DANIA TAMIMI**



Dr Dainia Tamimi from US presented on “Understanding the role of TMJ in facial asymmetry: Orthodontic perspective”. It was on Friday 1st Sept 2023. Talk was very well executed by Dr Tamimi on diagnosis and planning TMJ problem cases which was followed by Q& A section.

### CONSTITUTION COMMITTEE

#### AGM Appointed

**Chairman :**Dr Silju Mathew  
Dr Shailesh Deshmukh  
Dr Sarabjeet Singh

#### EC Appointed

**Chairman :**Dr Srikrishna Chalsani  
Dr Sridevi Padmanabhan  
Dr Sukhdeep Singh Kahlon  
Dr Yudhishter Palla  
Dr Subhakar Juvadi



The **IOS Constitution 2022 (with amendments passed in 56<sup>th</sup> AGM)** was updated adopting the Amendments passed in 56<sup>th</sup> AGM Pune with signatures of Dr. Sri Krishna Chalasani, Immediate Past President and Dr. Sridevi Padmanabhan Immediate past secretary. The updated IOS Constitution book 2022 was uploaded on IOS website likewise.

- New amendments proposed were taken up for discussion in the 3<sup>rd</sup> EC meeting in Delhi. Prior to this the constitution committee met online before the 3<sup>rd</sup> EC meeting held on **25<sup>th</sup> April 2023. Nine out of the 17 proposed amendments were approved by the EC and this was taken on record in the 5<sup>th</sup>EC meeting.**
- The proposed Amendments can be found in Notices section of IOS website and can also be found in the minutes of the 5<sup>th</sup> EC on the IOS website as Annexure.
- Future Tasks: Adoption of the IOS constitution segregated into main articles and bylaws. This was done in the year 2020-21 and also approved in the 55<sup>th</sup>AGM, Amritsar. Further refinement and fact checking has been done by subsequent teams of Constitutional Committee.

#### Finance and Audit (including calendar of events /conferences/conventions)

**Chairman :** Dr Munish Reddy  
 Dr Venkata Yudhistar Palla (Co- Chairman)  
 Dr Goutham Reddy Budipalli  
 Dr Shantanu Khattri  
**External:** Dr Shiva Gupta, Dr Mayank Gupta

Finances and Audit of the following were found to be in order and with the details as follows:

1. Accounts of 55<sup>th</sup> IOC Amritsar – Submitted on date 16/02/2023 as per the approved requests to EC from COC, found to be in order, Net Profit returned to IOS Account – Rs. 15,000/-
2. Accounts of 56<sup>th</sup> IOC Pune - Submitted on date 24/05/2023 , which is well within the stipulated time, found to be in order, Net Profit returned to IOS Account –Rs. 6,44,068/-
3. Accounts of 26<sup>th</sup> IOS PG Convention –Yet to be submitted.
4. As per the directives of the 54<sup>th</sup> IOC AGM, and abiding the provisions laid in IOS Constitution article 34(f)(iii) & 36(b)(v), and as per the existing situations following actions were taken. Bank Accounts were opened as Mentioned in 4<sup>th</sup> EC meeting, for 27<sup>th</sup> IOS PG Convention, 58<sup>th</sup> IOC Bangalore and Account to be opened likewise for 59<sup>th</sup> IOC Visakhapatnam.
5. In Co-Ordination with IOS Study Group Sub Committee, all the Convenors were apprised to ensure that they abide by the provisions laid in IOS Constitution and ensure that all proper financial protocols be followed by respective IOS Study Groups.
6. **A. 57<sup>th</sup> IOC, Meerut-** Two Signatories from Head Office Dr. Amit Bharadwaj, as joint secretary and Dr. Munish Reddy, as treasurer, will be added to the already existing Signatories of COC of 57th IOC. - Registrations of delegates, trade registrations and Sponsorship will be operated by COC, through the above account since they have already started paying GST. Such delegate registrations will be directed through the



Head office website, after verification of membership status which will be linked with Conference website, for membership verification.

**B. 27th IOS PG Convention, Terna Dental College, Mumbai** – Delegate registration will be operated by the COC account which was already opened, with their PAN Card. A separate Trade Account (Acc No. 7558515841) has been opened with two signatories from the Head Office that are- Dr. Sanjay Labh, Secretary and Dr. Munish Reddy, Treasurer and two signatories from the COC. So, as related to the trade and sponsorships etc., this separate account opened to that regard, will function only pertaining to 27th PG Convention.

**C. 58th IOC, Bangalore** – A separate Trade Account (Acc No. 7572068172) has been opened with two signatories from the Head Office that are- Dr. Sanjay Labh, Secretary and Dr. Munish Reddy, treasurer and two signatories from the COC. Both delegates and sponsors of the trade will be operated with above mentioned single account.

#### **IOS Programme Endorsment Committee**

**Chairman :** Dr Shailesh Shenava (Chairman)  
Dr Goutham Reddy Budipalli  
Dr Anand Tripathi  
Dr Shantanu Khattri  
Dr Pritam Mohanty  
Dr Vijayta Yadav  
Dr Jaskirat Singh  
**External member:** Dr Sarabjeet Singh (Ex officio)

This year 2022-2023 saw a record number of 91 scientific programs organized by members of IOS through Study Groups and Dental Colleges. The program endorsement committee made sure that all programs conformed to the guidelines laid down in the constitution.



## LIST OF ENDORSED PROGRAMS

Sr. No	Topic	Organizer	Speakers	Date
1.	To the point dental photography- A practical approach	Mangalore Orthodontic Study Group	Dr. Mayur Davda	28/9/22
2.	Orthodontic Week Celebrations	Madras Orthodontic Study Group	-	3/10/22 to 8/10/22
3.	Clinical Enrich Program: Periodontics- Orthodontics: An Interdisciplinary Approach	Madras Orthodontic Study Group	Dr. Eser Tufekci Dr. Binnaz Leblebicioglu	9/10/22
4.	Hands on Course a final module on Damon Philosophy	SDM College of Dental Sciences, Dharwad	Dr. Sanjay Labh	10/10/22
5.	ANANT GARDE ORTHODONTICS: An academic extravaganza for budding and practicing orthodontists	Anil Neerukonda Institute of Dental Sciences, Andhra Pradesh	Dr. Aswin Mathew George Dr. Vineeth V Thundukattil Dr. C. Nirupama	11/10/22
6.	Lecturer and Hands-on workshop on Biomechanics in Orthodontics	Orthodontic study group of Lucknow and Babu Banarasi Das College of Dental Sciences, Lucknow	Dr. Vinay Kumar Chugh	10/10/22 to 11/10/22
7.	Lecture and Hands-on workshop on wire bending exercise by	AME'S Dental college, Raichur	Dr. Balasubramaniam Madhan	14/10/22 to 15/10/22
8.	Enlightment 2022: Fostering Smiles Globally	South West Tamilnadu Orthodontic Study Group & Vivekanandha Dental College for Women	Dr. Sumalatha Dr. M.M. Varadharajan Dr. Rajasekar Dr. Nagalakshmi.S Dr. Anusuya.V	16/10/22
9.	Aligner Workshop on staging and biomechanics	Orthodontic Study Group of Delhi and Noida Ghaziabad Orthodontic Study Group	Dr. Ivan Pelaliz Duque Dr. Chintan Valia	16/10/22
10.	Biomechanics: Basics to Advanced	D.Y Patil Dental School, Lohegaon	Dr. Jayesh Rahalkar Dr. Chethan Jayade	20/10/22
11.	Cultural Nite	Madras Orthodontic Study Group	-	30/10/22
12.	Aligning with the future: A workshop on aligners	GSL Dental College and Hospital, Andhra Pradesh	Dr. Dhiraj Kumar Shetty Dr. Shravan Shetty	11/11/22 to 12/11/22
13.	Clinical Enrich- aligners	Madras Orthodontic Study Group	Dr. Roberta Lione	13/11/22
14.	Micro-implant and bone screw assisted palatal expansion	Shree Anjaneya Institute of Dental Sciences	Dr. Rajesh Patil	14/11/22
15.	Lecture and demonstration On Passive self-ligation system	Orthodontic study group of Lucknow	Dr. C.S. Ramchandra	16/11/22
16.	Pathway to MOrth RCS Webinar	Trivandrum Orthodontic Study Group	Dr. Jagadish Prabhu Dr. Sanjay Labh Dr. Mukundan Vijayan	19/11/22
17.	Orthodontics and TMJ Myths and Facts	Madhya Pradesh Orthodontic Study Group	Dr. Darpan Bhargava	20/11/22
18.	Basic Life Support System	Bombay Orthodontic Study Group	American Heart Association	20/11/22
19.	Footsteps to PEA Mechanics	Azeezia College of Dental Sciences	Dr. P. Janardhanam	21/11/22 to 22/11/22
20.	Infra zygomatic and buccal shelf bone anchored implants- A new paradigm in orthodontic practice	Himachal Dental College, Sundernagar	Dr. Suryakant Das	22/11/22
21.	In-office aligner workshops	MAHE Institute of Dental Sciences	Dr. Balaji K Dr. Parameswaran	21/11/22 to 22/11/22
22.	Dr. MRB Sir Oration Orthodontics- What We went through in the last 100 years	Madras Orthodontic Study Group and SRM Dental College, Ramapuram	Dr. Sadashiv Shetty	25/11/22
23.	Karyashala on Orthognathic Surgery: Conventional to Digital	Chandigarh Orthodontic Study Group and PGIMER, Chandigarh	Dr. S.P. Singh Dr. Sherry Peter Dr. Mukundan V. Dr. Sanjeev Verma Dr. Vinay Kumar Dr. Raj Kumar Verma	26/11/22 to 27/11/22
24.	The Panacea for skeletal complexities	Shree Bankey Bihari Dental College and Research Centre, Ghaziabad	Dr. Ajoy Roychoudhury Dr. Puneet Batra Dr. Shailesh Deshmukh Dr. Sunanda Roychoudhury	28/11/22 to 29/11/22



25.	Minimising issues with aligners: Strategies and advanced aligner mechanics	Bhubaneswar Orthodontic Study Group	Dr. Arun Nayak	4/12/22
26.	Various Treatment Modalities for Class III Malocclusion	Guwahati Orthodontic Study Group	Dr. C.S. Ramachandra	4/12/22
27.	Orthognathics Rebooted	Royal Dental College, Kerala	Dr. Sriregalashmi M	4/12/22
28.	Surgical Orthodontics Workshop	Gitam Dental College	Dr. Ratna Padmanabhan	6/12/22 to 8/12/22
29.	Lecture and Demonstration on Damon Sytem	Rajasthan Orthodontic Study Group and Daswani Dental College, Kota	Dr. Raj Kumar Jaiswal	14/12/22
30.	IBO Awareness Program- Lecture	KLE Society's Institute of Dental Sciences, Bangalore & Bangalore Orthodontic Study Group	Dr. Ashwin M. George Dr. DK Sudhindra Dr. C.S. Ramachandra Dr. Salil Nene Dr. Rajaganesh Gautam Dr. Ajit Kalia Dr. M.S.Rani Dr. Mala Ram Manohar Dr. Sumitra Dr. Aravind M	16/12/22
31.	Facial Aesthetics with passive self-ligation	Chandigarh Orthodontic Study Group	Dr. C.S. Ramachandra Dr. Sarabjeet Singh Dr. M.S. Kannan	17/12/22
32.	Damon System: Experts Conference	South West Tamil Nadu Orthodontic Study Group	Dr. Gurkeerat Singh Dr. Vadivel Kumar	18/12/22
33.	Badminton League and Indoor Football Tournament	Madras Orthodontic Study Group	-	18/12/22
34.	Clinical Enrich Online Lecture: Management of missing laterals- Space closure	Madras Orthodontic Study Group	Dr. Martyn Cobourne	18/12/22
35.	MBT 5.0 in the Hybrid World	Mangalore Orthodontic Study Group and AJ Institute of Dental Sciences	Dr. Akshai Shetty	20/12/22
36.	Damon System: Experts Conference	Hubli Dharwad Orthodontic Study Group	Dr. Gurkeerat Singh Dr. Abhishek Ghosh	21/12/22
37.	Horses for Courses	Madhya Pradesh Orthodontic Study Group	Dr. Girish Karandikar	21/12/22
38.	Ortho Voice- 2023	Narsinh Bhai Dental College and Hospital, Visnagar	Dr. Ravikumar Anthony	7/1/23
39.	Hands-on work shop about cleft orthodontics	Pushpagiri College of Dental Sciences, Thiruvalla	Dr. Divakar Selvaraj Dr. Mathew P.C.	9/1/23 to 10/1/23
40.	Pre Surgical Nasoalveolar moulding: An Insight and hands-on workshop	Yenepoya Dental College and Mangalore Orthodontic Study Group	Dr. Puneet Batra	10/1/23
41.	Orthodontic Mini-implants and bone screws- a clinical perspective	Patna Orthodontic Study Group	Dr. Aalok Puri	12/1/23
42.	Damon Philosophy and Advansync 2	Pacific Dental College and Research Centre	Dr. Sanjay Labh	16/1/23
43.	Biomechanics of complex malocclusion with and without TADs	Dr. G.D. Pol Foundation's YMT Dental College and Hospital	Dr. Ravindra Nanda	17/1/23
44.	Masterclass in Absolute Anchorage System	M.A. Rangoonwala College of Dental Sciences	Dr. Abhishek Ghosh Dr. Adith Venugopal	22/1/23
45.	Expanding Envelope of Discrepancy by the Masters	Trivandrum Orthodontic Study Group	Dr. Abhishek Ghosh Dr. Adith Venugopal	24/1/23
46.	Clinical Enrich Online Lecture: One wire technique with improved super-elastic Niti alloy wires	Madras Orthodontic Study Group	Dr. Hiroyuki Yamaguchi	29/1/23
47.	Embracing next decade of Damon PSL techniques in your practice	AP Orthodontic Study Group	Dr. C.S. Ramachandra Dr. Abhishek Ghosh Dr. B.S. Chandrashekar	29/1/23
48.	Hands-on Workshop: In-House production of Clear Aligners	Chhattisgarh Dental College & Research Institute Rajnandgaon	Dr. Abhishek Gupta	1/2/23 to 2/2/23
49.	Efficient Orthodontic mechanics and techniques	Bangalore Orthodontic Study Group	Dr. Varun Kalra	1/2/23
50.	Non surgical management of skeletal class III	Cochin Orthodontic Study Group	Dr. Ejaz Anwar	13/2/23
51.	Management of Class II malocclusion by churro jumper	V.Y.W.S Dental College and Hospital, Amravati	Dr. Saumit Shah	1/3/23



52.	The past 100 years how we evolved	Bombay Orthodontic Study Group	Dr. Sadashiv Shetty	5/3/23
53.	A-Z in Orthodontics	Sri Sankara Dental College	Dr. Sridhar Premkumar Dr. Chethan Jayade Dr. Vignesh Kailasam Dr. Vinod Krishnan Dr. Venkateswaran	16/03/23 to 19/03/23
54.	Lecture and hands-on workshop on Absolute anchorage system and MARPE	Terna Dental College, Navi Mumbai	Dr. Venkat Ambekar	16/3/23 to 17/3/23
55.	Lecture and demonstration on double slot brackets- endless possibilities	Yenepoya Dental College and Mangalore Orthodontic Study Group	Dr. Ajay Kubavat	6/3/23
56.	Orthodontic Awareness Programme for LM and their families	Patna Orthodontic Study Group	-	6/3/23
57.	Double Slot Brackets-Endless Possibilities	Bangalore Orthodontic Study Group and KLE Society's Institute of Dental Sciences, Bangalore	Dr. Ajay K. Kubavat	7/3/23
58.	Distraction Osteogenesis	Gitam Dental College	Dr. A. Nanda kumar Dr. K. Pradeep Babu Dr. Kaushik Prakash	9/3/23
59.	Clear aligners- Treatment planning and protocols	Bangalore Institute of Dental Sciences & Hospital	Dr. Dhiraj Kumar Shetty	13/3/23
60.	Treatment of Challenging Malocclusions with Demon System	Madras Orthodontic Study Group	Dr. Andres Felipe Perdomo	18/3/23
61.	Treatment of Challenging Malocclusions with Demon System	Gujarat Orthodontic Study Group	Dr. Andres Felipe Perdomo	19/3/23
62.	One day CDE Program Cutting Edge	Southwest Tamil Nadu Orthodontic Study Group	Dr. Biju Sebastian Dr. Murugesan Sadayappa Ramakrishnan	26/3/23
63.	Clinical Enrich online lecture	Madras Orthodontic Study Group	Dr. Davis Thomas	26/3/23
64.	Lecture, Demonstration and Hands-on on Forsus MBT: More than just philosophy	Cochin Orthodontic Study Group	Dr. Akshay Shetty	26/3/23
65.	Lecture and hands-on : Making the best of the in-built features of the PEA System	Rajasthan Orthodontic Study Group.	Dr. P. Janardhanam	30/3/23
66.	Lecture and Hands-on workshop on canine impaction	Mar Baselios Dental College, Kerala	Dr. Brijesh S Dr. Joseph Sebastian Dr. Biju Kalarickal Dr. P.G. Francis	31/3/23 to 1/4/23
67.	A-Z on in-house aligners	Buddha Institute of Dental Sciences, Patna	Dr. Gurkeerat Singh	4/4/23 to 5/4/23
68.	Financial Freedom for Doctors	Madras Orthodontic Study Group	Dr. R.V Murali	7/4/23
69.	In-house production of clear aligners	Andhra Pradesh Orthodontic Study Group and G. Pulla Reddy Dental College and hospital	Dr. Abhishek Gupta	14/4/23 to 15/4/23
70.	Debate on Orthodontic topics	SGT Dental University, Gurugram	-	17/4/23
71.	TADs, Buccal Shelf and IZC's in Orthodontics	Bhubaneswar Orthodontic Study Group	Dr. Rajesh Patil	18/4/23
72.	32 <sup>nd</sup> World Cranio- maxillofacial Congress	International College of Maxillofacial Surgery	Conference	1/5/23 to 5/5/23
73.	"CoGnathon": An Insight into Principles, Diagnosis and Planning Orthognathic Surgery Note: Details of speakers attached with mail	Geetanjali Dental & Research Institute, Udaipur	Dr. Arun A.V Dr. Pavithra Bai M	3/5/23
74.	Lecture and video demonstration on Role of Orthodontists and Maxillofacial surgeons in the practice of dental sleep medicine	Government Dental College and Research Institute, Bangalore	Maj. Gen (Dr) B Jayan Col Dr Vivek Saxena Dr Nivedita Kumar Lt Col (Dr) Abhijit Kadu Lt Col (Dr) Amrit Thapa	6/5/23
75.	Comprehensive management of cleft lip and palate patients	Jammu Orthodontic Study Group	Dr. Sukhdeep Kalon	14/5/23
76.	Damon System	Pune Orthodontic Study Group	Dr. C.S. Ramchandra Dr. Ajit Kalia	21/5/23
77.	Managing TMJ & Airways with Damon PSL including customised Insignia System	Noida Ghaziabad Orthodontic Study Group	Dr. Girish P.V	21/5/23
78.	Multidisciplinary Orthodontic care in the UK- an overview	Madras Orthodontic Study Group	Dr. Jagdish Prabhu	28/5/23
79.	Class 3 non-surgical management and vertical delusions	Bombay Orthodontic Study Group	Dr. Adith Venugopal	11/6/23



80.	Pre conference course on Orthognathic Surgery (Lectures, Video Demonstrations & Hands On)	Association of Oral & Maxillofacial Surgeons of India & Pravara Institute of Medical Sciences, Loni	Dr. Jayesh Rahalkar Dr. Rajganesht Gautam Dr. Mukul Padhye Dr. Pushkar Waknis Dr. Arjun Kishandas Dr. Abhijeet Joshi	20/11/23
81.	TADs and skeletal anchorage system in 3D management of malocclusion	Armed Forces Orthodontic Study Group	Dr. Vinod Verma Dr. Aalok Verma Dr. S.P Singh Dr. Raj Kumar Verma	22/7/23
82.	Enigma of in-office clear aligners	Rajasthan Orthodontic Study Group	Dr. Dhiraj Shetty	29/7/23
83.	Damon System- A perfect tool for your practice	Vadodara Orthodontic Study Group	Dr. Biju Abraham	6/8/23
84.	Interdisciplinary Dental Care-The orthodontic way Management of TMJ Pain with splint therapy and orthodontics	Gujarat Orthodontic Study Group	Dr. Prashant Dhole	13/8/23
85.	Staging protocols in aligners Aligner Biomechanics Aligner Biomechanics in vertical malocclusion	Hyderabad Orthodontic Study Group	Dr. Chintan Valia Dr. Madhur Navlani Dr. Gauri Vichare	13/8/23
86.	Conventional and 3D Digital treatment planning for surgery	Patna Orthodontic Study Group	Dr. Sanjeev Verma	16/8/23
87.	JK Memorial Quiz Competition	Madras Orthodontic Study Group	Dr. Rekha Bharadwaj	24/8/23
88.	MARPE	Azeezia College of Dental Sciences, Kollam	Dr. Ejaz Anwar	16/10/23
89.	Surgical and Non-surgical management of complex class III cleft and non-cleft cases	National Dental College and Hospital	Dr. Swati Acharya	21/10/23
90.	Management of complex malocclusion with PSL low force system Miniscrew implant anchorage: is it a game changer in contemporary orthodontics Clear aligner therapy: workflow and biomechanics	Guwahati Orthodontic Study Group	Dr. Sanjay Labh Dr. Mani K Prakash Dr. Suryakanta Das	5/11/23
91.	Orthodontic Consentia V: Aligners	Azeezia College of Dental Sciences and Research	Dr. Deepak Victor Dr. C Nirupama Dr. Pramod KM	4/12/23 to 5/12/23

### IOS Research Foundation

**Chairman :** Dr Sukhdeep Singh Kahlon

Dr Sridevi Padmanabhan ( Advisor)

Dr Siddarth Shetty

Dr Ajay Kantilal Kubavat

Dr Pritam Mohanty

Dr Swapna Jayant Puri

**External Member:** Dr Vinod Krishnan (Ex officio),

Dr Rohan Mascarenhas & Dr Harneet Kaur



## IOS RESEARCH FOUNDATION

**(Objectives: To facilitate call for /scrutinization, disbursement of award monies and follow up till dissemination of research work)**

Good research pushes boundaries and opens new avenues for better diagnosis and treatment thus helping in reducing the burden of care. Indian Orthodontic Society has always encouraged its members in this direction.

Currently, there are two grants approved for life as well as student life members of Indian Orthodontic Society namely:-

1. IOS research grants of Rs.One Lakh each for LM members (2 no).
2. IOS research grants of Rs Fifty Thousand each for student life members (2 no).

The IOS Research foundation committee called for proposals for IOS-RF grants in March 2023. 50 proposal were received, 22 in life member category and 28 in student life member category. Proposals were scrutinised by a panel of reviewers. Out of 50 proposals received, 10 Life members and 10 student life members were shortlisted. Shortlisted participants were asked to submit their final proposal and were to do presentation of their proposal in front of judges. The judging process was kept blinded. Final scrutiny by Judges for life member was done on 6<sup>th</sup> Sep 2023 and for student life members was done on 7<sup>th</sup> Sep 2023. On 6<sup>th</sup> September 2023, nine life members (LM) presented their proposals in a day long zoom meeting. Two eminent academicians Dr Shobha Sundareswaran (LM 0283) and Dr Sanjay Mittal (LM 0755) were the judges. On 7<sup>th</sup> September 2023 presentations by nine student life members (SLM) were assessed by distinguished teacher Dr K M Keluskar (LM 1130) and Dr Rekha Bharadwaj (LM 1569) as judges.

The presenters were blinded to the judges and vice versa. Each presentation was for 10 minutes followed by a discussion with the judges.

The candidates were assessed on the basis of following Evaluation Criteria:

- Alignment with research strategy
- Quality of research design
- Policy impact
- Academic impact
- Engagement with local institutions
- Value for money

After due deliberations and on basis of the aggregate scores following is the list for candidates in order of merit.



Life Members			Student Life Members		
1	Dr. Poonam Kumari Jayaprakash	LM 3318	1	Dr. Sanjai J	SLM 13655
2	Dr. Prashantha.G.S	LM 1295	2	Dr. Abdul Naisam	SLM 13689
3	Dr. Sheetal Potnis	LM 1336	3	Dr. Chrag Goel	SLM 12734
4	Dr. Vincy Antony	LM 2464	4	Dr. Thejas P	SLM 12680
5	Dr. Shanthini Priya.A	LM 2464	5	Dr. Nihil Prasath.R.V	SLM 13051
6	Dr. Madhavi Naidu	LM 4834	6	Dr. Aswathi. S	SLM 13100
7	Dr. Nirajita Bhaduri	LM 4977	7	Dr. V.Kutraaleeshwaran	SLM 12079
8	Dr. Vinni	LM 3933	8	Dr. R.Rajkumaran	SLM 12093
9	Dr. Vishal Sharma	LM 5620	9	Dr. Daffy Jacantha P	SLM 13103

The research grant is given to 2 life members and 2 student life members. As discussed in 3rd EC meeting, that the no of grants can be increased without putting burden in IOS corpus.

We are happy to share news that this year IOS has received monetary assistance from external sources for the purpose of research. IOS is grateful for their contribution.

The candidate scores along with proposals have been forwarded to the head office for the final selection of the recipients of the research fund.

Also progress report for awardee of previous year was sought. Due process for disbursal of monies is under process.

I thank IOS President, Dr Balwinder Singh Thakkar and Secretary IOS, Dr Sanjay Labh for this opportunity to get this important task done. I am grateful to the reviewers and the esteemed jury for taking the time to critically assess proposals for IOS-RF for year 2022-2023. I also thank and appreciate the committee members of IOS Research Fund for their cooperation and collaboration at every step.

Regards

Dr Sukhdeep Singh Kahlon  
(Chairman IOS-RF 2022-23)  
(EC Member IOS 2022-23)

### IOS Times

Dr Santosh Ramegowda – Chief Editor  
Dr Gaurav Gupta - Associate Editor  
Dr Sonahita Aggarwal- Associate Editor  
Dr Pritam Mohanty - Section Editor East Zone  
Dr Divyaroop Rai - Section Editor West Zone  
Dr Ankit Sikri- Section Editor North Zone  
Dr Nagachandran - Section Editor South Zone

#### Public awareness/relation editors:

Dr Sukhdeep Singh Kahlon,  
Dr Uday Digumurti,  
Dr Deena Dayalan,  
Dr Pratik Chandra,  
Dr Jas Kirat Singh,  
Dr Reji Abhraham

**Advisors:** Dr Silju Mathew Dr Sarabjeet Singh  
Dr Kannan Sabapathy



IOS TIMES continued with its releases every month and uploaded on the IOS official website through the secretariat. Social media posts, made with the content of the same, was shared over the FB as was done earlier. This year IOS times introduced two new sections Orthotainment and Celebrity interview both of which were very well appreciated by the IOS members. There was a new team of section editors which were designated area wise duties for wide coverage of IOS endorsed programmes, the section editors did a great job in reporting the events from their region. A special mention of Dr Ankit Sikri from the editorial team who travelled across the country to get us the celebrity interviews on time from famous orthodontist all around the country. Dr Gaurav Gupta, took over the mantle of Associate Editor of IOS TIMES this year and was responsible for the final formatting of all reports of all issues for the newsletter before they were sent for master editing. We would like to thank the head office, POB's and the IOS EC members for all their support and encouragement in publishing all the newsletters of IOS times on time every month.

### **JIOS Editor & Team**

#### **Editorial Board**

**Editor:** Dr Vignesh K

#### **Associate Editors:**

Dr Gowri Shankar S

Dr Elbe Peter

Assistant Editors

Dr Harneet Kaur

Dr Sunitha C

To enable a smooth transition, the Editor in Chief traveled to New Delhi after the Conference at Pune. The Immediate Past Editor, Dr Puneet Batra introduced the officials of the Publishers, that is SAGE via a virtual meeting and the website working to the new Editor. The transition also ensured that the online version of the journal came out on time. The rates for the Print issues which were revised by SAGE publishers were also discussed with the office of the Hon Secretary and the EC. To avoid any lapses and postal delay issues, the office of the Honorary Secretary took up the responsibility of posting issues of JIOS personally to ensure that these issues are sent to the esteemed members without postal inaccuracies and delay. This ensured that the members concern of not getting the Journal copies was addressed. All efforts are made to be on time to ensure regularity. We would be eligible for indexing in Web of Science after Mid 2023 and we aim to apply as soon as we address the concerns raised with the previous application. The peer review process has been ensured that the reviews are completed as soon as possible. The office of the Hon Secretary also initiated a referendum for the members seeking a hard copy of the journal. The Editorial Board is be planning a new web series to improve the ease of submission and standard of publications.



### Member Benefit Program

**Chairman:** Dr Deena Dayalan P  
 Dr Vijayta Yadav  
 Dr Sheetal Nitin Patani  
 Dr Shishir Singh  
 To co-ordinate with AGM appointed committee  
 AGM Appointed MBP Dr Gnana Shanmugham, Dr  
 Mandava Prasad, Dr Shaliesh Sheneva & Dr Binu  
 Purshotam

**IOS CARE** is a flagship benefit scheme of IOS Member benefit Program. The program aims at providing financial assistance to the family of Deceased IOS Life Members provided the Member has registered for the Scheme. A total of 16 members of which 10 deceased IOS members families were remitted with 2 lakhs with the commendable efforts of our president sir, secretary sir and the office bearers of IOS. A special thanks to Dr Gnanashanmugham for guiding through all the process. For the year 2021-2022 a new list of 5 deceased members details was been taken and Committee members started collecting the family details of the deceased Life members. Two Promotional videos and many flyers were released to encourage members to register for IOS CARE which was widely shared and circulated in all relevant platforms/Forums Committee Chairman and the members presented the videos and flyers and explained about the scheme in many webinar series happened in IOS and also participated in various other IOS Programmes and shared information about IOS CARE to Life members. Currently there are 268 approved members in the scheme.

Sl. No.	IOS Deceased Member Name	LM No.	Beneficiary Name	Amount
1	Dr. Kusum Lata Pradhan	LM0203	R Pradhan	2,00,000/-
2	Dr. A Jaykumar	LM1049	Nirmala NJ	2,00,000/-
3	Dr. Naishad Parekh	LM0001	Brinda N Parekh	2,00,000/-
4	Dr. Ranjit Singh	LM2205	Paras	2,00,000/-
5	Dr. Rashmiraj Karjodkar	LM0548	Freny R Karjodkar	2,00,000/-
6	Dr. Rishi A. Joshi	LM1701	Vidyulata Joshi	2,00,000/-
7	Dr. Awinash Nawathe	LM0490	Sudha A Nawathe	2,00,000/-
8	Dr. Jagdish Udani	LM0008	Rekha Jagdish	2,00,000/-
9	Dr. Muttu Halakatti	LM1312	Vanajakshi Halakatti	2,00,000/-
10	Dr. Chanjyot Singh Walia	LM1732	Nikita Chan Walia	2,00,000/-

### IOS PROTECT

IOS PROTECT is a Professional Indemnity scheme for IOS Life Members. IOS has tied up with New India Assurance to provide the service at a very nominal rate of

1. Rs. 1077 per member per year for a sum of 20 lakhs,
2. Rs. 2040 per member per year for a sum of 40 lakhs,
3. Rs. 3398 per member per year for a sum of 80 lakhs.



The policy stated with Rs.1077 per member per year for a sum of 20 lakhs as a single policy in March 2020 for 132 members has successfully completed 4 years with an addition of two new policy with 40 lakhs and 80 lakhs 283 policies serving our members throughout the year.

- January Batch - 181 Life Members
- Period of coverage 12/01/2023 - 11/01/2024

Years since in caption 3 renewals completed with fourth renewal due on 12/01/2023

- March batch - 102 Life members
- Period of coverage 23/03/23 - 22/03/24
- July Batch- 8 Life members
- Period of Coverage 29/07/23 - 28/07/2024

### List of Obituaries for the year 2022-2023

1. Dr. Aditya Tanakhiwale
2. Dr. Anil Gulati
3. Dr. Gangadhara Prasad
4. Dr. Neelakant Patil
5. Dr. Chanjyot Singh Ahluwalia

### Practice Management

**Chairman:** Dr Ajay Kubavat (Chairman)  
 Dr Balvinder Singh Thakkar (Advisor)  
 Dr Siddarth Shetty  
 Dr Deena Dayalan P  
 Dr Amir S Sheikh  
 Dr Jaskirat Singh  
**External Member-** Dr Gaurav Gupta

### Practice Management Webinar Series

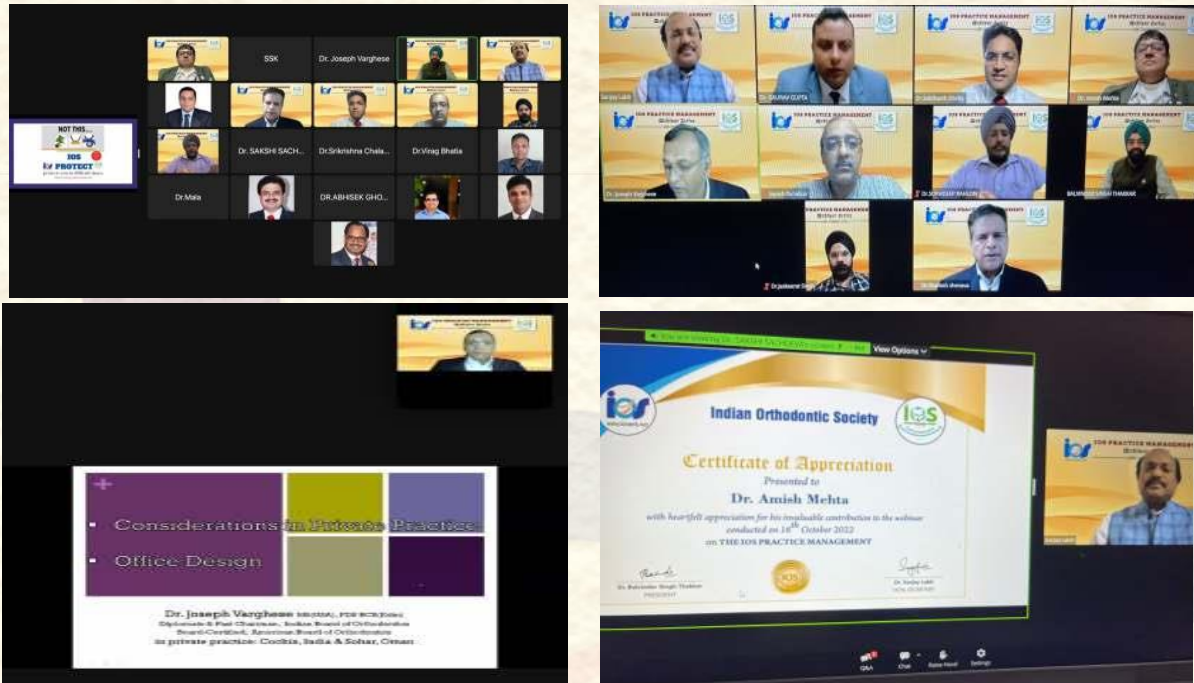
The practice management committee of the Indian Orthodontic Society in association with head office conducted the first of the 5 practice management webinar series for the year on Sunday, 16<sup>th</sup> October 2022, The Practice management series, is a special program designed for practicing clinicians to aid in their day to day practice. Every session was started with the digital lighting of the lamp followed by the Presidential address by President - IOS, Dr .Balvinder Singh Thakkar.

### Practice Management Webinar Series - Session 1 (16<sup>th</sup> October 2022)

This month's session covered 'Strategies for setting up clinical orthodontic practices and orthodontic office design' by past IOS president Dr. Joseph Varghese, and "Tips & techniques for both HR Management and time scheduling" needed for growing one's practice' by past IOS vice-president Dr. Amish Mehta. The session began with a formal welcome address by Dr Ajay Kubavat, Chairman, IOS practice management committee. Hon . Secretary-IOS, Dr. Sanjay Labh. IOS Vice president Dr. Shailesh Shenava, Immediate past



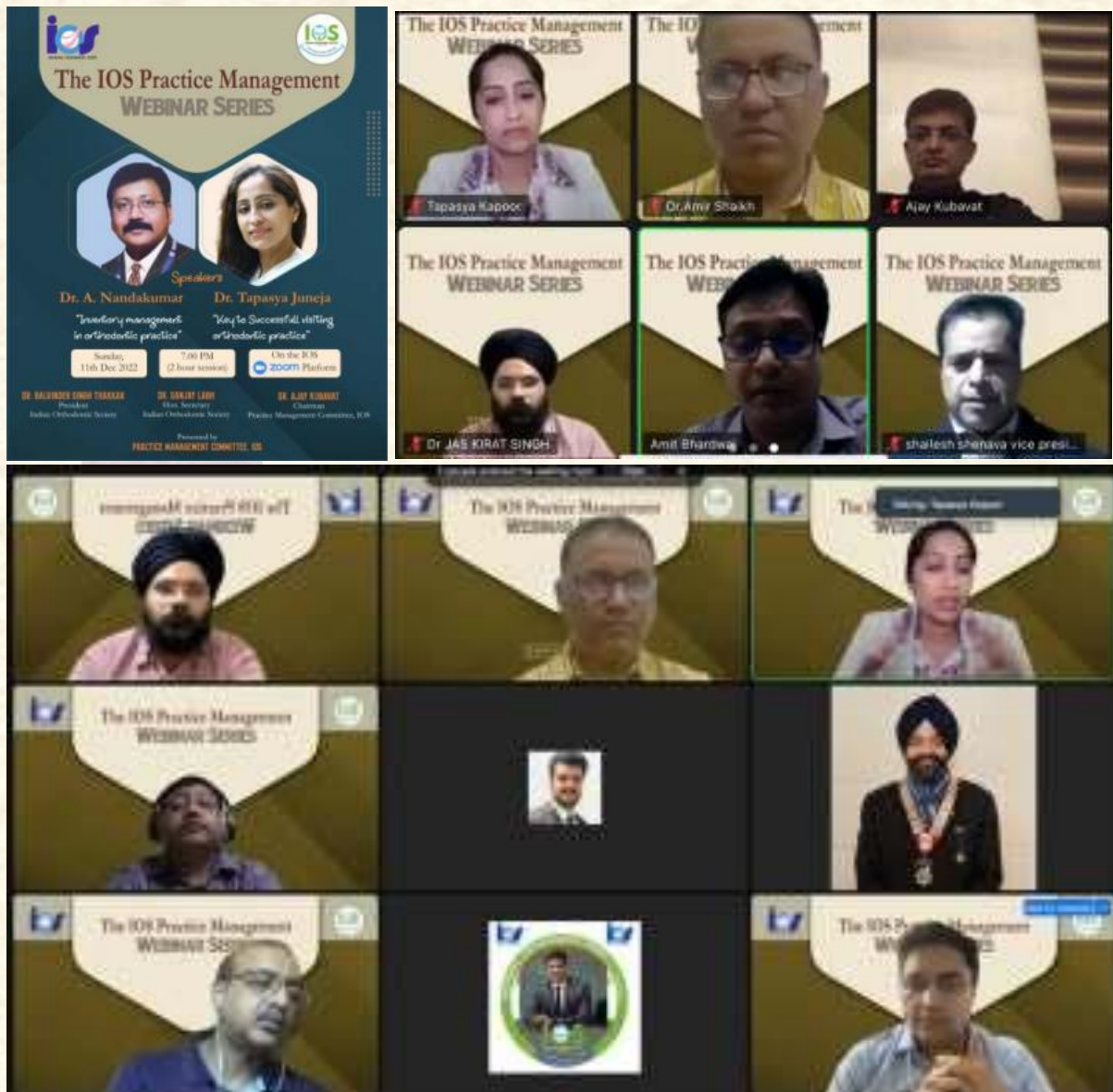
president Dr. Srikrishna Chalasani, Past secretary Dr. Sridevi Padmanabhan, President elect Dr. Jayesh Rahalkar and other present and past office bearers of the IOS were present. The speakers' introduction was done by EC member, Dr. Siddharth Shetty while the entire program was compered by Dr. Gaurav Gupta. The lectures were followed by a Q and A session.



### Practice Management Webinar Series - Session 2 (11<sup>th</sup> December 2022)

The speakers were Dr. Tapasya Juneja Kapoor from New Delhi speaking on 'Keys to successful visiting orthodontic practice' and Dr. A. Nandakumar from Chennai speaking on 'Inventory management in orthodontic practice'. The first speaker of the day, renowned clinician, Dr. Tapasya Juneja Kapoor was introduced by EC member, Dr. Siddharth Shetty. Dr. Tapasya Kapoor then regaled the online audience with a masterclass on all aspects of visiting practice, including marketing, pricing, problem solving etc. The second lecture of the day was by senior teacher and renowned practitioner, Dr. A. Nandakumar, who was introduced by Dr. Amit Bharadwaj, Hon. Joint secretary IOS. An E-certificate was handed over to Dr. Nandakumar by Dr. Jayesh Rahalkar, President elect, IOS. The Q&A session with the speakers conducted by EC member, Dr. Amir Sheikh was insightful and engaging. The vote of thanks for the program was rendered by EC member, Dr. Deena Dayalan. Dr. Shailesh Shenava, Vice President, IOS delivered the closing remarks and concluded the program. The program was expertly compered by Dr. Ajay Kubavat, Chairman of the IOS practice management committee, which hosted the program. Dr. Gaurav Gupta and Dr. Divyaroop Rai gave expert technical inputs to the committee.



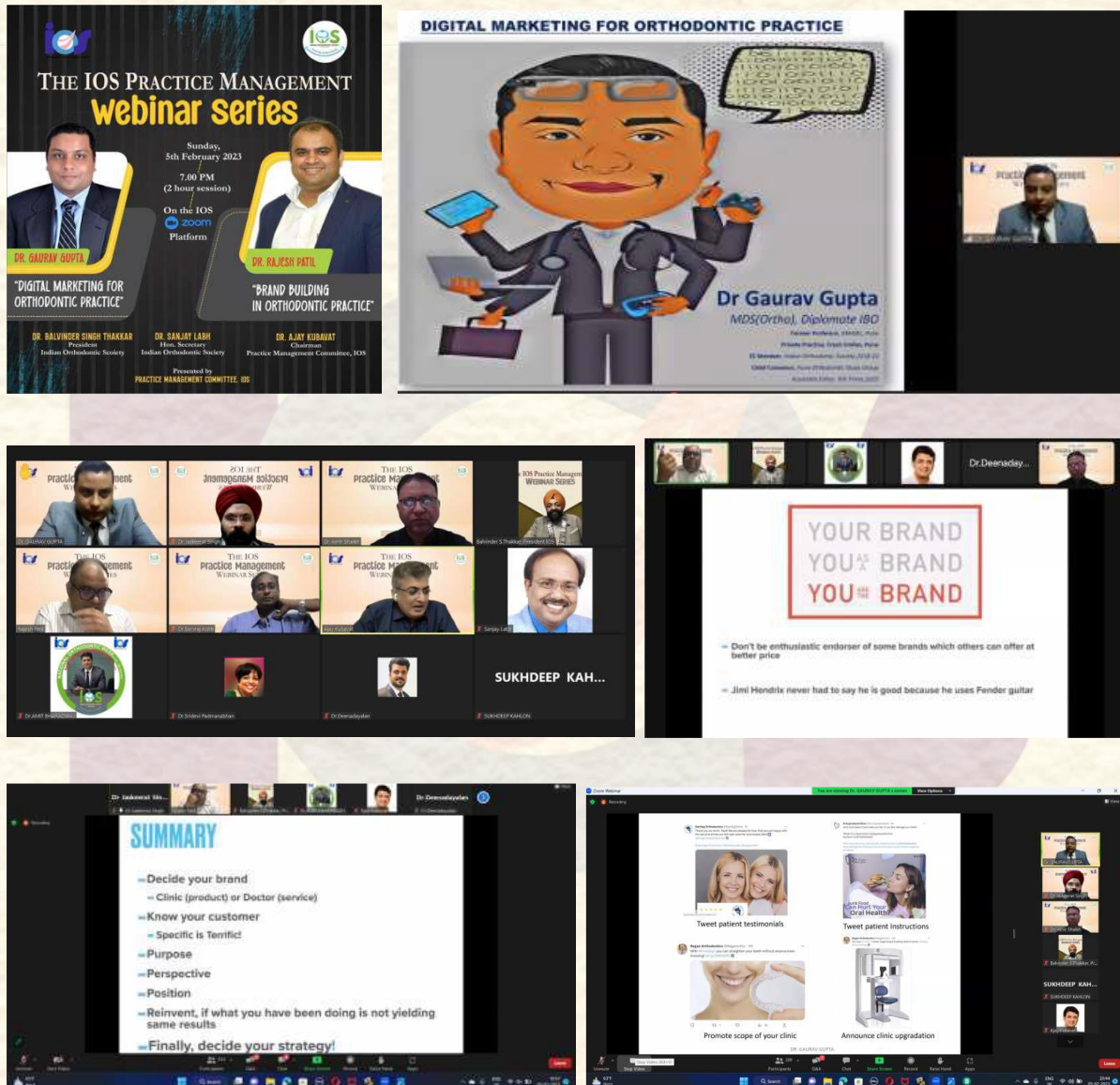


### Practice Management Webinar Series-3 (5<sup>th</sup> February 2023)

The third edition of the practice management webinar series 2022-23 was held on 05.02.23 on the IOS Zoom platform. The speakers were Dr. Rajesh Patil from Mumbai whose lecture was on 'Brand building in orthodontics' and Dr. Gaurav Gupta from Pune speaking on 'Digital marketing in orthodontic practice'. Hon. Sec. IOS, Dr. Sanjay Labh welcomed the online audience. President IOS, Dr. Balvinder Singh Thakkar delivered the Presidential address. The first speaker of the day, renowned orthodontic entrepreneur and clinician, Dr. Rajesh Patil, was introduced by Dr. Amit Bharadwaj, Hon. Joint secretary IOS. Dr. Rajesh Patil then went on to deliver a masterclass on all aspects of brand building. He emphasised the importance of being aware of one's practice environment and clientele. He showed case studies of branding to make his point and touched on many golden rules for successful brand building. After his lecture he was presented with an E-certificate by Dr. Vignesh Kailasam, Editor, JIOS. The second lecture of the day was by renowned practitioner and clinician from Pune Dr. Gaurav Gupta, who was introduced by Dr. Sarvaraj Kohli, Editor JCO-IOS. Dr. Gaurav Gupta spoke on the gamut of social media outlets and how it influences decisions of prospective patients.



Heelucidated strategies using online advertisement services and boosting options on various social media platforms. An E-certificate was handed over to Dr. Gaurav Gupta by Dr. Ashwin George, Chairman IBO. The Q&A session with the speakers conducted by EC member, Dr. Amir Sheikh. The vote of thanks for the program was rendered by EC member, Dr. Deena Dayalan. The entire program was expertly compered by Dr. Ajay Kubavat, Chairman of the IOS practice management committee, Dr.Kubavat delivered the closing remarks and concluded the program.

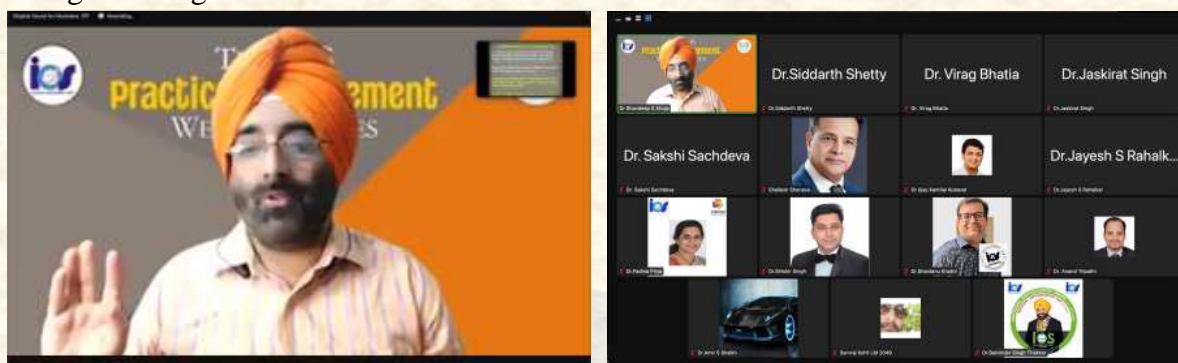


### Practice Management Webinar Series-4 (7<sup>th</sup> May 2023)

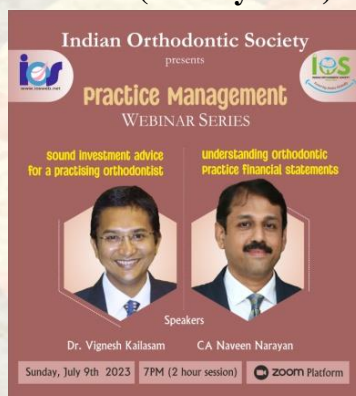
The speaker was Dr.Bhavdeep Ahuja from Ludhiana speaking on “Soft skills, ethics code and internal marketing in Orthodontics”. The speaker of the day, renowned practice management guru, Dr.Bhavdeep Ahuja was introduced by EC member, Dr. Deena Dayalan. Dr. Ahuja shared wisdom on the much neglected aspect of private practice – soft skills. He emphasised the importance of an ethical approach, which would add value to a practice. After his lecture An E-certificate was handed over to Dr. Ahuja by Dr. Jayesh Rahalkar, President



elect-IOS, who appreciated the comprehensive lecture. The Q&A session with the speaker, conducted by EC member, Dr. Amir Sheikh was crisp and insightful. The vote of thanks for the program was rendered by EC member, Dr. Jaskirat Singh. Dr. Shailesh Shenava, Vice President-IOS, delivered the closing remarks and concluded the program. The program was expertly compered by Dr. Ajay Kubavat, Chairman of the IOS practice management committee with assistance from EC member, Dr. Siddarth Shetty. Dr. Gaurav Gupta, external member, PMC gave expert technical inputs to the committee and Dr. Sakshi Sachdeva helped with background logistics.



### Practice Management Webinar Series-5 (9<sup>th</sup> July 2023)



### Practice management webinar series - Session 5

The fifth edition of the practice management webinar series – 2022-23 was held on 09.07.23 on the IOS Zoom platform. The speakers were CA Naveen Narayan who spoke on ‘Understanding orthodontic financial statements’ and Dr. Vignesh Kailasam who spoke on ‘Sound investing advice for a practicing orthodontist’. The program commenced with the online lighting of the ceremonial lamp. This was followed by the presidential address by President-IOS, Dr. Balvinder Singh Thakkar. The Hon Secretary of IOS Dr. Sanjay Labh, welcomed the gathering. The first speaker of the day, Chartered accountant from Mangalore, CA Naveen Narayan was introduced by EC member, Dr. Deena Dayalan. CA Naveen enthralled the audience with an insight into the analysis of the financial balance sheet. He showed how it was crucial to closely analyse the fixed and variable expense components of a practice and apply the knowledge in deciding treatment cost. After his lecture An E-certificate was handed over to CA Naveen by Dr. Jayesh Rahalkar, President elect-IOS, who appreciated the comprehensive lecture. The second speaker of the day, renowned Orthodontic practitioner and academician, Dr. Vignesh Kailasam was introduced by EC member, Dr. Vijay Adith. Dr.



Vignesh then proceeded to regale the audience with information of various avenues to save and invest ones hard earned income. After his lecture An E-certificate was handed over to Dr. Kailasam by Dr. Amit Bhardwaj, Joint-secretary IOS. Q&A session with the speaker, conducted by EC member, Dr. Amir Sheikh was crisp and insightful. The vote of thanks for the program was rendered by EC member, Dr. Jaskirat Singh. Dr. Shailesh Shenava, Vice President-IOS, delivered the closing remarks and concluded the program. The program was compered by Dr. Siddarth Shetty, member of the IOS practice management committee. Dr. Sakshi Sachdeva helped with background logistics.

### Public Awareness Committee

**Chairman:** Dr Siddarth Shetty

Dr Sukhdeep Singh Kahlon

Dr Shishir Singh

Dr Venkata Yudhistar Palla

Dr Anand Awadhesh Tripathi, Dr Pratik Chandra, Dr Jaskirat Singh, Dr Swapna Jayant Puri

**External Member:** Dr Prashanth Pratap, Dr Gaurav Gupta, Dr Digvijay Patil (Ex officio), Dr Arihant Jain and Dr Mayank Gupta

### AWARENESS POSTER FOR DENTAL FRATERNITY UNVEILED ON 05.10.22

An awareness poster for the dental fraternity was unveiled by President, IOS at the 'Orthodontist day' held on October 5<sup>th</sup>. The hard copy of this poster will be sent to dental colleges across the country to be put up on the college notice boards (Deadline 10<sup>th</sup> December, 2022) to orient dental students and faculty about the risks to public dental health posed by D2C aligners.

**ios**  
An Initiative of the Indian Orthodontic Society

**Trust an ORTHODONTIST for your patients' ALIGNERS AND BRACES**

**A genuine smile comes from the heart, but a dazzling smile needs an ORTHODONTIST!**

**Do not fall prey to the lure of companies that promote quick fix orthodontics with aligners. WE ARE DOCTORS FIRST!**

**The POSSIBLE IATROGENIC OUTCOMES of aligner orthodontics which is not well planned and executed**

- ★ TMD due to poor occlusion
- ★ Root resorption
- ★ Gingival recession
- ★ Enamel demineralisation

**The DANGERS of direct to home aligner companies:**

- ★ Oversimplified diagnosis and planning
- ★ One-size-fits-all approach
- ★ Undertreatment of complex conditions
- ★ Patients not sensitized to the weaknesses of aligner therapy

**WHAT CAN GO WRONG when teeth are moved without specialized training in orthodontics?**

- ★ Prolonged treatment
- ★ Patient's dental health at risk
- ★ Expensive retreatment

**Appreciate the 3 years of training and efforts of a DOMAIN EXPERT in aligners and braces - THE ORTHODONTIST**

**D2H aligners are marketed by CORPORATES who prioritise profit as opposed to ORTHODONTISTS who values their reputation and the treatment outcome for their patients.**

**Orthodontist's approach:**

- Makes a comprehensive diagnosis
- Treats skeletal problems, not just dental
- Cares for periodontal health
- Uses growth to the patients' benefit
- Utilizes an interdisciplinary approach
- Uses micro implants for complex cases

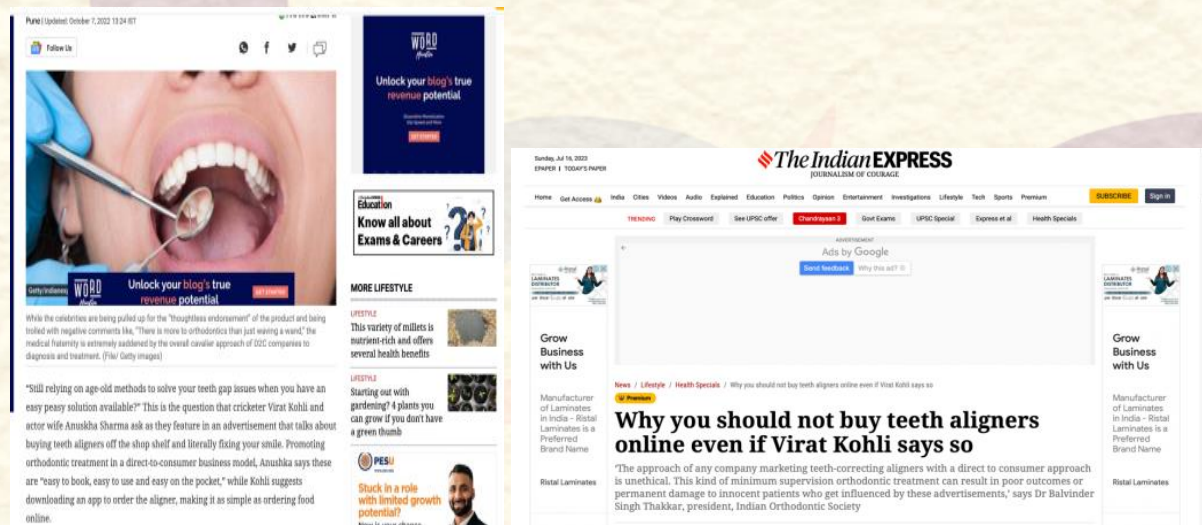


## ARTICLE IN INDIAN EXPRESS ON 07.10.22

Former IOS EC member Dr. Rajaganesh Gautam was approached by a reporter of Indian Express, Pune section, for a story on the menace of D2C aligners. He asked her to get in touch with the public awareness committee chairman. With our efforts, an online article was posted on 07/10/22 in the lifestyle section under healthcare

<https://indianexpress.com/article/lifestyle/health-specials/why-you-should-not-buy-teeth-aligners-online-even-if-virat-kohli-says-so-8193920/>

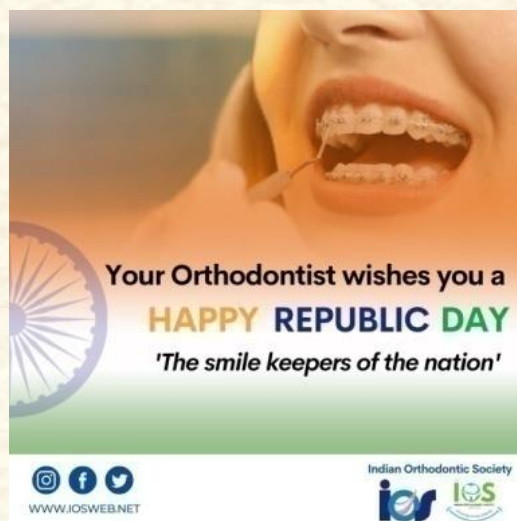
The article featured statements by IOS President and public awareness committee chairman, alerting the public on the dangers of D2C aligners. The article is still available on the website for sharing if required.



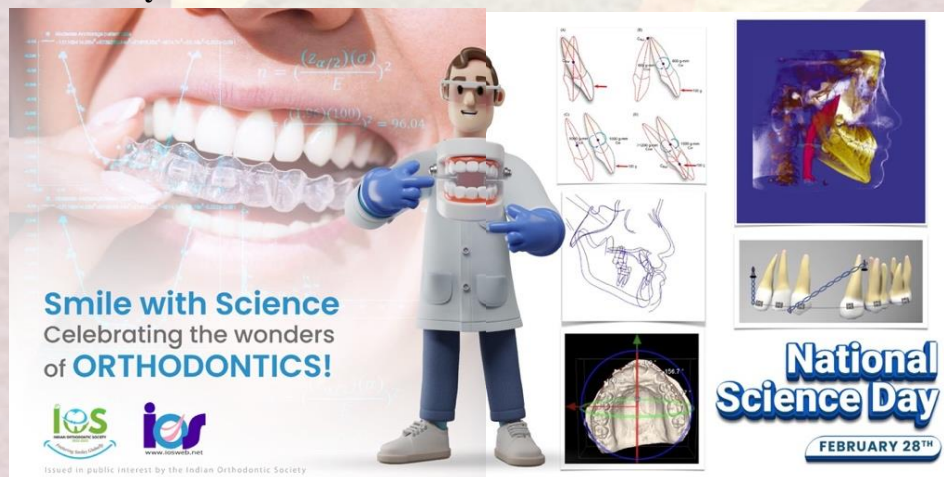


Creatives were made on the following occasions and shared on social media

Republic day – Jan 26<sup>th</sup>



National science day – Feb 28<sup>th</sup>

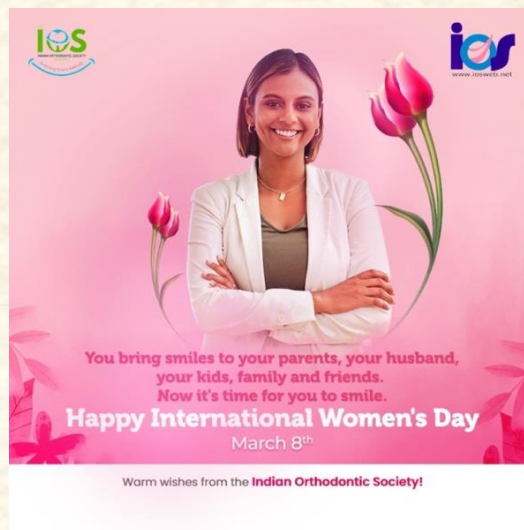


Holi – March 7<sup>th</sup>





### Women's day – March 8<sup>th</sup>

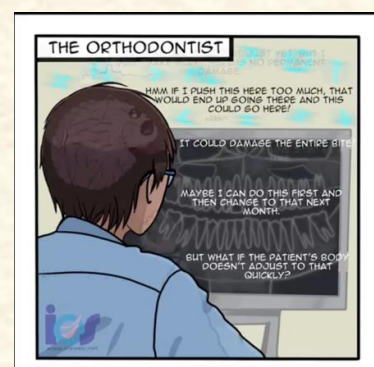
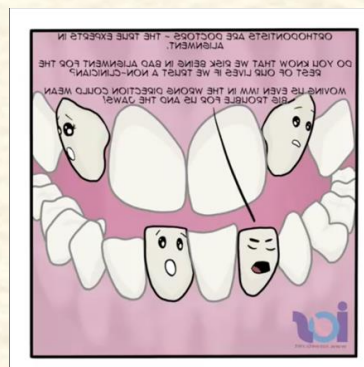
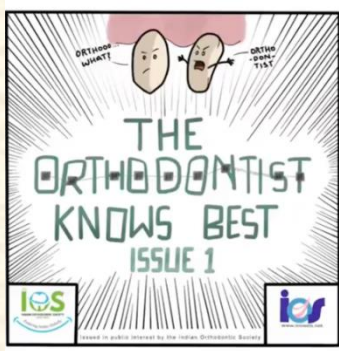


### Two Vacation creatives – April 15<sup>th</sup> and April 21<sup>st</sup>



### Animated public awareness reel – 02.03.23

An animated reel illustrating the importance of seeing an orthodontist was released on March 2<sup>nd</sup> on social media. The cartoon was made for IOS by Tooth Comics.



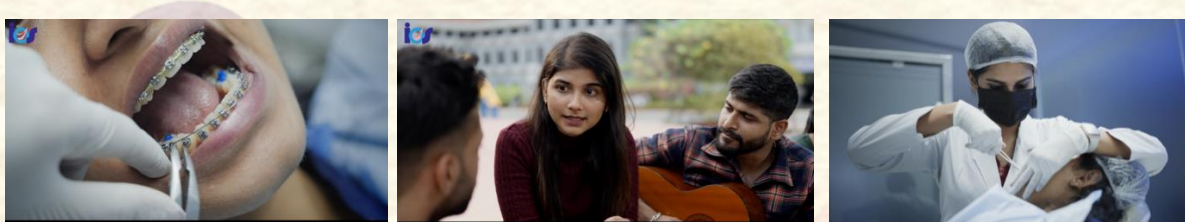
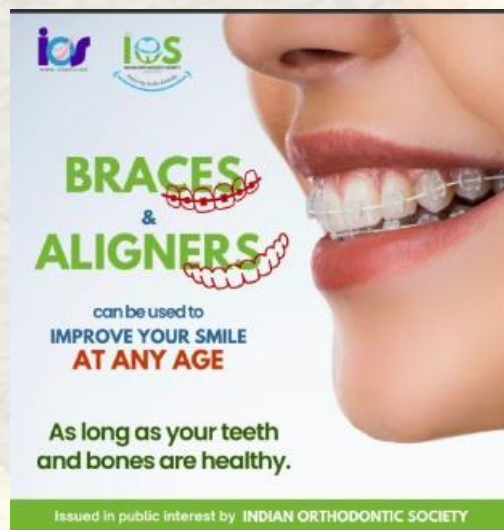


**Car Sticker for members**

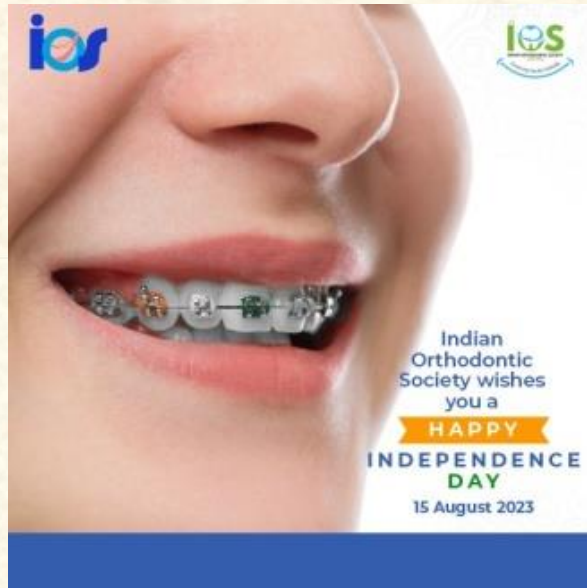
A car sticker for public awareness has been designed and will be printed and dispatched to IOS members by head office along with a JIOS issue.

**Public awareness video- 04.07.23**

The public awareness video has been shot on 20.05.23. It is a 45 second video. The Video was released on 04.07.23 on social media. A shorter version has been prepared for sharing on Instagram and Facebook reels.

**Public awareness Creative - 04.07.23****Public awareness Creative - 17.07.23**



**Independence day creative - 17.07.23****Public relation and communication**

**Chairman:** Dr Anand Awadhesh Tripathi

Dr Reji Abraham

Dr Sheetal Nitin Patani

Dr Vijayta Yadav

External member:

Dr Ashish Gupta

Dr C Deepak

1. **IOS ENDORSEMENT FORM 2022 :** This Committee has completely overhauled the IOS endorsement form and brought new form for all types of endorsements. It help in ease I'm filling and categorising the type of program. first Time we have included the "knowledge partner " category for associating the programs with sister branches in dentistry.
2. **Proposed Speaker guidelines on Orthodontic and non Orthodontic forum for IOS members:** Committee has put forwarded the various guideline for IOS members regarding their boundaries and limitations while delivering expert talk/guest lecture/ orations. It has proposed and sent to HO for further discussion.
3. **Change in dateline for conducting IOS programs from 15 days to reduce at 7 days ; a constitutional amendment :** it was suggested by committee and passed in EC to help all study groups and institutions to carry out the program till 7 days before and after IOS national events.

Thanks for providing us the opportunity though it was limited we tried our best to contribute.



### IOS International Observership Program Sub-Committee Report

#### Members:

Dr. Balvinder Singh Thakker (President, IOS)

Dr. Sanjay Labh (Hon. Secretary, IOS)

Dr. Jayesh Rahalkar (President Elect, IOS)

#### Dr. Sarvraj Singh Kohli (Chair)

Dr. Ajay Kubavat

Dr. Virag Bhatia

Dr. Reji Abraham

Dr. Yudhistar PV

Dr. Shantanu Khatri

#### External Members: Dr. KM Keluskar

Dr. Anuraj Kochar

Dr. S. Aravind

Dr. Ankit Sikri

Post Covid Pandemic, the IOS International Observership Sub Committee reached out to several international orthodontic departments of repute. The Universities at Nagasaki (Japan), Adelaide (Australia) and Perth (Australia) responded positively and agreed to accept 2-3 observers from Life Members of the IOS. The observership program provides an insight into orthodontic teaching and best practices followed worldwide in the delivery of orthodontic care. The observers shall begin their sojourn starting November 2023.

### Society Registration Matters

Dr C Vijayadhith (Chairman)

Dr Deena Dayalan P

#### External Member:

Dr Pradip Jain,

Dr Gnana Shanmugham

I am pleased to present the annual report of the Indian Orthodontic Society Registration Committee for the year 2022-2023. As the Chairman of this committee, I am proud to highlight our achievements and efforts in ensuring the successful registration and renewal of the society during the past years. Throughout the year, our team diligently visited the Vellore Registrar Office multiple times (travelling around 320kms each time and spending the whole day at the registrar office) to oversee and complete the registration process for the financial years 2017-2018, 2018-2019, This involved meticulous documentation, verification, and submission of the required paperwork, reflecting our commitment to maintaining compliance and transparency. Furthermore, I am pleased to inform you that our committee has also taken proactive measures by submitting the necessary paperwork for the renewal of the society's registration for the financial years, 2019-2020, 2020-2021 and 2021-2022 thereby ensuring the continued legitimacy and functionality of our society. Our team's tireless efforts, persistence, and



attention to detail have resulted in the successful completion of these tasks. I would like to express my gratitude to **Dr. Gnanashanmugam** and **Dr. Sridevi Padmanabhan** in helping us with the documentation of the previous year papers, and for their invaluable contributions in navigating the registration and renewal processes. Also I would like to extend my deepest sense of gratitude to our honourable President- **Dr. Balvinder Singh** and Secretary-**Dr. Sanjay Labh** for their unwavering support, encouragement and appreciation which has been instrumental in achieving these milestones. Looking ahead, we remain committed to upholding the principles of our Society and ensuring that all regulatory requirements are met. With the collective efforts of our Committee, I am confident that we will continue to support and help navigate challenges and achieve success in the coming years.

### Students Committee

Dr Reji Abraham (Chairman)  
Dr Vijayta Yadav  
Dr Vipul Kumar Sharma  
**External:** Dr Chiranjeev Singh  
Dr Sanjeev Verma

The present student's subcommittee consists of 3 members from the EC, Dr Reji Abraham as chairman, Dr Vijayatha Yadav and Dr Vipul Sharma as members. We have 2 external members, Dr Chiranjeev Singh as well as Dr Sanjeev Verma. The committee IS AT TASK TO materialize the National Students exchange program. It is in the last phase and a total of 11 colleges are willing to accept 56 students from other colleges. So far we have got requests from 6 colleges, who wants to send their students for exchange. The total number of students who have applied are 35. So we can accommodate a few more. It would be appropriate to post the list of the host institute on the website as we have promised so that more colleges can send their PGs to Host departments

A faculty student exchange program on "Embrace –A Scientific Extravaganza" under the MoU program with department of orthodontics and dentofacial orthopaedics at Santhosh Dental college, Ghaziabad and Saraswati Dental College, Lucknow. It was organized on 2nd and 3rd March of 2023 at department of orthodontics, Santhosh dental college Ghaziabad. Dr. Prof. Pratik Chandra was the faculty representative. Three students from MDS 2nd Year, Dr. Masum Mohpatra, Dr. Swabhimani Behera and Dr. Sudhanshu Prajapati attended the program. Dr. Sanjay Labh was the speaker on Lingual Orthodontics. It was very interactive and educative with detailed discussions on cases clinical treatment protocols.





**Study Group Co-ordination Committee**

Dr Edeinton Arumugam A (Chairman)

Dr Uday Kumar Digumarthi

Dr Vipul Kumar Sharma

Dr Amir S Shaikh

**External Members:**

Dr Sonahita Agarwal

Dr Dilip S

- I take this opportunity to thank all the convenors of 43 study groups who all whole heartedly supported the National Orthodontic day and world orthodontic health day celebrations throughout India to create awareness about our specialty among the under graduate students, post graduate students, patients and public through various programs and competitions and made it a great success nationwide.
- Various details about each study group such as PAN no, AGM, Last program conducted, Phone no & Email ID of each study groups were documented and updated.
- Under the directions of President and Hon secretary we have formulated a representation letter to respective State dental councils to eradicate the mushrooming Orthodontic course conducted by individuals and to act against the unethical online and direct to customer aligners.
- Two online convenors meeting through zoom platform were conducted on sep 30th 2022 and Aug 11th 2023 respectively for this calendar year where the all issues were discussed and lot of inputs. Were taken from convenors of various study groups.
- The respected convenors of various study groups are considered the arteries of Indian Orthodontic society to infuse energy and information to Life members of IOS. In the previous Executive committee meeting which was held at Ghaziabad on July 16th 2023, while submitting my study group coordination committee report I made a recommendation to the respected chair and Honourable general secretary regarding the Study group convenors meet once in a year at the National conference (IOC) on a particular day and to make it as a calendar event. President and Secretary also suggested to conduct a workshop to the convenors about the functioning of study group, vision, mission and roles of convenors. Surely this Convenors Conclave will be successful programme enabling all the convenors to impart their duties to the fullest during their tenures and make IOS stronger. Study groups are the main satellite units which directly strengthen the Indian Orthodontic Society.



**EXECUTIVE COMMITTEE MEETING OF IOS 2022-2023****5<sup>th</sup> Executive Committee Meeting- 16th September 2022-Pune****1<sup>st</sup> EC Meeting- 18th September 2022-Pune****2<sup>nd</sup> EC Meeting- 20th November 2022- Jaipur****3<sup>rd</sup> EC Meeting- 19th February 2023 –Lucknow****4<sup>th</sup> EC Meeting- 21st May 2023-New Delhi****5<sup>th</sup> EC Meeting-16<sup>th</sup> July, Indirapuram, Uttar Pradesh****The 5<sup>th</sup> Indian Orthodontic Society Executive Committee Meeting 2021-2022**

The 5<sup>th</sup> Indian Orthodontic Society Executive Committee Meeting (2021-2022) was held at the conference hall, Bharti Vidyapeeth Medical College, Dhanakwadi (Pune) on 16<sup>th</sup> September 2022. The meeting was called to order by the President Dr. Srikrishna Chalasani and he welcomed all the office bearers and executive committee members for the final meeting of the year 2021-2022.

After the completion of the discussions on all the agendas, the president thanked all the members for their support and cooperation throughout the year. A certificate of appreciation was presented to all the office bearers and the EC members. It was followed by a group Photograph. The president then adjourned the meeting and extended his good wishes to all the members present there.





**The 1<sup>st</sup> Indian Orthodontic Society Executive Committee Meeting (2022-2023)**

The 1<sup>st</sup> Ec meeting of Indian Orthodontic Society was held at the conference hall, Bharti Vidyapeeth Medical College campus, Dhanakwadi (Pune) on September 18<sup>th</sup>, 2022 amidst the august presence of all the principal office bearers & EC members. The meeting started with the Honorary Secretary Dr.Sanjay Labh adorning the jewels of the office on the President IOS Dr. Balvinder Singh Thakkar.

The President welcomed the newly elected office bearers; Dr.Sanjay Labh (Honorary Secretary), Dr.Jayesh Rahalkar (President Elect), Dr.Shailesh Shenava (Vice President), Dr.Amit Bhardwaj (Joint Secretary), Dr.Munish Reddy (Treasurer), Dr.Vignesh Kailasam (Editor JIOS) & Dr.Santosh Ramegowda (Editor IOS Times). The President also congratulated the newly elected executive committee and asked all the members to formally introduce themselves.

After the formal introduction of all the members, President Dr.Balvinder Singh Thakkar apprised all the members about the manner of conduct of activities within the EC and also the conduct in all forms of social media. The President declared the calender of the events for the incoming year and various subcommittees for the year were finalized.

A new artwork for the year 2022-2023, with the theme "Fostering Smiles Globally" was released.

The tentative dates for the next EC meetings were also announced. The matters pertaining to all the agendas were taken up, discussed and deliberated upon by all the members. The minutes of the EC meeting may soon be found on [www.iosweb.net](http://www.iosweb.net).







### The 2<sup>nd</sup> Indian Orthodontic Society Executive Committee Meeting (2022-2023)

The 2<sup>nd</sup> Executive Committee meeting of Indian Orthodontic Society was held at Hotel Sarovar Portico, Jaipur on November 20th, 2022 amidst the august presence of all the Principal office bearers & EC Members. The meeting started with the Honorary Secretary, Dr. Sanjay Labh adorning the jewels of the office on the President IOS, Dr. Balvinder Singh Thakkar. The President called the meeting to order and various agendas were discussed. All the matters pertaining to each and every agenda was discussed and deliberated upon by all the members. The Chairmen of various subcommittees presented their quarterly reports during the meeting. The highlight of this EC meeting was a unique dress code and the famous “IOS KNOT”. Apart from that, from the hospitality extended by the team Jaipur (headed by the President) in welcoming all the EC members to the micro-managing of all the minute details of the facilities, everything was thoroughly appreciated by each and every member present there.







### The 3<sup>rd</sup> Indian Orthodontic Society Executive Committee Meeting 2022-2023

The 3<sup>rd</sup> Executive Committee meeting of the Indian Orthodontic Society was held at Academic Block (First Floor), Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow, on February 19, 2023 amidst the presence of the principal office bearers and the EC members. The Meeting was started with the Honorary Secretary Dr Sanjay Labh adorning the jewels of the office on the President – IOS, Dr. Balvinder Singh Thakkar. The meeting was called to order by the President and various agenda's were discussed. All the matters pertaining to each and every agenda were discussed and deliberated upon by all the members. Hon Secretary Dr Sanjay Labh briefed all the members with the work done and the achievement of Head Office. The Chairmen of various sub committees presented their quarterly report during the meeting. President Dr Balvinder Singh Thakkar appreciated the work done by all the committee and encouraged everyone to continue to work more for betterment for the society and its member. The detailed minutes of the EC meeting may soon be found on [www.iosweb.net](http://www.iosweb.net).







### The 4<sup>th</sup> Indian Orthodontic Society Executive Committee Meeting (2022-2023)

The 4th Executive Committee meeting of Indian Orthodontic Society was held at National Institute of Social Defence, Dwarka (New Delhi) on May 21st, 2023 amidst the august presence of all the Principal office bearers & EC Members. The meeting started with the Honorary Secretary, Dr. Sanjay Labh adorning the jewels of the office on the President – IOS, Dr. Balvinder Singh Thakkar. The President called the meeting to order and various agendas were discussed. All the matters pertaining to each and every agenda were discussed and deliberated upon by all the members. The Chairmen of various subcommittees presented their quarterly reports during the meeting. It was a matter of pride and honour for the Indian Orthodontic Society when the Head Office released funds for its members who unfortunately passed away in the recent times (under the aegis of Member Benefit Program). The highlight of this EC meeting was when Dr. Balvinder Singh Thakkar (President IOS) handed over decorated frames to each and every Executive Committee Member present there in the meeting. The frame had each one's names and designations embedded. Along with that, The President also handed over stoles for all the spouses of EC Members. This was to glorify and honour all the wives who stand strong besides their husbands serving the society.





**The 5<sup>th</sup> Indian Orthodontic Society Executive Committee Meeting (2022-2023).**

The 5<sup>th</sup> Executive Committee meeting of Indian Orthodontic Society was held at Conference Hall, The Grand Palace Hotel, Indirapuram (Sahibabad, Uttar Pradesh) on July 16<sup>th</sup>, 2023 amidst the august presence of all the Principal office bearers & EC Members. The meeting started with the Honorary Secretary, Dr. Sanjay Labh adorning the jewels of the office on the President – IOS, Dr. Balvinder Singh Thakkar. The President called the meeting to order and various agendas were discussed. All the matters pertaining to each and every agenda were discussed and deliberated upon by all the members. The agendas included in this meeting were:

- Extensive Representations mentioning the stand of Indian Orthodontic Society against the D2C aligner systems, were given to Indian Dental Association (IDA), Dental Council of India (DCI) and Ministry of Health
- Common policy document and regulation by the Dental Council of India (in reference to the IOS complaint), will be released soon for all these Aligner companies
- New public awareness video and posters released to create awareness about Orthodontics
- Present strength of IOS members (up to SLM 13,757) was approved
- Up to Life Member no. 5781 – the voting eligibility for upcoming society elections
- The meeting concluded at 5 pm after the extensive and exhaustive deliberations.





## IOS CALENDAR OF EVENTS

### **NATIONAL ORTHODONTIC WEEK / ORTHODONTIST DAY (1<sup>ST</sup>-7<sup>TH</sup> OCTOBER 2022) ORTHODONTIC WEEK CELEBRATIONS**

Respected sir, warm greetings, Hereby, sharing details of Ortho week celebration in Ahmednagar district. The orthodontists of Ahmednagar came together in collaboration with Dental Colleges in Ahmednagar District and conducted this programs as part of a 3 day event called "Orthosynergia"

#### **Day 1: Bike Rally & School Lecture session for Public Awareness on orthodontics**

On 3<sup>rd</sup> October we had an 18km bike rally which was inaugurated by Dr. Nilima Rajhans Dean YCDC Dental College & Headed by Dr. Tushar Patil HOD Dept of Orthodontics of Same college. A school lecture on "Public Awareness about Orthodontics" was conducted by Dr. Rajlaxmi Rai which had a panel discussion consisting of Dr. Abhijit Misal Dr. Rahul Baldawa, Dr. Krishna Jaju, Dr. Vijaysinh Tanpure, Dr. Vijay Sonawne, Dr. Reyali Gajare & Dr. Kanchan.

Then on 4th October we conducted programs for students and staff of YCDC Dental College. The honourable guest for the session was Dr.NG Toshniwal sir. He spoke on various aspects of Evidence based Orthodontics & the future of Orthodontics. The main highlight of the event was the lecture conducted by Dr.Abhijit Misal on "Orthodontics for General Practioners: Mile Surr mera tumhara" the lecture spoke about what can be and what shouldn't be attempted by a general practioner in a potential orthodontic case. The program concluded by Orthodance performed by UG students which was very refreshing & entertaining. Later the guests proceeded to see the artistic display done by the students for various competitions conducted for them like Orthoartwist (wirebendings), Reel Competition, logo competition, funful hawleys, Best smile photography etc.

#### **Day 2: Various Activities in YCDC College, Ahmednagar**

On 6th October a zoom lecture involving all three dental colleges of Ahmednagar viz- SMBT Dental college sangamner, Rural dental college, Loni, YCDC Dental College Ahmednagar. The zoom lecture was conducted by Dr.NG Toshniwal sir, lecture topic being "Orthodontic Relapse: Revision of Reality". Thus bonding the staff & students of all 3 colleges in a sacred thread of knowledge. Special thanks to HODs of these colleges Dr.NG Toshniwal, Dr. Sunil Nagmode & Dr. Tushar Patil.

Prize distribution to the winners of different competitions conducted in YCDC was also done.

#### **Day 3: Zoom lecture session & Prize distribution**

A week long radio program for awareness about orthodontics amongst common masses in radio nagar 90.3 FM along with RJ Anu. Many thanks to the support & guidance received from IOS members like respected Dr. Balvindar Thakkar sir, Dr. Sanjay Labh sir, Dr. Sheetal Patni sir & Dr. Ajay Kubavat sir we could conduct our 1st event in Ahmednagar with such



ease. Last but not the least thanks to the immense support by all 3 college, their staffs, students & practicing orthodontists of Ahmednagar who have been part of this event. Jai Hind Jai IOS.



### **Bangalore Institute of Dental Sciences Department of Orthodontics and Dentofacial Orthopaedics**

ORTHODONTIST WEEK was organized by the Department Of Orthodontics and Dentofacial Orthopaedics from Bangalore Institute of Dental Sciences. The programme began on 7th October, Friday in BIDS Auditorium. The audience were addressed by The Principal and Head of the Department of Orthodontics and Dentofacial Orthopaedics, Dr. Vinaya.S. Pai. She briefed the audience about the Indian Orthodontic Society and Do-it-yourself aligners. She discussed in detail about the risks involved in Orthodontic treatment by untrained hands. She also emphasized on the importance of proper diagnosis before treating an Orthodontic patient. Various events were organized in the college which included Quiz, Orthodontic Reels, Wire bending and Minute to fame. Forty students from the Interns batch actively participated in all the events.

The Quiz competition consisted of four teams and six rounds. The final scores were compiled for each team. Reels were based on Orthodontic Awareness, which were played on the screen. Minute to fame included Poetry, Singing, Dancing and Craft which were performed by the students on the spot. The Wire bendings showcased very innovative ideas of the participants. First and second prizes were distributed for all the respective events. All the above-mentioned events were planned and organized by Dr. Harish Kumar, Dr. Chanchal Gupta, Dr. Sapna Kumari under the guidance of Dr. Vinaya.S. Pai, Dr. Siri Krishna, and Dr. Manjunath Hegde.





### Report on National Orthodontist Day

Department of Orthodontics & Dentofacial Orthopaedics, Sri Aurobindo College of Dentistry, Indore along with MPOSG has organized a program on the occasion of National Orthodontist Day in our esteemed institution on 4th October 2022. The theme of program was creating awareness about Orthodontics and overall health. The tagline of the program as given by WHO was “A Look Can Create Relationship and A Healthy Smile Can Change A Life”. The program was aimed to celebrate National Orthodontist Day, the foundation day of the Indian Orthodontic Society (IOS). IOS was established on 5<sup>th</sup> October, 1965 by 7 founding members. The program comprised of various enthusiastic activities: Rangoli Competition, Meme Competition, Reel Competition, Creating wire bending Competition, Slogan Competition, followed by prize distribution to the winners.

To grace the occasion Principal Dr Kanteswari was present and appreciated the importance of the event, HOD Dr Ashish Garg talked about the awareness against malpractices. Dr Suryansh Dilliwal and Dr Kamal Shikha Baheti convenors of MPOSG judged the competition and awarded the winner along with other dignitaries, Dr Amit Singh Choudary and Dr Amit Tripathi were also present at the event.

Overall the event was a huge success by active participation of BDS 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, Final year students, Interns and Post-graduate students.

Jai Hind. Jai IOS.

Winners of the Slogan competition- Ruquaiah, Atharv Agrawal.

Winners of the Meme competition- Kanika Gupta, Sania Khan.

Winners of the Wire bending competition- Lipika, Aman Vatsa.

Winners of the Reel competition- Sakshi Sharma & Saloni, Vedangi Shrivastava.

Winners of the Rangoli competition- Dr. Sania Khan, Dr. Subhi aliya.







**THE OXFORD DENTAL COLLEGE, BANGALORE  
DEPARTMENT OF ORTHODONTICS  
ORTHODONTICS WEEK CELEBRATION**

**The Oxford DENTAL COLLEGE, BANGALORE**

Department of Orthodontics  
**Orthodontic week celebration**



***I only trust my orthodontist to straighten my smile***

**Banaras Hindu University**

The orthodontic week was celebrated by Banaras Orthodontic Study Group in the department of orthodontics, in the prestigious faculty of dental sciences, Banaras Hindu University and Varanasi. On 1st October celebrated with cake cutting and decoration in the department. Post graduation students and teachers were discussed the current norms of the treatment aspects of orthodontic treatment and future aspects of orthodontics. Students were educated in patient management and treatment objectives by faculty Teachers. The general public at the orthodontics department was educated about treatment for teeth and the importance of healthy teeth and maintenance of oral hygiene. Discussed orthodontic treatment, and problems occurring during the treatment. Different types of treatments, available were told to the general public. Information and awareness were also spread by the means of social media. Treatment needs for teeth were presented in the form of banners and digital pamphlets. Orthodontist day was also celebrated on 5<sup>th</sup> October on Digital social platforms. On the 6<sup>th</sup> of October, Students made posters on the orthodontic week. On the 7<sup>th</sup> of October Department was decorated with colorful balloons.







### Rungta Dental College

Department of Orthodontics and Dentofacial Orthopaedics, Rungta College of Dental Sciences & Research of Sanjay Rungta Group of Institution celebrated National Orthodontic Awareness Week on the occasion of 57<sup>th</sup> Foundation Day of Indian Orthodontic Society. The Hon. Chairman of SRGI, Shri Sanjay Rungta, Directors, Mr. Saket Rungta, Mrs Harsha Rungta, Dean Dr. Karthik Krishna M, Vice-Dean Dr. Deepak Thakur. Vice Principal RIPS, Harish Sharma and Dean Student Welfare, Rinki Sahu inaugurated this event. The programme was successfully coordinated & guided by Prof.& Head Dr. Sumit Gandhi, Prof. Dr. Javed



Sodawala, Reader Dr. Shaheen Hamdani, Sr.Lecturers Dr. Harsha Malhotra & Dr. Gaurav Agrawal and post graduate students of Department of Orthodontics and Dentofacial Orthopaedics, RCDSR. The department organised free check-ups and consultations for orthodontic treatment from 1st to 12th October. Also, many awareness campaigns were conducted by the doctors and students of RCDSR to encourage and motivate people to improve their smile and oral function. The skit was performed by PG students along with interns and UG students for braces awareness. Reels, Photography competition were planned for students and faculties of RCDSR and certificates were distributed to all the winners and participants.



### Nellore Narayana Dental College

**Opening ceremony:** The Orthodontic week was commenced with an opening ceremony held on 6<sup>th</sup> October 2022 in Narayana Dental College Nellore to mark the occasions of National Orthodontist's day (5th Oct). Due to overlapping of Dasara Holidays it was deferred to 6th Oct 2022. The Chief guests of the program were Dr.Ajay Reginald, Principal and professor of oral pathology, and Dr. Siva Kumar, Dean. Various Heads and staff of all the departments were invited. Program was started with a prayer song by I MDS PG students and followed by lamp lightening. Dr. Mandava Prasad, Professor and Head of the Department presided over the function. He addressed the occasion with an introductory speech on foundation of Orthodontic society and the base for celebration of National orthodontist's day. He also stressed on discouraging the Direct and in-house aligners and the false advertising that public are falling prey for. Undergraduate students who are undergoing orthodontic treatment were invited to share their personal experiences and the program was led further with cake cutting by Undergraduate students. The following are the different events organized during the whole orthodontic week.

**6<sup>th</sup> October:** Quiz programs for undergraduate students on orthodontics. Soap carving on orthodontic context.

**7<sup>th</sup> October:** Screening camp was conducted by our Postgraduates at few nursing, and pharmacy colleges. During the camp session, awareness about orthodontic treatment was elaborated by Dr. S Gowri Sankar, professor, Department of orthodontics. **8<sup>th</sup> October:** Valedictory function was held on 8th October and prizes were distributed to the winners. Vote of thanks was given by Dr. G Vivek Reddy professor, Department of orthodontics **1<sup>st</sup> -12<sup>th</sup> October:** Blood donation program. This program was initiated by our Department and is being conducted for the last 5 years. Around 120 units of blood were collected. This was conducted in collaboration with NSS Unit, Narayana Dental College and Hematological unit of Narayana Medical College, Nellore.

The Department was decorated on festive mood all throughout the week.





### **Orthodontist Day Program DY Patil Dental School, Charholi, BK, Pune CDE Program-Biomechanics -Basics to Advanced**

On the view of Orthodontists Day Celebration, D Y Patil Dental School, Lohegaon, Pune conducted one day CDE Program in association with Indian Orthodontic Society on 20<sup>th</sup> October 2022, On the view of Orthodontists Day Celebration, D Y Patil Dental School, Lohegaon, Pune conducted one day CDE Programme in association. Chief Patron was Dr Ajeenkya Patil, Advisory Dr Rahul Hegde, Dean Dr Anand Shigli, Organizing Chairman Dr Sandeep Jethe and Organizing Secretary Dr Varsha Merani. Dr Jayesh Rahalkar and Dr Chetan Jayde were guest speakers. CDE was attended by 91 postgraduate students, 19 Faculties and 19 students had attended online from and in around Maharashtra- Dental Colleges.





### Orthodontic Week Celebration in the Frigid and Desolate Ladakh

Ladakh is home to some of the highest motorable tracts in the world and is till date not having any orthodontic treatment facility available in the entire region. I, Dr. Ashish Kamboj (LM-3072) consider myself lucky to be the first ever orthodontist to be permanently placed in Ladakh in the history of modern India. Considering the remoteness of Ladakh along with the lack of awareness in the local population regarding orthodontic care, a motorbike rally was organized on the occasion of “Orthodontic Week Celebration” in the frigid and desolate terrain of Ladakh. This was the first of its kind event ever conducted in the Union Territory of Ladakh.

The bike rally spanned over a duration of two days (3 & 4 Oct 22) and concluded on 5th October 22 with a lecture on orthodontic awareness to local Ladakhi population on the occasion of “National Orthodontist Day”. Day-1 (3<sup>rd</sup> Oct 2022)- The rally started from Nubra Valley and passed through North Pullu. North Pullu is located at an altitude of 15,800 Feet and was the first stopover of the journey. Our second stopover was at Khardungla Pass. Khardungla Pass is the second-highest motorable road in the world and is situated at an altitude of 17,900 Feet (appx). Then our convoy of bikes moved towards South Pullu which was our third stopover in the journey and is situated at an altitude of 15,300 Feet. In South Pullu HPCL has placed its highest KSP in the world. From South Pullu we marched towards our final destination which was Leh. We reached Leh in the late afternoon of Day-1.

Day-2 (4th Oct 2022)- On the second day of the motorbike rally the places visited in the first half of the day were-

- Shanti Stupa
- Leh City
- Magnetic Hill (via NH-1)

In the second half of the day the places covered were

- Choglamsar
- Changla Pass ( Changla Pass is the third-highest motorable road in the world and is situated at an altitude of 17,600 Feet appx)
- From Changla Pass back to Leh in the evening

So, our bike rally concluded on 4th Oct 22 in the evening at Leh and in this rally we covered Khardungla Pass and the Changla Pass which are the world’s 2nd & 3rd highest motorable roads in the world.



Day-3 (5th Oct 2022)- On the occasion of National Orthodontist Day on 5th Oct 22, an Orthodontic Awareness Lecture was organized for the local Ladakhi population in Leh. The lecture was attended by many and was widely appreciated.

“To conclude I will say that orthodontic awareness in the frigid & desolate Ladakh is a challenging task and is still the road less travelled”





### Thai Association of Orthodontists' Mobile Orthodontic Unit for CLPS joins IOS "Fostering Smiles Globally" Orthodontists are Smile Creators "Wishing friends and colleagues @IOS

Thai Association of Orthodontists' Mobile Orthodontic Unit for CLPs travels once a month to Sawanpracharak Hospital in Nakhon Sawan (239 Kilometers north of Bangkok) to give treatment and care to Cleft lip/ palate patients.

Arriving @ The Cleft lip/ palate patient center, Sawanpracharak Hospital







### Bapuji Dental College & Hospital, Davangere-4 Orthodontic Week Celebration



### Anil Neerukonda Institute of Dental Sciences, Sangivalasa, Visakhapatnam.

The Orthodontic week was commenced on 1<sup>st</sup> October 2022 in Anil Neerukonda Institute of Dental Sciences, Visakhapatnam to mark the occasions of National Orthodontist's Day (5th Oct). Due to overlapping of Dasara Holidays it was deferred to 7<sup>th</sup> Oct 2022. Various Heads and staff of all the departments were invited.

The following are the different events organized during the whole orthodontic week.

**1<sup>st</sup> October:** Soap carving and creative orthodontic wire bending competition on orthodontic context was conducted for undergraduate students



**3<sup>rd</sup> October:** Face painting and memes competitions were held for undergraduate students.

**6<sup>th</sup> October:** Screening camp was conducted by our Postgraduates and faculty at zilla parishad high school, Tallavalasa. During the camp session, awareness about orthodontic treatment was elaborated by Dr. Uday Kumar Digumarthi, Professor and HOD, Department of orthodontics.

**7<sup>th</sup> October:** Flash mob was performed by Faculty, Post graduates and Undergraduate students. Valedictory function was held and prizes were distributed to the winners.

**11<sup>th</sup> October:** CDE program was conducted as a continuation of orthodontic week. The guest speakers for the program were Dr Ashwin Mathew George (Chairman, Indian Board of Orthodontics), Dr Vineeth V Thundukattil (Professor and Azeezia college of Dental Sciences and Research, Kerala) and Nirupama C (Professor and HOD Karpaga Vinayaga Institute of Dental Sciences, Tamil Nadu). Total 5 sessions of lectures on Management of Sagittal and Transverse Discrepancy using Implant Mechanics and Surgery and Case Guidelines for IBO Examinations by Dr Ashwin Mathew George, Hydrophilic Primers - A Boon or Bane, Aligner Orthodontics. A Release of Comprehensive Review Textbook and An Over view of Questionnaire for MDS Examination in Orthodontics and Dentofacial Orthopedics by Dr. Nirupama C, Infrazygomatic Crestal Implants Biomechanics & its comparison with Headgear, vertical dimension demystified and Biomechanical Considerations in Management of VSD by Dr. Vineeth V T. A total of 90 participants including private orthodontic practitioners from all over AP and Telangana have attended the program.



**Meenakshi Ammal Dental College, Chennai**

**The first college to celebrate the Orthodontic week celebrations on 30th Sep 2022 itself.**







**Sri Venkateswara Dental College, Chennai**



**Saveetha Dental College, Chennai**

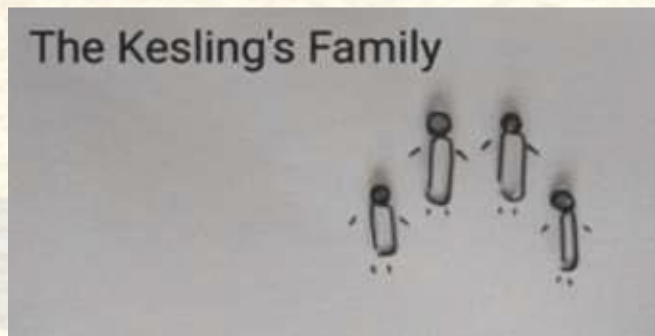




### Asan Memorial Dental College, Chennai



### Ragas Dental College, Chennai



### Karpaga Vinayaga Institute of Dental Sciences, Chennai





### SRM Dental College, Ramapuram, Chennai



### Sri Ramachandra Dental College, Chennai



### Sathyabama Dental College, Chennai





**Tamilnadu Government Dental College, Chennai**

IOS -MOSG Orthodontic week celebrations in the department saw a gamut of events including Rangoli, Slogans, Creative wire bending and Reels. The week ended with a ECO/ PHOTO walk @ The Tholkapiar Poonga, an amazing Ecosystem right in the middle of the city. The department takes immense pleasure in showcasing the visuals to the study group

**Adhiparasakthi Dental College, Chennai**



**Thai Moogambigai Dental College, Chennai****Priyadarshini Dental College, Chennai**

Priyadarshini Dental college continued the IOS orthodontics week celebrations by decorating the Department colorfully and conducting the competitions for UG's like Awareness E-Poster, Reels on Braces, Best Smile Photography, Creative Artwork and Smile Slogans. Followed by Lecture to all the UGs on False treatment Propaganda in Orthodontics.

**Adesh Institute of Dental Sciences & Research, Bathinda (Punjab)**

The Department of Orthodontics & Dentofacial Orthopedics from Adesh Institute of Dental Sciences & Research, Bathinda celebrated the occasion of "National Orthodontist day" on 5<sup>th</sup> October, 2022. With enthusiastic participations; Dr Amanish Singh Shinh (Principal, Professor & Head), faculty members and PG students of Orthodontic department planned a fun-filled day with lots of activities such as singing, cake cutting ceremony, poster presentation & showcasing of artistic wire bending. This occasion was graced by all HODs and faculty members of the college. As part of Orthodontic week celebration, the department conducted orthodontic awareness and a free dental checkup camp across all the colleges of Adesh University. Around 4000 students were examined and hence were explained the importance of orthodontic treatment.



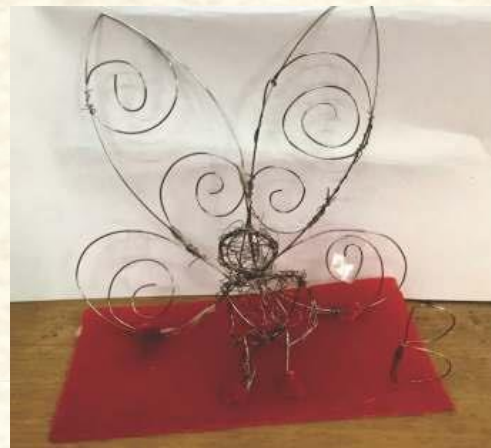


### JCD Dental College Sirsa (Haryana)

“Orthodontists create a smile curve that flattens all obstacles.” On the occasion of Orthodontic Awareness Week, a “Festive Wire Bending Contest” was organized by the Department of Orthodontics and Dentofacial Orthopaedics in JCD Dental College, Sirsa. Students from both under graduate and post graduate courses along with faculty members participated in the contest with fervent enthusiasm. Creativity has no boundaries as was exemplified by the participants who made amazing and awe inspiring two and three dimensional wire marvels. They ranged from festivals, jewelry, social messages and beautiful art pieces. The event was thoroughly enjoyed by the staff and students alike. The contest was judged on the basis of idea, creativity and execution efficiency. The quality of the wire bending mesmerized the judges. The event ended with distribution of prizes, medals, certificates and chocolates. This event created a buzz amongst the students. The level of participation and the quality of the wire bending had ensured that such activities inculcated a sense of curiosity for the subject of Orthodontics.





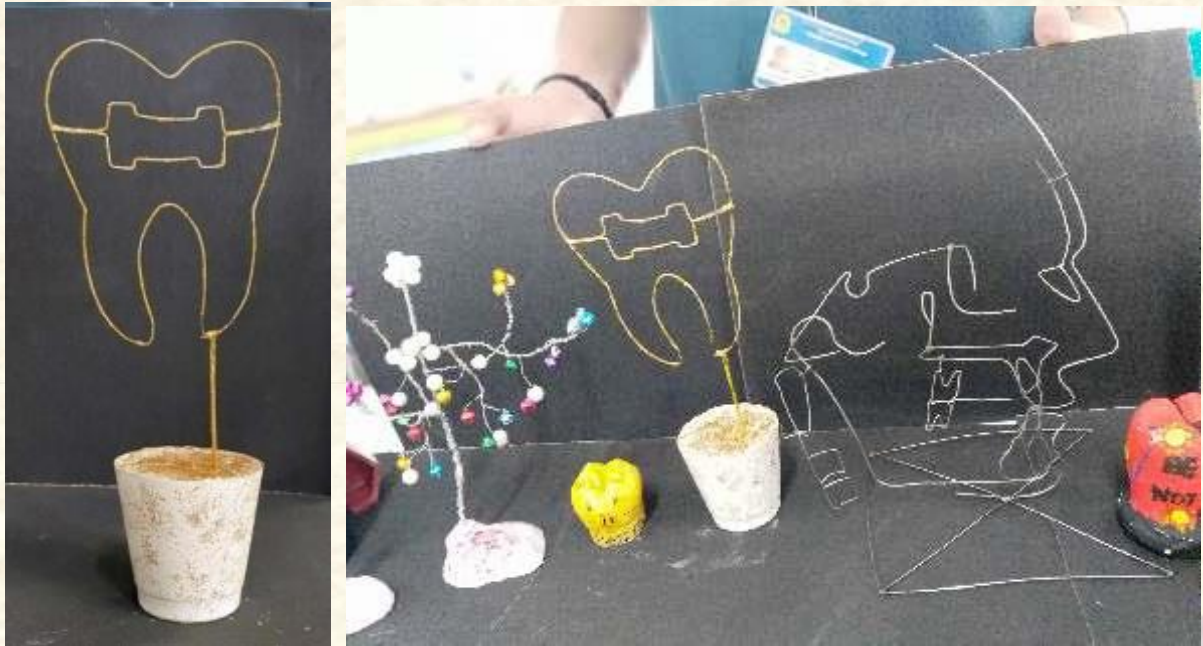


### Swami Devi Dyal Dental College, Barwala (Haryana)

The prestigious occasion of National Orthodontist Day (5<sup>th</sup> October) was celebrated with great enthusiasm by the faculty and post graduates of Department of Orthodontics, Swami Devi Dyal Dental College & Hospital, Barwala (Panchkula). It was celebrated with the esteemed presence of Dr. Shruti Mittal (Professor & Head), Dr. Purna Hoogan Teja & Dr. Rohini Sharma. The celebrations started with the cake cutting followed by participation in innovative wire bending by the post graduate students Dr. Mohit, Dr. Vikas, Dr. Nazia, Dr. Aashee, Dr. Gunjan & Dr. Mahak with zeal and enthusiasm. Theme related Rangoli & stone paintings were made by interns which further added colors to the celebrations. The day concluded with a lecture which was delivered to the patients and their parents in regards to the Orthodontic awareness. The lecture also described the myths to be avoided & explained the factuality of orthodontic treatment in the recent scenario.







### **"Art and Science of Crafting Standout Orthodontic Research"**

A 2 day seminar-cum-workshop organized by Department of Orthodontics, Faculty of Dentistry, Jamia Millia Islamia, New Delhi on 2<sup>nd</sup>-3<sup>rd</sup> December, 2022

The Department of Orthodontics, Faculty of Dentistry, Jamia Millia Islamia (JMI) successfully conducted the IOS Calendar event "Art and Science of Crafting Standout Orthodontic Research" on 2nd -3rd December, 2022 at FTK-CIT auditorium, Jamia Millia Islamia.

The 2-day seminar-cum-workshop was organized by Prof (Dr) Priyanka Kapoor (Organizing Chairperson), Prof (Dr) Harneet Kaur (Organizing Secretary) and Prof (Dr) Panchali Batra (Scientific Chairperson) along with their diligent organizing committee of Jamia Millia Islamia. The Chief Patron for the event Prof Najma Akhtar, Vice Chancellor, JMI and Patron Prof. Nazim Husain Jafri, Registrar, JMI and Prof (Dr) Sanjay Singh, Dean, Faculty of Dentistry, JMI supported the event unconditionally. The event was braced by the gracious presence of President IOS Prof (Dr) Balvinder Thakkar and Secretary IOS Prof (Dr) Sanjay Labh. Further, Orthodontic Study Group of Delhi (OSGoD) with its conveners, Prof (Dr) Rajiv Ahluwalia, Prof (Dr) Anup Kanase, and Prof (Dr) Ashish Gupta also extended their full support. President, World Federation of Orthodontics, Prof (Dr) Nikhilesh Vaid also joined the event on the second day.

The first of its kind IOS event with speakers, panelists and delegated on hybrid mode , it was a huge success with 24 speakers, over 150 delegates and faculty physically joining the event, and over 100 participants joining online from all across the world. More than 28 colleges from 12 states of India, from Chennai to Himachal Pradesh participated in the event.



The sessions were carefully crafted to benefit researchers at all levels. The event has been able to open a dialogue on importance and scope of interdisciplinary research in Orthodontics in India, research opportunities abroad and how to bridge the gap of researcher's and funding agencies perspective.



### Orthopathashala-2023

**KLE VK Institute of Dental Sciences, Belagavi**

**Department of Orthodontics & Dentofacial Orthopedics 05<sup>th</sup> and 06<sup>th</sup> of January, 2023**

Orthopathashala 2023, a National Orientation Program, was conducted for the post graduate students as a platform to learn and understand the various aspects of post-graduation. Delegates from various colleges had registered for the event. Esteemed guest speakers delivered a series of wonderful lectures, helping the delegates to get an insight of the post-graduation course. The IOS National PG Orientation program was conducted on 5th and 6th of January 2023. The inaugural function was graced by the chief guest and esteemed guest speakers. The chief guest Dr. Balvinder Singh Takkar, Guest of Honor Dr. Mrs. N.S. Mahantshetty, Registrar Dr. V.A. Kotiwale and Principal Dr. Alka Kale, were escorted to the dias by Dr. K.M. Keluskar.



**The inaugural ceremony was followed by lectures:**

Dr. Anup Belludi: "Journey of Post-graduate"

Dr. Silju Mathew: "Art of presenting seminar"

Dr. Jayesh Rahalkar: "Art of presenting Journal Club"

Dr. Swaroop Savanur: "Mental Health"

Dr. Kiran Kumar: "Pre-clinical work and clinical Records"

Dr. Kuldeep Dmello: "Photography"

Dr. Sameer Patil: "Communication Skills"

Dr. Gaurav Gupta: "Use of Digital Platform"

Dr. Vignesh Kailasam: "Art of Scientific Writing and Reading"

Dr. Ravi Shirahatti: "Research Methodology" and "Biostatistics"

Dr. Ameet Revankar: "Literature search and PG dissertation (synopsis writing)"

Dr. P A Patil: "Ethics"

The event came to an end with presentation of the certificates to the delegates by the organizing committee. Registrations Total number of registrations: 135









**OPL Season VI**

The Indian Orthodontic Society in association with Coorg Institute of Dental Sciences, Virajpet, and the newly formed Mysore-Coorg Orthodontic Study Group organized the sixth edition of Orthodontist Premier League on January 18th and 19th, 2023. The tournament was held at Coorg, also known as Kodagu, a picturesque district located in the state of Karnataka in South India. Known for its rolling hills, verdant forests, and sprawling coffee plantations, Coorg is a nature lover's paradise. OPL- Orthodontist Premier League is a Flagship event of the Indian Orthodontic Society. We express our Heartfelt Thanks to our President Dr. Balvinder Singh Thakkar, our Hon. Secretary Dr. Sanjay Labh and the entire Executive Committee of the Indian Orthodontic Society for bestowing their confidence in us to organize this wonderful event. We are proud to say that OPL Season VI is the biggest such tournament to date with 22 teams participating who were eager to showcase their skills and compete for the coveted ORMCO CUP. Enthusiastic participation from great teams made the event a Big Hit On Day 1 morning, the tournament was declared open by Dr. K.C Ponnappa, Principal, and Dr. Jithesh Jain, Vice Principal, of Coorg Institute of Dental Sciences. There was a formal inaugural function on Day 1 evening in the picturesque green campus of Coorg Institute of Dental Sciences which was followed by Banquet Dinner. Special thanks to Vice President, IOS. Dr. Shailesh Shenava who came from Mumbai and presided as the Chief Guest for the inaugural function. A huge congratulations to Dr. Goutham Reddy, Organizing Secretary who put his heart and soul into organizing the tournament. This tournament would never have been possible if not for his initiative and drive. The success of the tournament is a testament to his hard work and commitment. We thank Dr. Sunil Muddaiah, Dean – of Coorg Institute of Dental Sciences for all the support and for lending the college resources for the smooth conduct of the event. We thank Dr. Santosh Ramegowda, Organizing Chairman for the support and it was him, who convinced the EC to offer us the OPL. Dear colleague and friend Dr. Sanju Somaiah was our guiding star from every perspective. As ever, he opted to stay backstage and support us. Special thanks to Dr. Raghunath N, the Convenor of Mysore-Coorg Orthodontic Study Group who offered great support from his end as well as participating as part of the JSS team. We thank Dr. Akthar Hussain, Former Dean, of Yenepoya Dental College for his presence at the inaugural function. We thank dear friends from EC, Dr. Deena Dayalan P, Dr. Reji Abraham, and Dr. C. Vijayadith who came to the event to make it a success I dedicate all the success and glory to my Organising Committee, who did a phenomenal and selfless job in organizing the event.

In conclusion, the OPL Season VI was a memorable event, and it is hoped that more and more teams participate in future editions of the tournament. The players and organizers are already looking forward to the next tournament, and it is expected to be even bigger and better. It is already confirmed that OPL Season VII will be hosted by Dharwad and Belgaum together at Dharwad in January 2024.









### National Integrated Typhodont workshop (East zone) 27<sup>th</sup>-29<sup>th</sup> Jan 2023 Kolkata

Dept. of Orthodontics, Dr. R. Ahmed Dental College & Hospital, Kolkata in association with Indian Orthodontic Society has conducted the National Integrated Typodont Workshop (ORTHO QUEST....."Learn to bend, Bend to learn") from 27<sup>th</sup> to 29<sup>th</sup> January 2023 at Dr. R. Ahmed Dental College & Hospital campus, Kolkata, West Bengal. 94 participants from all over India registered for the workshop along with 13 course faculties, 6 table instructors and more than 30 Orthodontists from different parts of West Bengal. The gracious presence and encouraging words of President, Indian Orthodontic Society, Dr. Balvinder Singh Thakkar and Secretary, Indian Orthodontic Society, Dr. Sanjay Labh were inspiring to the budding Orthodontists of the country.

It's our proud privilege to conduct this prestigious calendar event of Indian Orthodontic Society for the first time in the oldest dental college of South East Asia. The journey of Dentistry in India began from here long back in 1920 with only 11 students and a young devoted teacher Dr. Rafiuddin Ahmed who only at the age of 30 years dared to start an institute singlehandedly for the betterment of his country.

Few new topics were included this time in the course like myofunctional appliances and Cleft Care Orthodontics with live demonstration on patients' mouth.

It was a great learning and hands on experience for the participants under the able guidance of renowned teachers of our speciality. The enthusiasm of the participants and involvement of the faculties from 9 am in the morning till 8 pm in the evening speaks about the necessity of this type of workshop for the post graduate students. We are thankful to all our respected teachers --- Dr. Maninder Singh Sidhu, Dr. Sanjay Labh, Dr. T. P. Chaturvedi, Dr. Pradeep Raghav, Dr. Sanjeeb Kumar Sahu, Dr. Suryakanta Das, Dr. Puneet Batra, Dr. Haritha Sudhakar, Dr. Sarvraj Kohli, Dr. Vinay Chugh, Dr. Divyaroop Rai, Dr. Balaji Krishnan, Dr. G. Dharmadeep, Dr. Pritam Mohanty, Dr. Subash Chandra Nayak, Dr. Anshu Sahu, Dr. Ashish Kumar, Dr. Uday Kumar Digumarthi and Dr. Pintso Tshering Lepcha who travelled all the way from different parts of the country to share their knowledge.



As the Organizing Secretary of the workshop I, Dr. Partha Pratim Choudhury want to extend my heartfelt gratitude to the entire organising team, our Head of the Department Dr. Prakash Chandra Ray (Chairman Reception Committee), Organizing Chairman Dr. Amal Kumar Chakrabarti, our sponsors, IOS office bearers, college authority, our Principal Dr. Tapan Kumar Giri, Hospital Superintendent Dr. Tirthankar Debnath and all the staffs who worked hard for the successful execution of the program. I also want to express my sincere gratitude to Govt. of West Bengal for the relentless support and all the facilities provided for the workshop.

Organizing team: Dr. Partha Pratim Choudhury (Organizing Secretary), Dr. Amal Kumar Chakrabarti (Organizing Chairman), Dr. Prakash Chandra Ray (Chairman Reception Committee) Scientific committee: Dr. Prakash Banerjee, Dr. Ekta Lahoti, Dr. Kasturi Mukherjee. Treasurer: Dr. Mousum Mondal, Registration committee: Dr. Pinaki Roy, Dr. Ali Asger Nakib, Dr. Ashim Roy. Hospitality: Dr. Soma Halder, Dr. Manidipa Das, Dr. Poulomi Roy. Accommodation: Dr. Arunava Chatterjee, Dr. Arkajit Goswami. Transport: Dr. Srikrishna Chattaraj, Dr. Sutanu Modak.





## **26<sup>th</sup> INDIAN ORTHODONTIC SOCIETY NATIONAL STUDENTS PG CONVENTION, LUCKNOW, 16<sup>th</sup>- 19<sup>th</sup> February 2023**

These are some apt words to describe the 26th Indian Orthodontic Society National Students PG Convention, Lucknow, 16<sup>th</sup>- 19<sup>th</sup> February 2023 which was organized under the aegis of the Indian Orthodontic Society. A crown jewel in the legacy of Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow, the 26<sup>th</sup> IOS National Students PG Convention, 2023 left an indelible mark and put the Institution onto a pedestal of national fame. With the unflinching support and guidance from the Management, Chairman Shri Anurag Singh, Secretary, Dr. Snehlata Singh, Mr. Shlok Singh, Principal Dr. Gaurav Singh, Managing Director, Dr. Arohan Singh, Advisor, Dr. Hanuman Singh, C.E.O. Shri C.P. Verma, the Department of Orthodontics conducted a 4-day mega scientific Extravaganza which was organized from the 16th- 19th February 2023.

### **DAY 1: (16<sup>th</sup> FEB, 2023)**

Over 2265 Life Members and Student Life Members from all over the country and the neighboring countries visited SPPGIDMS, Lucknow to be a part of the 26<sup>th</sup> IOS National Students PG Convention, 16<sup>th</sup>- 19<sup>th</sup> February, 2023. The Convention featured lively presentations by postgraduate students in the form of scientific papers, posters, and table clinics, highlighting various innovations in Orthodontics in the clinical and research field. Hon'ble President, Indian Orthodontic Society, Dr. Balvinder Singh Thakkar felicitated the Judges presiding over the Paper, Poster and Table Clinic Presentations. Esteemed clinicians from all corners of the country led informative Pre-Convention Workshops on relevant topics, adding to the delegates' learning experience. Hon'ble Secretary, Indian Orthodontic Society, Dr. Sanjay Labh felicitated all the Course Mentors of the Pre Convention Workshops.

#### **Table 1; Pre Convention Workshops (Day 1)**

The last event of the first day was the much-awaited and coveted Quiz Competition which had a staggering number of 140 teams. The enthusiasm and the zest in the ambience was palpable and the Audience participation was unprecedented. Dr. Sridhar Kannan along with Dr. Panchali Batra, Dr. Ashish Kumar Singh, and Dr. Vipul Sharma were exceptionally wonderful as vibrant and energetic Quizmasters. Additionally, a vast Trade Exhibition was inaugurated, providing multiple brands and companies with a platform to showcase their equipments and products to the vast gathering of delegates.

### **DAY 2: (17<sup>th</sup> FEB, 2023)**

The second day of the convention kicked off with an early morning Marathon Event, which saw enthusiastic participation from all the attendees. The day was packed with numerous Scientific Sessions and Pre-Convention Workshops conducted by esteemed orthodontists from all corners of the country. The 'A To Z Of Biomechanics In MBT Workshop' and 'Functional Appliances Workshop' got an overwhelming response and had the maximum number of registrations. Hon'ble President Elect, Dr. Jayesh Rahalkar felicitated the Mentors of Pre-Convention Workshops while the Hon'ble President Dr. Balwinder Singh Thakkar and Hon'



ble Secretary Dr. Sanjay Labh felicitated the Judges of Poster Competition. The students delivered eloquent presentations of their papers and posters with great enthusiasm, showcasing their best efforts. As the evening approached, the Embrace, 2023 cultural extravaganza commenced with a bang, featuring singing, dancing, reels, and selfie competitions that highlighted the participants' impeccable skills. The singers mesmerized the audience with their lilting voices, while the dancers impressed with their upbeat energy and precise synchronization. The event culminated in a prize distribution ceremony, where esteemed dignitaries from the Indian Orthodontic Society presented the awards.

### **DAY 3: (18<sup>th</sup> FEB, 2023).**

The Grand opening ceremony was the highlight of the third day of the conference, graced by the presence of many distinguished dignitaries. The Hon'ble Deputy Chief Minister of Uttar Pradesh, Mr. Brajesh Pathak Ji, was the Chief Guest of the day, while the Hon'ble Chairman, SPPGIDMS Shri Anurag Singh, and Secretary, SPPGIDMS Dr. Snehlata Singh Ma'am, were the Guests of Honour. During the event, the Chief Minister of the state commended the premises and the organization of the Institution, and expressed his commitment to enhancing the dental landscape in the state. Shri Anurag Singh extended a warm welcome to all the dignitaries and guests arriving from various parts of the country, while also affirming his willingness to continuously support such educational programs and events providing the much-needed impetus towards Research and Innovation in Dentistry. The President, IOS Dr. Balvinder Singh Thakkar conveyed his profound appreciation to the Organizing Committee and highlighted that this was, by far, the most intricate and meticulously arranged convention he had witnessed in recent times. Hon'ble Secretary Dr. Sanjay Labh convened the Award Ceremony where PG students were felicitated. The other esteemed Dignitaries on the dais included Vice- President , IOS , Dr. Shailesh Shenava, President Elect, IOS, Dr. Jayesh Rahalkar, Organizing Chairman , Dr. Sudhir Kapoor who delivered the Welcome Address, Organizing Secretary, Dr. Raj Kumar Jaiswal who delivered the Vote of Thanks and Scientific Convenor, Dr. Jitendra Bhagchandani who delivered the Scientific Update. The Inaugural ceremony was followed by the prestigious Dr. H.S. Shaikh Oration delivered by Dr. Nandlal Toshniwal. Numerous scientific presentations by the students and keynote lectures from renowned national and international experts were also conducted throughout the day. The day drew to a close with a splendid Gala Banquet hosted at "The Palms Resort", where both students and faculty relished in the joyful ambience to the fullest extent.

### **Day 4: 19th Feb 2023**

The grand four-day event reached its conclusion with eminent guest speakers captivating the audience with their informative lectures and sharing their vast knowledge and expertise with all the delegates.

#### **Speaker Name Title of Presentation**

- Dr. Ameet Revankar - Artificial Intelligence In Orthodontics – Ushering In The Age Of Prediction
- Dr. Rohit Kulshrestha -Clear Aligner Therapy In Orthodontics – Where Are We now?"
- Dr. T.P. Chaturvedi Evidence -Based Orthodontics
- Dr. Surya Kanta Das Ccb - Comparative Contemporary Biomechanics (Labial Vs Lingual Vs Aligners).



- Dr. Shailesh Desh Mukh Aligners – “A Cornucopia Of Opportunities”
- Dr. Sarabeet Singh Mr Perfect Bonding-The 007 Of Orthodontics The Mantras And Clinical Tips Of Bonding
- Dr. P. Hari Krishnan Orthodontic Material Research - Need & Hope
- Dr. Jignesh Kothari Class Ii Treatments With Clear Aligner Therapy Biomechanics, Protocols & Results
- Dr. Ashish Garg Comprehensive Orthodontic, And Surgical Rehabilitation Of Cleftlip & Cleft Palate Patients (A Bird's Eye View)
- Dr. Gnana Shanmugham Temporo mandibular Joint Considerations In Orthodontics'
- Dr. Vaibhav Mishra 3d Printing: The Building Block Of Futuristic Orthodontics
- Dr. Av Arun Practical Biomechanics
- Dr. Rajiv Ahluwalia Aligners – Why Not
- Dr. Subash Chandra Nayak W- Analysis: A New Method For Assessment Of Malocclusion

The 3<sup>rd</sup> Executive Committee Meeting, IOS was also held in the Auditorium and presided over by the Hon'ble President, IOS and Hon'ble Secretary, IOS and attended by all Principal Office Bearers and EC Members. The day's activities included a series of engaging lectures followed by the Valedictory Ceremony, during which the staff members, volunteers, and unsung heroes who contributed to the event's success were honoured by the Management of SPPGIDMS and the Dignitaries of the Indian Orthodontic Society. Additionally, the Organizing Committee members, postgraduates, and undergraduates, who worked tirelessly day and night to ensure a successful event, were also recognized and felicitated by the distinguished IOS dignitaries. The event concluded with a joyous Dance Celebration, leaving the delegates with pleasant memories of the city and the hospitality provided by the institution. In the end we would like to thank everyone from the bottom of our hearts for contributing and making the 26<sup>th</sup> IOS National Students PG Convention, Lucknow, 2023 a truly remarkable event, to be remembered in IOS for times to come.









**Results of Competitive Presentations 26<sup>th</sup> IOS PG Student Convention Lucknow-2023****Competitive Paper- Research**

1. Dr. Bhumika (D.A.V Centenary Dental College, Yamuna Nagar, Haryana)
2. Dr. Roopa Rachel Thomas (A.B. Shetty Memorial Institute of Dental Sciences, Mangluru, Karnataka)
3. Dr. Meenakshi Goyal Aggarwal (Index Institute of Dental Sciences, Indore, M.P.)

**Competitive Paper- Clinical**

1. Dr. Shruti Mathur (Maulana Azad Institute of Dental Sciences, New Delhi)
2. Dr. Rimsha K P (S C B Dental College and Hospital Cuttak, Orissa)
3. Dr. Stela Kapoor (A M C Dental College, Ahemadabad, Gujrat)

**Competitive Paper- Clinical Innovation**

1. Dr. Vashist Mysore Dinesh (D A P M R V Dental College and Hospital, Banglore, Karnataka)
2. Dr. Ayush Dixit (College of Dental Sciences, Davangere, Karnataka)
3. Dr. Amrin Rizwana (Maulana Azad Dental College and Hospital, New Delhi)
4. Dr. Shreya Madhusudan (D A Pandu Memorial R. V. Dental College, Bangaluru, Karnataka)

**Competitive Poster- Research**

1. Dr. Mafaz Bin Ahsan (Yenepoya Dental College, Mangluru, Karnataka)  
Dr. Kambala Meena Laxmi Reddy (Vishnu Dental College, Bhimavaram, A.P.)
2. Dr. Zainab Hassan (Buddha Dental College, Patna, Bihar)
3. Dr. Monalisa Goswami (Hazaribagh College of Dental Science)

**Competitive Poster- Clinical**

1. Dr. Meghanaa.S (Krishnadevaraya College of Dental Science, Banglore, Karnataka)  
Dr. Shubhangini Kashyap (Sardar Patel Institute, Lucknow, U.P.)
2. Dr. Uroosa Aymen (Govt. Dental College & Research, Banguluru, Karnataka)
3. Dr. Silvy Alex (Pushpagiri College Of Dental Science, Tiruvalla, Kerala)

**Competitive Poster- General**

1. Dr. Varuna Bakshi (M S Ramaiah Dental College, Banguluru, Karnataka)
2. Dr. Shivranjini. A (Sathyabama University Dental College, Chennai, Tamil Nadu)  
Dr. Esha Pandey (Modern Dental College and Research Centre, Indore, M P)
3. Dr. K Rajkamal Maniratnam (Sri Rajeev Gandhi College, Banglore, Karnataka)  
Dr. Gurmeet Kaur Viridi (Desh Bhagat Dental College, Mandi, Govindnagar, Punjab)



**Competitive Table Clinic - Research**

1. Dr. Zainab Bint Shams (King George's Medical College, Lucknow)  
Dr. Balaji R. (King George's Medical College, Lucknow)
2. Dr. Perna Todi (Buddha Institute of Dental Sciences and Hospital, Patna, Bihar)  
Dr. Anmol Kedia (Buddha Institute Of Dental Sciences and Hospital, Patna, Bihar)
3. Dr. Niti Dharmendra Shah (K M Shah Dental College, Vadodara, Gujrat)  
Dr. Arya Abhay Dandwate (K M Shah Dental College, Vadodara, Gujrat)

**Competitive Table Clinic- Clinical**

- 1(A). Dr. Mamidi Kalyan Raj (Gitam Dental College, Visakhapatnam, A.P.)  
Dr. Bharani Kayatha (Gitam Dental College, Visakhapatnam, A.P.)
- 1(B). Dr. S. Rahul Raj (S R M Dental College, Chennai, Tamil Nadu)  
Dr. Thanish Ahamed (S R M Dental College, Chennai, Tamil Nadu)
- 2(A). Dr. C Bhagya (Sri Venkateswara Dental College, Chennai, Tamil Nadu)  
Dr. R Bala Subramanian (Sri Venkateswara Dental College, Chennai, Tamil Nadu)
- 2(B). Dr. Ankita Jaybhaye (M I D S R Dental College, Latur, Maharashtra)
3. Dr. Shivam Singh (Terna Dental College, Maharashtra)

**QUIZ****Dr. D. V. Nandakumar Memorial Trophy -1<sup>st</sup> Prize****Mulana Azad Institute of Dental Sciences, New Delhi**

1. Dr. Amrin Rizwana
2. Dr. Veenita Gupta
3. Dr. Shruti Mathur

**2<sup>nd</sup> Prize - K L E Society's Institute of Dental Sciences, Bengaluru, Karnataka**

1. Dr. P. Eshwar
2. Dr. Apoorva R. Kadam
3. Dr. Siddhant Angle

**3<sup>rd</sup> Prize - Govt Dental College and Institute, Bangalore**

1. Dr Nikhil PM
2. Dr Haritha Urukalan
3. Dr Shreya Shetty

**3<sup>rd</sup> Prize - Armed Force Medical College, Pune, Maharashtra**

1. Dr Maj. Rajinder Pal Singh
2. Dr Maj. Amit
3. Dr Maj. Mohammad Sharif



## ORTHOSCOPE -2023

### DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS, RAJASTHAN UNIVERSITY OF HEALTH SCIENCES - COLLEGE OF DENTAL SCIENCES, JAIPUR 17<sup>TH</sup> AND 18<sup>TH</sup> MARCH, 2023

Orthoscope – 2023, an Indian Orthodontic Society Post Graduate Orientation Program, was conducted by Department of Orthodontics and Dentofacial Orthopaedics, Rajasthan University of Health Sciences – College of Dental Sciences (RUHS – CODS) on 17<sup>th</sup> and 18<sup>th</sup> March, 2023 at Hotel Golden Tulip, Jaipur. The organizing committee led by Dr. Seema Chaudhary (Organizing Chairperson) along with Dr. Saurabh Chaturvedi (Organizing Secretary), Dr. Vandana Kararia (Scientific Coordinator) and Dr. Deepak Goyal (Treasurer) welcomed all the delegates and postgraduate students who registered for this national event in good numbers. The total numbers of registrations were around 83. There were twelve esteemed guest speakers who delivered a series of wonderful lectures which helped the delegates to orient themselves towards the nitty gritty of the post graduation course. It was a great learning platform in which the students were made aware of the insights of the course. The inauguration ceremony started at 11 am. The Chief Guest, Dr. Sudhir Bhandari (Vice Chancellor, RUHS); the Guests of Honour, Dr. Balvinder Singh Thakkar (President, Indian Orthodontic Society) & Dr. Vinay Kumar (Principal, RUHS) along with Dr. Seema Chaudhary (Organizing Chairperson) & Dr. Saurabh Chaturvedi (Organizing Secretary) were the dignitaries on the dias. Dr. Shiva Ahuja Gupta and Dr. Divyaroop Rai (Conveners of Rajasthan Orthodontic Study Group) were also present for the coveted ceremony. The chief guest and the guests of honour were given a floral welcome by the organizing committee after Saraswati Vandana & lamp lighting. Dr. Balvinder Singh Thakkar (President IOS) handed over the mementos to the Vice Chancellor & Principal of RUHS - CODS. He delivered the Presidential address where he emphasised on need and significance of such orientation programmes. The ceremony concluded with the National Anthem. The inaugural ceremony was followed by lectures on both, Day 1 (17th March) & Day 2 (18th March). The eminent speakers and their lecture titles were:

Dr. Ajay Kubavat – Navigating through the PG life  
Dr. Ashish Gupta – Art of record making  
Dr. Pradeep Jain – Importance of preclinical work  
Dr. Raghunandan Chunduri – Clinical Photography  
Dr. Sridhar Kannan – Effective Communication – a key to compliance  
Dr. Sameer Sharma – Mental Conditioning & Stress Management  
Dr. Pradeep Raghav – Art of seminar presentation – what, when & how?  
Dr. Amit Bhardwaj – Importance of conferences and continuing dental education  
Dr. Ankit Sikri – Art of Scientific Writing & Publication  
Dr. Sonahita Agarwal – Synopsis Writing & Dissertation Protocols  
Dr. Vandana Kararia – Data Mining & J.C. presentation  
Dr. Siddharth Mehta – Good clinical practice



The concluding remarks along with the vote of thanks were delivered by Dr. Saurabh Chaturvedi. The certificates were distributed to all the delegates in the valedictory function which was followed with high tea and a group photograph.





**International Orthodontic Symposium 24<sup>th</sup>-26<sup>th</sup> March 2023 Coorg**

The First India International Orthodontic Symposium (IIOS) took place from March 24<sup>th</sup> to 26<sup>th</sup> at the Coorg Institute of Dental Sciences (CIDS). This symposium marked a significant milestone in the field of orthodontics, bringing together experts, scholars, and practitioners to explore the transformative aspects of orthodontics. The event also coincided with a unique transitional phase in the world of medicine, characterized by the impact of innovations, evolving techniques, and the response to the Covid-19 pandemic. The symposium was characterized by a diverse range of discussions, presentations, and interactions, all focused on the future of orthodontics in the face of global challenges. Notably, many of the topics chosen for oration held a direct relevance to the changes in clinical dentistry pertaining to machine learning and aligners.

One of the key topics was the integration of Predictive Algorithms for remote patient follow-up and care. This theme gained prominence during the pandemic when long-distance healthcare became a necessity. Speakers discussed the successful utilization of such algorithms in providing efficient and effective patient care from a distance.

The symposium witnessed the presence and valuable insights of several distinguished speakers from around the globe:

Dr. Aladin Sabbagh, Prof. Dr. Chung H. Kau, Prof. Dr. Dhirawat Jotikasthira, Dr. Ivana Dubovska, Dr. Jan V. Raiman, Prof. Dr. Nezar Watted, Prof. Dr. O.P. Kharbanda, Prof. Dr. Peter Borbely, Col. Dr. Rajat Mitra, Prof. Dr. Ralf Radlanski, Dr. Shadi S. Samawi, Dr. Simona Dianiskova, Prof. Dr. Sridevi Padmanabhan, Dr. Poomsthira Jotikasthira, Dr. Eva Viesenbacher, Dr. Badarinath S. These esteemed professionals shared their expertise and insights on various aspects of orthodontics and its evolving landscape.

The success of IIOS would not have been possible without the collective efforts of various individuals and entities. The symposium received support from the Indian Orthodontics Society, Bengaluru, along with industry partners like Dentsply Sirona, Garmy, and Smile Aligners. The scientific committee, led by Dr. Anmol Kalha, played a pivotal role in ensuring the participation of renowned international experts. Special recognition is also due to Dr. Balvinder Singh Thakkar, Dr. Silju Mathew and Prof. Dr. Anil Kumar Chandna for their gracious presence at the event. The symposium was also enriched by the dedication of Dr. Gautham Reddy, Dr. Sanju Somaiah, Dr. Sujith Mathew, and Dr. Akshatha, who contributed to the event's success through their efforts. The First India International Orthodontic Symposium (IIOS) at Coorg Institute of Dental Sciences marked a significant step forward in orthodontic innovation and collaboration. The symposium's discussions and interactions have contributed to a deeper understanding of the transformation underway in orthodontics, and its adaptation to the challenges of the present and future. The proceedings of the conference, to be published as a special edition, will undoubtedly preserve the wealth of knowledge shared by experts for the benefit of future generations.





### Ranthambore IOS Wildlife Photography Program

IOS wildlife photography program was conducted at Ranthambore from 30<sup>th</sup> March to 2<sup>nd</sup> April. It was conducted under the leadership of Dr. Balvinder Singh Thakkar President of IOS, Dr. Raghunandan, Dr. Vaibhav Mishra, Dr. Kuldeep Demello, Dr. Shubhaker were the organizing team. It was well attended by 24 orthodontists from all over India. The safaris were spread over a period of 2 days, 4 safaris. There was wide ranging sightings of tigers, birds and other wildlife. IOS president hosted a dinner for all the participants at Jaipur on 29<sup>th</sup> March before the team proceeded to Ranthambore, the evening banquet was well attended and was a great time for bonding at Ranthambore.





## ROAR-2023

The 8<sup>th</sup> edition of Ramachandra Orthodontic Accelerated Review was conducted on April 3<sup>rd</sup> to 5<sup>th</sup> 2023. ROAR which has been a part of the IOS calendar for some years now, is a program specially designed to be a rapid review on topics of academic and clinical interest and is intended to be a finishing school experience for exam going PGs and an eye opener for the younger batches. Several distinguished faculty across the country shared their experience and expertise. The unique feature of this 8<sup>th</sup> edition was a special module on functional appliances with case presentations by students, discussions and demonstrations by faculty of SRIHER. Another interesting aspect was the quiz that the delegates participated in with much gusto with several teams winning prizes. The programme was inaugurated in the August presence of the President and Hon. Secretary of the IOS, Vice Chancellor and Dean of SRIHER.



### **I.T.S- CENTRE FOR DENTAL STUDIES & RESEARCH, GHAZIABAD, DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS. A REPORT ON NATIONAL INTEGRATED TYPODONT WORKSHOP 6<sup>TH</sup>-8<sup>TH</sup> APRIL 2023.**

National Integrated Typhodont workshop was held from 6th –8th April in association with the Indian Orthodontic Society. The program had the participation of more than 100 delegates from more than 30 different colleges across India. The program lectures were held in R Ahmed hall and the hands on exercises were demonstrated and performed in the Artificial simulation lab. The course participants were provided with course material and a video manual for future reference. The objective of this three day comprehensive program was to teach various fixed and removable orthodontic techniques and basic wire bending to the post graduate students. The program saw an array of reputed speakers from different parts of the country coming together to impart their knowledge and skills. Around 116 participants attended the program.







## MID YEAR CONVENTION, VIETNAM

### Day 1 – Saigon arrival and city tour

It was 7 AM on 9th April when Tan son Nhat international airport in Ho Chi Minh City of Vietnam witnessed the warm hugs and bright smiles of delegates coming from different ports for 19th midyear convention organised by Indian orthodontic Society under the guidance of Dr Balvinder Singh Thakkar, president IOS, and a very promising team led by Dr Sarabjeet Singh Dr Anshu Kalra and Dr Sukhdeep Singh Kahlon. After providing all the delegates with the Sim card so that the connectivity does not suffer at any cost, two luxurious buses took the delegates to Hotel Pullman, Saigon centre, where the guests were welcomed with a traditional welcome drink – Honey ginger tea. Post check in the delegates had the breakfast and soon after assembled in the lobby for beginning the Saigon city tour.

### Day 2 – Cu chi tunnels

On 10th April, the day started with a wonderful yoga session conducted by Dr Jyoti Rahalkar. The stretches done in the beginning of the day did take away a lot of tiredness of the journey from previous day. After this everyone got ready, had their breakfast and we all headed for cu chi tunnels. It was almost an hour long journey but the activities like singing old Bollywood numbers and Antakshari made it seem like a small one. After having a look at the beautiful creations, we entered Cu chi tunnels. The first activity there was getting inside a small tunnel covered with lid later on to get all the feels. Many delegates excitedly used this opportunity to get inside this small dark dungeon however, some choose not to. Later on after walking for some distance, there was a representation of how the military training was done and weapons were made. Few delegates even tried their hands on gun shooting at the tunnel. Post this tour and witnessing how difficult life the Vietnamese soldiers lived, However, the highlight remained the cake cutting and birthday celebration done for Dr. Mona Lisa Kahlon. We got to gobble some delicious chocolate cake that day.

### Day 3

The day of scientific session started at around 8:30 AM in the presence of all the senior delegates. After the first few scientific presentations were done, delegates were served tea and breakfast at the hotel. Soon after breakfast there was a presentation by Dr Phan Nu Hai which was followed by a presentation on history of IOS by our honourable President Dr Balvinder Singh Thakkar. At 11 AM the inaugural function started with lighting of lamp by Dr Balvinder Singh Thakkar president IOS, Professor Dong Khac Than, president VAO, Dr Jayesh Rahalkar-President elect IOS, Dr Sarabjeet Singh, Dr Anshu Kalra, Dr Sukhdeep Singh Kahlon. This was followed by Saraswati Vandana melodiously sung by Dr Jyoti Rahalkar and gracefully performed by Aruja Rahalkar. Dr Shiva conducted the event and it began by presenting a token of appreciation by MYC committee to the President IOS Dr. Balvinder Singh Thakkar, to Professor Dong khac Than -President VAO, Dr Anand Marya, our delegate from Cambodia, Dr. PHAM Nu Hai, Dr Nguen Thi Hai Quenh & Dr Hoang Viet who were the delegates from Vietnam. Dr Balvinder Singh Thakkar also presented an appreciation to the organising team of MYC and the delegates who participated in scientific presentations. The MYC committee presented a vote of thanks to every delegate starting from the most senior to the



most junior for their enthusiastic participation and appreciated the efforts of everyone to make this event a huge success. The delegates dressed up in the shirts given by IOS, headed towards the luxurious Indochina Queen Cruise and had a gala night on the cruise.

#### **Day 4 – Mekong Delta Tour**

Day four began with breakfast at Hotel Pullman and heading towards the Mekong Delta. This is Vietnam 's most productive agricultural area producing half of nations food crop. Upon reaching the site we took a motor boat and headed for lunch. Post this, all of us headed towards a boat and enjoyed the ride as the boat swiftly glided across the river. The serenity of the ride and scenic beauty around left everyone spellbound. It was after the boat ride. We headed towards a bus, enjoying the coconut water and admiring the sunset and sounds of chirping birds. On the way back to hotel, we stopped at one of the most beautiful and magnificent pagoda. The place was an architecture marvel along with being exceptionally picturesque. The tall Buddha statue, the beautiful bonsai, the old paintings, the whole thing was enthralling. The delegates tried their best to capture everything in the camera but certainly we were not able to capture what we saw. An hour later we reached the hotel, enjoying the bus ride. This evening was kept free for the delegates to explore the city on their own, for which local currency was also given to all of them in traditional envelopes. The suggestions proved to be extremely helpful for choosing the venue for dinner. It was our last night in Ho Chi Minh City, a city with splendid views, amazing locals and delicious food. It was informed to us that we have to leave early the next day, but this did not come in the way of people making the last night a memorable one in the city.

#### **Day 5 – Da Nang arrival**

“A beautiful morning”, makes sure that the rest of the day continues to be beautiful and a similar thing happened on the morning of April 13, 2023 – the day for the delegates to leave the city for a new destination. Around 11:30 am we landed at Da Nang airport and from there we straightaway headed to see the wonders which the city held for us. Our first stop was Love Lock bridge. It was from the bridge that the delegates enjoyed the view of magnificent dragon bridge over river Han. The bus stopped there for some time and delegates captured the beauty of this place. Next up we headed to monkey Hills. The drive to monkey hills was a splendid one with mountains on one side and beach on another. It actually became very difficult to decide where to focus. Monkey hills had a very scenic view to offer. The first thing we saw was Ling Unh pagoda. The inspiration of this came from a mysterious Buddha statue that washed up on the beach below one day. In all the villages built the shrine in its honour, believing it would protect them from harsh weather. Next we saw the tallest Buddha statue in Vietnam of Lady Buddha, also known as goddess of mercy. The day was a really long one but the journey was worth it.

#### **Day 6**

The day started a little early for many delegates on April 14' 23 in hope of witnessing the sunrise at the My khey beach situated around hundred metres away from the hotel, After a refreshing morning at the beach and early breakfast we started our journey towards Ba Na Hills, there also called as the greenlung of Da Nang and were one hour drive from a hotel to reach



the top of Ba Na Hills. After this everybody got busy with the preparation of gala night which was supposed to start within an hour. the last stop for the tour was Naman resort where a presidential dinner was arranged. Dressed in all black everyone looked entrancing. The ambiance was seamless, the food was delicious, the vibe was startling and everyone was enjoying, dancing and smiling. By this time all the delegates who were unknown to each other in the beginning became one big happy family. It was the last night of MYC, the emotions were mixed and it was time for wrapping up this wonderful trip and bid good bye to everyone. But we know, “goodbyes are not forever, goodbyes are not the end. They simply mean stay in touch until we meet again.” And with this we concluded 6 days full of love and laughter. The entire organizing team of MYC along with the travel partners made sure that every delegate carry home with them a box full of memories which will be cherished for lifetime.







### National Typodont Workshop (South Zone) 11<sup>th</sup>-13<sup>th</sup> May 2023, Chennai

The National Typodont Workshop organized by the Indian Orthodontic Society (IOS) and the Department of Orthodontics at SRM Kattankulathur Dental College and Hospital in Chennai was a significant event in the field of orthodontics. The workshop brought together 140 postgraduates from 34 dental colleges across India, creating a platform for learning and skill development. The workshop aimed to enhance the postgraduates' understanding of orthodontic techniques and treatment methodologies through practical hands-on sessions using typodont models. The event provided an excellent opportunity for postgraduates to interact with experienced faculty members and experts in the field of orthodontics. Participants had the chance to learn from their expertise, exchange knowledge, and gain insights into the latest advancements in orthodontics. Through lectures, demonstrations, and interactive sessions, the workshop covered various aspects of orthodontics, including Begg Technique, MBT Technique, Functional and Orthopedic appliances, Various Loops, Lingual Technique, TMD Splint fabrication, Direct Printed Aligners. The emphasis on practical training with typodonts allowed the participants to develop and refine their orthodontic skills under the guidance of experts. The National Typodont Workshop not only enhanced the clinical skills but also fostered professional networking and collaboration among orthodontic postgraduates from different dental colleges across India.





### World Orthodontic Health Day 15<sup>th</sup> May 2023 7 DUCAR

I am Second in Command (Dr) Firdous Ahmad Najar, working as a Dental Officer in Assam rifles (LM4892). I am officer commanding NO. 7 Dental Unit Assam rifles which is in district Tuensang, Nagaland. On World Orthodontic Health Day, I carried out an extensive awareness campaign involving three Schools, Govt Higher Secondary Tuensang, St Jone's Higher Secondary School Tuensang, Assam Rifles High School Tuensang and three military establishments, NO. 7 Dental unit/Hospital Assam Rifles, 28 Battalion AR, HQ 7 Sector AR. Almost 2000 students participated in the campaign and 500 Assam Rifles troops. It took about



4 days of preparation for the event. Children are the future of the Nation. They are real messengers of correct information. Since this area is an insurgency affected area due consideration was given to the security arrangements. Also an ambulance was on standby for any medical emergency. First a lecture was conducted at Govt Higher Secondary School Tuensang to increase awareness about Specialist orthodontic Services and Oral Health. It was attended by more than 400 Students, Teachers and Principle. Students were made to understand the different specialities in dentistry. Growth Modification, Comprehensive treatment and Adult Orthodontics was explained in easily understandable language. WFO prescribed poster and true logo of WOHD without any alteration were used.

**Second event:** Awareness march in Tuensang town. Students of St Jone's Higher Secondary School Tuensang and Assam Rifles High School Tuensang participated in the campaign. Although the weather was not conducive, students participated with full motivation and energy.

**Third event:** Declaration of Dental hospital to increase awareness among masses. Portable dental chair, WFO prescribed posters and the actual logo was used. Since in the military we have people from all the corners of India that is how Rangoli was made in the dental hospital. It took six hours of hard work by two ladies to replicate the actual logo with due consideration to the colours and size.





**Govt. Higher Sec School, Tuensang**

A lecture was conducted at Govt Higher Secondary School Tuensang to increase awareness about Specialist orthodontic Services and Oral Health. It was attended by more than 400 Students, Teachers and Principle. Students were made to understand the different specialities in dentistry. Growth Modification, Comprehensive treatment and Adult Orthodontics was explained in easily understandable language. WFO prescribed poster and true logo of WOHD without any alteration were used.

**World Orthodontic Health Day -15<sup>th</sup> May 2023**

On 15th May 2023, the Department of Orthodontics at the esteemed Faculty of Dental Sciences, IMS, BHU Varanasi celebrated World Orthodontic Health Day. The department decorated the department and cut a cake to celebrate. Orthodontics Post Graduate students, under graduate interns, and teachers gathered and discussed the present standards for the treatment aspects of orthodontics and their potential future. Faculty teachers instructed students on patient management and treatment goals. The orthodontics section lectured the general population about the need of maintaining oral cleanliness, treating misaligned teeth, and treating misaligned teeth. Attendees and patients were talked about orthodontic therapy and issues that came up when getting braces. The public was informed of the various treatments that were offered by the orthodontics. Social media was also used to share knowledge and awareness. Better aesthetics and the advantages of maintaining proper dental hygiene were covered. It was discussed how little and significant aesthetic advancements affect teenagers' social lives. After getting the crooked teeth fixed, Ness's social life improved along with her confidence and ability to interact. Additionally, patients were instructed on how to properly inspect their teeth on a regular basis, and numerous treatment-related myths were dispelled in order to improve the doctor patient connection.





### Teerthanker Mahaveer Dental College and Research Centre, Bagadpur, UP

Department of Orthodontics and Dentofacial Orthopedics, Teerthanker Mahaveer Dental College and Research Centre, Bagadpur, District- Moradabad, U.P. celebrated 'WORLD ORTHODONTICS HEALTH DAY' on 15th of May 2023 by the invaluable support and guidance of Shri Suresh Jain, Chancellor, TMU and Shri Manish Jain, Group Vice Chairman, TMU, Dr. Manish Goyal, Principal TMDRC and Head of Department of Orthodontics & Dentofacial Orthopedics, Dr. Mukesh Kumar, Professor, Department of Orthodontics & Dentofacial Orthopedics. The program was also graced by the presence of Dr. Manjula Jain, Dean Academics, TMU. On this occasion various events were organized by the department which included Slogan competition (related to orthodontics awareness) and 3D wire bending competition. Both under graduate and post graduate participated enthusiastically in the competitions. As the World Federation of Orthodontists say that "The World Unites When People Smile" and WOHD is celebrated to mark global celebration of Orthodontics and healthy smiles. So, here is a small description about how we celebrated this day.

It is my pleasure to inform you that an initiative was taken to create awareness for orthodontic treatment. For the same, slogan competition was held and many interesting slogans were made by undergraduate students. 3D wire bending competition was also organized as a fun activity and to arouse excitement amongst the budding Orthodontists ie; post graduate students from the Department of Orthodontics & Dentofacial Orthopedics. I am glad to report that marvelous pieces of art were submitted by students. After an adept computation, the winners were selected by Dr. Manjula Jain and Dr. Manish Goel. After the declaration, the winners were awarded with the certificates. It was a great program and the involved staff members and students made it successful. Many such programs along with CDE programs and many events gets organized by TMDRC under the invaluable guidance of Dr. Manish Goyal, Principal, TMDRC and we intend to continue this in future too. So, I am hereby submitting the report of various events organized to commemorate the World Orthodontics Health Day along with photographs.





Tandon were also present on the occasion. The lecture elaborated on health benefits of Orthodontic therapy besides creating a harmonious smile and also the digital transformation of orthodontic appliances. Dr Ram Autar, Head of Department at Career Dental College organized lectures for under privileged children's to enhance their knowledge on the outcome of orthodontic treatment. Posters and Rangoli competition was also organized in the institution to raise awareness amongst masses. Chandra Dental College, Lucknow, under the guidance of Dr Shirish Srivastava organized an E Poster competition about "Facts to know about Orthodontic treatment" along with Tree plantation and Rangoli. Department of Orthodontics and Dentofacial Orthopaedics at Saraswati Dental College under the Headship of Dr Ragni Tandon organized a wire bending competition for students of BDS final year and interns. A Reel-making Contest was also organized for post-graduate and under graduate students raising awareness about orthodontic treatment amongst general public. A lecture was also delivered in Saraswati Nursing College for creating awareness regarding orthodontic specialty. Informative sessions were organized for patients and a quiz competition for students was also organized in the department. The celebrations ended with refreshments for all the students and faculty. World orthodontic health day was celebrated by the Department of Dentistry at Dr RMLIMS, Lucknow. On this occasion an awareness program on importance of orthodontics was conducted by Dr Shally Mahajan and Senior Resident Dr Babita Yadav amongst the patients visiting the Department. They also along with a team of medical interns went to the rural area, and oriented general public by distributing pamphlets at the PHC centre and delivered a lecture on importance at the Government primary school ujjario. Free gifts, toothpaste samples and medicines were also distributed to all the students and faculty of the school. All in all a day well spent and celebrated.





### **WORLD ORTHODONTIC HEALTH DAY IN ASSOCIATION RAJENDRA INSTITUTE OF MEDICAL SCIENCES, RANCHI**

DENTAL INSTITUTE, RIMS, RANCHI is an undergraduate Dental College in Jharkhand. The first batch of BDS students were enrolled in 2017. This is the first time when Orthodontic awareness program has been organized to celebrate WORLD ORTHODONTIC HEALTH DAY on 15-05-2023 by our Department of Orthodontics and Dentofacial Orthopedics to spread awareness about orthodontic treatment and its impact on one's life, among the students and the general public. All the BDS students and interns took part with a lot of enthusiasm and joy in creative wire bending, face painting, poster making and rangoli competitions. I am sending a compilation of the glimpse of the events in the pdf format in the attachment folder along with pics of the events. Dr Anurag Rai, Prof and Head, Patna Dental College and Hospital graced the occasion and judged the events. Kindly find the same.





### **Index Institute of Dental Sciences Indore (M.P)**

World Orthodontic Health Day 2023 was celebrated in the Department of Orthodontics and Dentofacial Orthopedics, at Index Institute of Dental Sciences Indore (MP), Malwanchal University, on 15th and 16th May 2023. On 15th May, the celebration commenced with the competitions with the theme “Trends in Orthodontics” under various categories like Eposter, Meme, Slogan, and Orthodontic Models. On 16th May, to commemorate this special occasion, Dr. Virag Bhatia was invited as a chief orator for this event, he delivered a guest lecture on ‘Orthodontic Management of Cleft Lip and Cleft Palate from Birth to Adulthood.’ The lecture was enlightening and thought provoking. Following this, the prize distribution was carried out for the winners with certificate distribution. This memorable event came to an end with a vote of thanks delivered by Dr. Himanshu Kanungo, Professor and Head of the Department. Respected Dean Dr. Satish Karandikar, all the Head of the Departments, Dr. Himanshu Kanungo, Professor Dr. Mukesh Gupta, Professor Dr. Kratika Mishra, Associate Professor Dr. Akanksha Soni Assistant Professor along with Undergraduate and Post-graduate Residents celebrated the World Orthodontic Health Day with great enthusiasm. Students actively participate and contributed to the success of the event.



### **Sibar Institute of Dental Science**

On the glorious occasion of World Orthodontic Health Day 2023 celebrated on the 15th of May, the Department of Orthodontics and Dentofacial Orthopedics, SIBAR Institute of Dental Sciences had organized distinctive programs portraying the potential and pride of the Orthodontist fraternity. The week-long celebration was launched with an Oral Health Awareness program among the patients who visited the Institute endorsing the importance of oral health, that was followed by the distribution of Oral hygiene kit to the participants. Our department has always endeavoured in rendering community service to the underprivileged. As a reaffirmation, the department delivered Functional Appliances free of charge for the patients who required growth modification therapy and visited our Institute during the week of celebration. An enrichment program on the significance of Orthodontic health was conducted by the faculty of Department of Orthodontics and Dentofacial Orthopedics among the undergraduate students which was accompanied with an Oral screening program. An e-poster competition was conducted among the students of third and final year BDS to kindle their interest and enhance their clinical proficiency in the field of Orthodontics. To top it all, the Department faculty, Post-graduate residents, Interns and the assistants enthusiastically participated in the Clinic and Department of Orthodontics Decoration Contest held by the esteemed Indian Orthodontic Society. The department and the clinic were ceremoniously lit



with balloons, garlands and posters. A photo booth was set up for the students and patients to take snaps of their proud smiles. A magnanimous Rangoli art enhanced the ambience of the department. With cheer in the air and joy in the heart, we stand together as proud orthodontists, straightening smile.



### **Regional Dental College, Guwahati**

Celebration of World Orthodontic Health Day was finally concluded by Guwahati OSG along with Department of Orthodontics, Regional Dental College with patient awareness program in form of lecture and fash mob, reel and slogan competition among all the students of the dental colleges of Assam, cake cutting and finally visit to the shelter home under Indian Council of Child Welfare, Assam State Branch for dental screening, free lunch distribution. It was indeed a great experiences to see the happy little faces. Also three girl students who did well in Class 10 board exam was also felicitated.



### **Anil Neerukonda Institute of Dental Sciences- Visakhapatnam.**

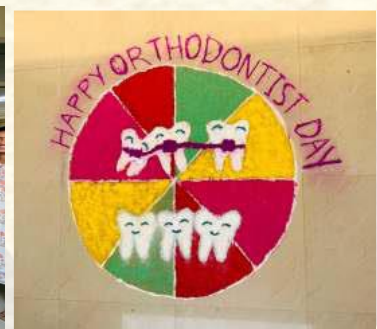
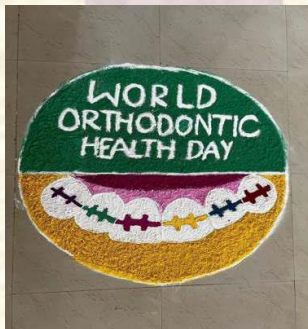
Warm wishes from the Department of Orthodontics. We are happy to inform the head office that World Orthodontic Health Day was celebrated in an immoderate way in our college. We herewith bring the report of the activities and events conducted in our college during the Orthodontic week. The following events were held from 15th -17th May, 2023. Opening ceremony: The Orthodontic week was commenced with an opening ceremony held on 15th May 2023 in Anil Neerukonda Institute of Dental Sciences- Visakhapatnam. Program was started with a prayer song by Interns and followed by lamp lightening. Dr. Uday Kumar Digumarthi, Professor and Head of the Department, EC member – Indian Orthodontic Society presided over the function. He addressed the occasion with an introductory speech on the foundation of Orthodontic Society and the base for the celebration of World Orthodontic Health day. The principal and various Heads and staff of all the departments were invited. A few patients who are undergoing orthodontic treatment were invited to share their personal experiences and the program was led further with cake cutting by postgraduate students. The following are the different events organized during the whole orthodontic week.



**15th May:** wire bending competition was conducted for undergraduate students on orthodontics.

**16th May:** Screening camp was conducted by our Postgraduates at Engineering College, near Thagarapuvalasa. During the camp session, awareness about orthodontic treatment was elaborated by Dr. Uday Kumar Digumarthi, Professor and Head and Dr. Tarakesh Karri, Reader, Department of orthodontics.

**17th May:** Valedictory function was held on 17th May and prizes were distributed to the winners. Vote of thanks was given by Dr. Anil Chirla, professor, Department of orthodontics. The Department was decorated on festive mood all the three days and please find here with videos and photos of the activity attached.



### **Buddha Institute of Dental Sciences and Hospital, Patna, Bihar**

World orthodontic health day is a perfect day and time to know in detail about your orthodontist and the type of care they provide. We would like to take an opportunity that on this special day that we created awareness about what an orthodontist can do. The whole programme was organised at Buddha Institute of Dental Sciences and Hospital, Patna, Bihar. Awareness was created in terms of role of an orthodontist in handling cleft lip and palate cases, syndromic patient, mentally disabled patient, orthognathic surgery and various other aspects related to orthodontics. This helped our patient to solve many of their queries. Special offers were provided on this day along with it gift hampers were distributed. We tried to fulfil the real means of slogan “World unites when people smile” given by World Federation of Orthodontist. Any event cannot be successful without the team work. So, as Head of department I Dr. Amesh Kumar Golwara would like to thank my team member Dr. K.H Sudheer, Dr. Neal Bharat Kedia, Dr. Rashi Chauhan, Dr. Sovendu Jha, Dr. Anjali Koul, Dr. Pallavi Kusum, Dr. Richa Shree, Dr. Gunjan Kedia and Dr. Amit Kumar.





### SRM Dental College, Kattankulathur, Chennai

The Department of Orthodontics at SRM Kattankulathur Dental College celebrated World Orthodontic Health Day with great enthusiasm and creativity. The event featured various activities aimed at raising awareness about orthodontic health and promoting oral hygiene. To kickstart the celebrations, a flash mob was organized, where a group of students performed a synchronized dance routine in a public area. The flash mob not only attracted attention but also served as a fun and engaging way to capture people's interest in orthodontics. Following the flash mob, Prof and Head Department of Orthodontics, SRM Kattankulathur Dental College and Hospital Dr. Deepak Chandrasekharan has given speech creating awerness about orthodontic treatment and importance of orthodontic treatment. Dean Dr. N. Vivek has addressed the gathering regarding the facilities available at SRM Kattankulathur Dental college for creating beautiful smiles, followed by orthodontic awareness rally took place. Participants, including students, faculty members, and volunteers, marched through the SRM University campus, holding banners, posters, and placards promoting the importance of orthodontic health. The rally aimed to reach a wider audience and spread awareness about the benefits of orthodontic treatment and proper oral care practices. In addition to the flash mob and rally, the Department of Orthodontics organized pamphlet distribution as part of their awareness campaign. Pamphlets containing valuable information about orthodontics, types of braces, and the significance of maintaining proper dental alignment were handed out to the public. This initiative allowed for direct communication and education about orthodontic health. The World Orthodontic Health Day celebrations by the Department of Orthodontics at SRM Kattankulathur Dental College showcased their dedication to promoting oral health and creating awareness about the role of orthodontics in maintaining a healthy smile. The combination of a lively flash mob, an impactful rally, and informative pamphlet distribution ensured that the message reached a wide audience, empowering individuals to prioritize their oral health and seek appropriate orthodontic care when needed.





### 1<sup>st</sup> National Integrated Advanced Typhodont Workshop

The First National Integrated Advanced Typhodont Workshop was organised at Modern Dental College & Research Centre, Indore under the aegis of Indian Orthodontic Society in collaboration with Madhya Pradesh Orthodontic Study Group (MPOSG) on 29<sup>th</sup> and 30<sup>th</sup> May, 2023. This first of its kind path breaking event was attended by more than 100 delegates (both life members and postgraduate students) from all over the country. Enriching sessions on topics like Clear Aligners, TADs, Surgical Orthodontics, TMDs etc. along with demonstrations and hands on components were the soul of this prolific event.

The Chief Guest of the inaugural ceremony was Honourable Vice Chancellor of M.P.M.S.U. and EC Member of Dental Council of India, Dr. Ashok Khandelwal. Along with him, Founder Chairman of Modern Dental College, Dr. Ramesh Badlani; Director, Mr. Mohit Badlani; President IOS, Dr. Balvinder Singh Thakkar & Honorary Secretary IOS, Dr. Sanjay Labh were the special guests at the ceremony.

Organizing Chairman, Dr. Ashish Garg; Organizing Secretary and Dean - Modern Dental College, Dr. Amit Bhardwaj; Scientific Convenor, Dr. Madhur Navlani; Treasurer and Convenor – MPOSG, Dr. Suryansh Dilliwal were also present at the event.

### Clear Aligners

Dr. Vaibhav Misra explained the complete digital workflow and essentials of 3D printing. Dr. Chintan Valia took an informative lecture on Treatment Planning and Staging. Dr. Abhishek Gupta took another lecture on In House Aligners and also gave hands on demonstration on designing of Aligners along with laboratory demonstration of 3D printing.

### TADs

Dr. Suryakanta Das took a lecture on basics of temporary anchorage devices and also demonstrated the use of inter radicular TADs. Dr. Sanjay Labh took the lecture as well as a demonstration of IZCs and BSS. All participants were provided dummies of maxilla, mandible, screws and drivers. Table demonstrations and hands on were conducted by both the esteemed speakers.

### Surgical Orthodontic Planning

Dr. Aravind Kumar and Dr. Srirenalakshmi from Saveetha Dental College jointly conducted this session. Conventional surgical planning and splint fabrication was demonstrated on a



skeletal Class III case model mounted on an articulator to the students in the first part and the surgical digital planning was also explained and demonstrated on various softwares. A wide plethora of cases were also shown to the participants for a better understanding of the subject.

### TMDs

Dr. Puneet Batra conducted the session on TMDs with a brief lecture, demonstration of T Scan on a patient and table demonstration on NTR device fabrication. All the participants were provided with a certificate, a pen drive, additional reading material and softwares used in the workshop. A gala banquet dinner was organized for all the guests and life members at the prestigious Yeshwant Club on the evening of 29<sup>th</sup> May, 2023



### IOS ZONAL PG CONVENTION 2023, SALEM

Warm greeting from organizing committee! The IOS Zonal Postgraduate Convention 2023 was held at Vinayaka Mission's Research foundation (Deemed to be university), Salem from 8th to 10th June. The organizing committee expresses its gratitude to IOS fraternity for its support and appreciation. The convention was graced by presence of more than 350 postgraduate delegates and 70 life members. We received registrations from 57 dental colleges across south India. Our panel of guest faculty speakers and course directors were from across



India and even abroad. The scientific content was a unique mix of well-balanced topics, keenly structured to represent every aspect of orthodontics. The three day program started with pre-convention courses and student scientific presentations on its first day. - 8th June 2023. Pre-convention courses: - A total of three courses including two hands-on courses were conducted for about 5-8 scientific hours each at different venues. The course directors comprised of 4 National speakers and 1 International speaker. The student scientific sessions were flooded with 300 scientific presentations including 114 papers, 164 posters and 22 table clinic presentations. Competitive scientific paper presentations consisted of 73 competitive papers of 10 minutes each in 3 categories (32 research category, 39 clinical category and 2 clinical innovation). Competitive poster presentations were of 8 minutes each in 3 categories (15 research category, 14 clinical category and 25 general category). The 22 table clinic presentations were in 2 categories i.e. research and clinical innovation. Non-competitive presentations included 41 noncompetitive papers and 110 poster presentations.

### Day 2 & 3 - 9<sup>th</sup> & 10<sup>th</sup> June 2023

The guest speakers were invited from all over the country. The scientific schedule was tailored almost at par with national conference and was true to the theme of the convention “EXPLORE NEW HORIZONS”.

The faculty guest lecture sessions had

- 22 guest lectures
- 1 master class
- 1 panel discussion
- 2 International speakers
- 25 Guest speakers

The gala banquet commenced at 6 pm with cultural sessions followed by inauguration and banquet. The occasion was graced by Dr. U.S. Krishna Nayak, Chief Guest Of the event, Past President, Indian Orthodontic Society. The gathering was felicitated by Dr. Balvinder Singh Thakkar, President of IOS, Dr Shailesh Shenava Vice President, Dr. Sanjay Labh, Hon. Secretary, Dr. J. Sabarinathan, Organizing Chairman, Dr. Prabhakar Krishnan, Organizing secretary, and Dr. Anusuya V, Scientific Chairman.

### Valedictory function

The winners for student scientific presentations were awarded by organizing chairman Prof. Dr. J Sabarinathan, Organizing Co-chairman Prof. Dr. S Nagalakshmi, Organizing secretary Dr. Prabhakar K and Scientific chairman Dr. Anusuya V







### National Typhodont Workshop (West Zone) 16<sup>th</sup>-18<sup>th</sup> June 2023

The Department of Orthodontics and Dentofacial Orthopedics at Karnavati School of Dentistry in association with the Indian Orthodontic Society and Gujarat Orthodontic Study Group held the National Integrated Typhodont Workshop, West Zone, from June 16<sup>th</sup>- 18<sup>th</sup> 2023. The event was organised by Chairman, Dr Ajay Kubavat, Co-Chairman Dr Aakash Shah, Organizing Secretary, Dr Alap Shah, Joint Secretary, Dr Dhaval Somani and Dr Rahul Muchhadia and team consisting of Dr Anisha N. Prasad, Dr Kinnari Shah, Dr Bharvi Jani and Dr Hemangi Raithatha.

The event was an unprecedented success, despite Cyclone Biparjoy, benefitting 150 students from across the western states. Eminent speakers from across India shared their experience both through lectures and highly interactive Hands On demonstrations. For the Hands on sessions all the students were provided with material and soft copy of instructions manual and guided through by experienced faculty as table instructors.

Day 1 saw Dr Vignesh Kailasam kick start the event with Standard Edgewise lecture and Hands on Demonstration. Students enthusiastically participated in the first wire bending session of the event under his wing.

This was followed by the official Inaugural Ceremony of the Workshop with the felicitation of Indian Orthodontic Society office bearers and other eminent dignitaries on stage. The chief guest for the occasion was Dr Deepak Shishoo, Eminent Physiologist and Ex- Vice



Chancellor of Karnavati University. IOS President, Dr Balvinder Singh Thakkar and IOS Secretary, Dr Sanjay Labh shed light about the IOS vision and various ongoing programmes conducted by the same.

Post- inaugural ceremony session of the day saw Dr Sanjay Labh and Dr Sarvraj Kohli jointly lead the shed light on Segmented and Loop mechanics in lecture and hands on format. The most commonly used loops were explained and demonstrated with their functions.

Day 2 started early with Dr Mahesh Jain covering Roth mechanics extensively followed by Dr Jayesh Rahalkar sharing his expertise in the MBT philosophy both in theory and practice. Students also got to experience bonding under his guidance.

Dr Dolly Patel through her lecture and Hands on session brought to light the relevance of Begg's treatment in the current times. Live demonstration by Dr Mahesh Jain was provided regarding the making of arch forms and auxiliaries.

The much awaited session of myofunctional appliances was conducted by Dr Puneet Batra in his usual charismatic style. Students had the opportunity to see a live bite registration demonstration on a patient and the steps involved in the same.

Day 2 ended with focus on current topics by Dr Digant Thakkar and Dr Dhaval Somani. Dr Digant Thakkar led the students through the process of fabrication and seemingly limitless possibilities of 3D printing. Aligner biomechanics was lucidly explained by Dr Dhaval Somani. Day 3 started off with the Self Ligation in Orthodontics lecture by Dr Pranav Chandrana followed Cleft Orthodontics by the expert, Dr Puneet Batra. Then came the highlight of the day, the live facebow transfer for orthognathic surgery demonstration by Dr K.M. Keluskar, who shared his knowledge and expertise on the subject. He briefed on the planning of the case, to the facebow transfer to splint fabrication.

The Session on Lingual orthodontics was taken by the expert, Dr Suryakanta Das. This was followed by lectures on Temporary Anchorage Devices by Dr Ketan Vakil and Dr Jeegar Vakil jointly and the session ended with Dr Aakash Shah elaborating on MARPE.

Lastly, on behalf of Gujarat Orthodontic Study Group, Dr Pranav Chandrana ended the day with the Vote of thanks thus concluding the three day educational extravaganza.





### **Ortho Gedi Amritsar “ A TADs Extravaganza” (Sri Guru Ram Das Institute of Dental Sciences & Research Sri Amritsar)**

A TADs workshop Ortho Gedi - Amritsar was held at Sri Guru Ram Das Institute of Dental Sciences & Research Sri Amritsar on 24<sup>th</sup> -25<sup>th</sup> June 2023 in association with Indian Orthodontic Society as IOS calendar event. The workshop was attended by 85 delegates. Both life members and student members of IOS participated. Eight distinguished speakers from across the country shared their experience about TADs. The scientific deliberations were structured to cover almost every aspect of TADs. Event was inaugurated by Vice Chancellor SGRD University of Health Sciences Dr Manjit Uppal. The event was graced by Dr Balvinder Singh (President IOS), Dr Sanjay Labh (Hon. Secretary IOS), Dr Shailesh Sheneva (Vice President, IOS), Dr Jayesh Rahalkar (President Elect IOS) & Dr Kavipal Singh (Principal SGRDIDS). Eminent IOS members of region were also present during the inauguration ceremony. Welcome note was addressed by Organising Chairman, Dr Sarabjeet Singh followed by honouring of dignitaries on and off the dias. An Orthodontic awareness poster was also released at inauguration and same was also used at Attari border for public awareness. Day 1 had lectures by Dr Anmol Kalha, Dr Jayesh Rahalkar, Dr Sanjay Labh & Dr Soumya SV. Dr Vivek Patni conducted hands on workshop in the afternoon session. Each participant was given two implants along with maxillary and mandibular models to place mini implants in different locations. Day 2 began with lectures by Dr Priyank Rai, Dr Sarvraj Kohli and Dr Jeegar Vakil. After this there was live placement of mini implants (IZC, Buccal Shelf and intraradicular ) in 14 patients. A total of 35 implants were placed in patients. Each delegate had the chance to see all the patients having implant procedure via video telecasting and also had firsthand experience standing right next to patients during the procedure. 40 Organising team Ortho Gedi



Amritsar thanks all delegates and Indian Orthodontic Society for giving us this opportunity. Feedback form from all delegates showed a great positive response. Hope to meet you sometime soon in Amritsar again. Signing off Dr Sarbjee Singh & Dr Sukhdeep Singh from “Amritsar- A blend of devotion and heritage.



### IIIrd Orthodontic Innovation Conclave -16<sup>th</sup> July 2023

IIIrd Orthodontic Innovation Conclave, 2023 is a brainchild of Indian Orthodontic Society which was initiated in the year 2020 with an idea of providing a forum for showcasing various innovations in the field of Orthodontics, both clinical and research oriented. The department of Orthodontics & Dentofacial Orthopedics of Dr. D. Y. Patil Dental College, Pune was given an opportunity to host this National IOS event on 16<sup>th</sup> July 2023. The program was conducted online with registration of 300 orthodontic delegates. The program commenced with a welcome speech from the Organising Chairman, Dr. Sonali Deshmukh. The chief guest for the inaugural function was Hon'ble Trustee - Dr. Smita Jadhav, Vice Chancellor - Dr. N.J. Pawar & Dean - Dr. D. Gopalakrishnan. The inaugural ceremony was attended by all the Office Bearers & EC members of Indian Orthodontic Society, eminent Speakers & delegates. The



inaugural function started with adorning the jewels to Dr. Balvinder Singh Thakkar (President, IOS) by Dr. Sanjay Labh (Hony. Secretary IOS) followed by an invocation song, the IOS Video & lamp lighting. The welcome address was given by Organising Chairperson – Dr. Sonali Deshmukh. The glimpse of the scientific program was given by the Scientific Chairperson – Dr. Chaitra Mastud. The program was addressed by President IOS – Dr. Balwinder Singh Thakkar, Hony. Secretary, IOS – Dr. Sanjay Labh, Guest of Honour – Dr. N.J. Pawar (Vice Chancellor, Dr. D. Y. Patil Vidyapeeth, Pimpri, Pune) & Dr. D. Gopalakrishnan (Dean, Dr. D. Y. Patil Dental College, Pimpri, Pune) & Chief Guest Dr. Smita Jadhav (Hon'ble Trustee, Dr. D. Y. Patil Vidyapeeth, Pimpri, Pune). The Chief Guest declared free incubation & mentoring to all the winners from the DPU Foundation & Entrepreneurship Centre. This center provides support to new ventures in their initial phases in terms of technology & knowledge by providing mentoring, networking, financial & acceleration support. The Vote of Thanks for the inaugural function was given by Organising Secretary – Dr. Sachin Durkar followed by the National Anthem. A total of six Keynote presentations were done by renowned speakers on different Orthodontic Innovations & methods of patents & grants. There were a total of 17 paper presentations from life members & student members from which four life members & two student members were declared winners for their presentations. There were a large number of participations in poster presentation category. The program was successfully concluded by the Valedictory function with the declaration of results & Vote of thanks by Scientific Chairperson – Dr. Chaitra Mastud.



## **2<sup>nd</sup> Invisible Orthodontics Symposium 21<sup>st</sup>- 22<sup>nd</sup> July 2023, Vizag**

The Department of Orthodontics of Gitam Dental College, Visakhapatnam, along with IOS conducted “2<sup>nd</sup> INVISIBLE SYMPOSIUM” on the 21<sup>st</sup>-22<sup>nd</sup> July, 2023 with the aim of reinforcing theoretical knowledge in the domain of aligners and lingual orthodontics. To introduce to the participants the current trends and possibilities through these new grounds of



treatment options. The symposium was graced by Beloved IOS president Dr. Balvinder Singh Thakkar, Secretary Dr. Sanjay Labh and vice president Dr. Shailesh Shenava. Renowned national speakers from across the country came to speak at the conference. Dr. Sanjay Labh, Dr. Padma Priya, Dr. Kavitha Iyer, Dr. Rekha Bharadwaj, Dr. Arun Nayak, Dr. Digant, Dr. Anshuman, Dr. Balaji Krishnan, Dr. Parameswaran, Dr. Dharmadeep who are at the forefront in the field of aligners and lingual orthodontics spoke in detail about all the aspects involved from commercial available aligners to setting up a in house aligner system and new approaches to treat complex cases. Dr. D. S. Raju symposium patron, Dr. Chalasani Srikrishna, chief advisor, Organising Chairman Dr. Y. N. Sasidhar, Organising secretary, Dr. N. Satish Varma, Scientific Chairman Dr.T. Ujwala, Treasures, Dr. B. Sudheer, Logistics Dr. E. Abhishek and the post graduates of the department worked well in tandem to make this event a success. The symposium was pre-designed such that overall learning was possible. The Principal of GITAM Dental College, Dr.D.S.Raju inaugurated the course and welcomed the resource persons and delegates. The Symposium curriculum was distributed over 2 days. The delegate's were from all over the country. Life members and Post graduates from various colleges attended the symposium with great interest and enthusiasm. A total of 16 papers and 18 posters were presented by delegates during the two days. A feedback was obtained from the participants and all expressed immense satisfaction in selection of resource persons and hospitality.





### **Grandeur 2023: A Spectacular Showcase of Orthodontic Expertise**

The Indian Orthodontic Society (IOS) added another feather to its cap with the successful execution of the 2<sup>nd</sup> IOS Case Report Symposium, Grandeur 2023. The event, which took place on the 1st and 2nd of August, marked a significant milestone in the field of orthodontics. Hosted as a digital event on the Zoom platform, it brought together orthodontists, academicians, private practitioners and PG students from across the country for an enriching experience. The symposium was organized by the Department of Orthodontics and Dentofacial Orthopedics at SCB Government Dental College, Cuttack, Odisha, under the able leadership of Dr. Surya Kanta Das as the Organizing Chairman and Dr. Ashish Kumar Barik as the Organizing Secretary.

#### ***Event Highlights and Participation***

Grandeur 2023 was marked by an impressive and engaging participation, with a gathering of over 80 thought-provoking case reports. This two-day event not only showcased a multitude of remarkable cases but also fostered an environment of knowledge exchange and collaborative learning. The symposium's reach extended far and wide, drawing the active involvement of 30 esteemed dental colleges from across India.

#### ***Distinguished Judging Panel***

The symposium's panels of judges were composed of renowned personalities in the field of orthodontics. On the first day, the judging panel consisted of Prof. N.G. Toshniwal, Prof. K. Jyothindra Kumar, and Prof. Ashwin Mathew George, while the second day was graced by Prof. N. SatishVarma, Prof. SiddarthShetty, and Prof. B.S. Chandrashekhar. Their collective wealth of experience added an extra layer of credibility to the event's proceedings, as they critically evaluated each case presentation.

#### ***Acknowledging Excellence***

The symposium's highlight was undoubtedly the recognition of excellence through awards. The Indian Orthodontic Society offered a prize of Rs 15,000 for the most astounding case presentation for Life Members, and Rs 10,000 for Student Life Members. The winners demonstrated exceptional skill and insight, showcasing their innovative approaches to complex cases.

Among the Life Members, Dr. George Jose Cherackal was awarded for the best case presentation, followed by Dr. Harshvardhan Shrimal in the second position, and Dr. Harpreet Singh securing the third spot. Among the Student Life Members, the best case presenter award went to Dr. Sowmithradevi Saravanan, while Dr. Manisha Prabhushankar Tripathi and Dr. Eshwar Puttaswamy claimed the second and third positions, respectively.

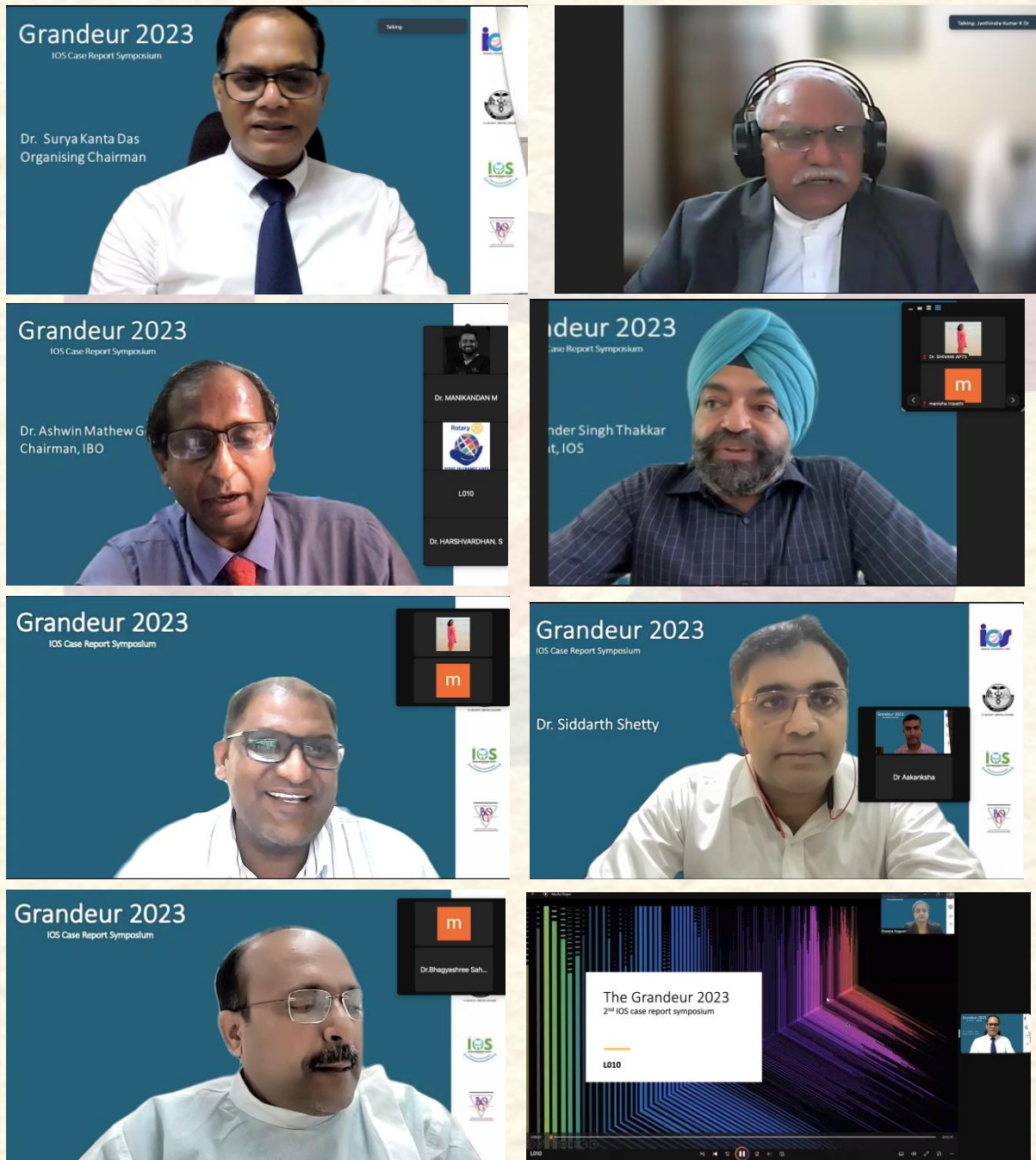
#### ***Unveiling Complex Cases***

The participants' case presentations brought to the fore a rich tapestry of orthodontic challenges and solutions. Complex scenarios such as skeletal class III deformities, management of multiple impacted molars, orthognathic surgeries, and cutting-edge techniques like 3D printing were expertly tackled. This symposium served as a melting pot of ideas, allowing clinicians and budding orthodontists to exchange insights and strategies.



### *An Event to Remember*

In conclusion, Grandeur 2023 proved to be a well-organized and impactful event that left an indelible mark on the orthodontic community. It acted as a motivational platform for clinicians, professionals, and aspiring orthodontists, igniting inspiration and innovative thinking. The symposium not only shared invaluable techniques and experiences but also reinforced the collaborative spirit of the Indian Orthodontic Society. Grandeur 2023 demonstrated that by coming together and sharing knowledge, the field of orthodontics can continue to evolve and provide effective solutions to even the most challenging cases.





**National Cleft and Craniofacial Orthodontics Program 3<sup>rd</sup>-5<sup>th</sup> August 2023, Bangalore**

The Department of Orthodontics & Dentofacial Orthopaedics, Dayanand Sagar College of Dental Sciences in association with the Indian Orthodontic Society and Bangalore Orthodontic Study Group conducted a three days National training program in Cleft and Craniofacial Orthodontics from 3<sup>rd</sup> -5<sup>th</sup> August, 2023.

A good number of Keynote speakers and Guest faculty (both national and international) graced this esteemed event. The program had a huge turnout with around 320 delegates from all over the country attending this program.

The national training program mainly focused on the treatment of patients having cleft lip and palate and other craniofacial anomalies. The incidence of cleft lip and palate varies by geographical region and population. On average, worldwide prevalence is around 1 in 700 live births, with slight differences between cleft lip (without palate involvement) and cleft palate (with or without cleft lip). Incidence can be higher in some ethnic groups and lower in others. It's important to note that these numbers can change over time due to genetic, environmental, and healthcare factors. Such anomalies often present as emotional social and psychological burden to both the parents and the affected child.

The treatment involves extensive care from a few days old infant up to early adult life. The treatment improves the child's ability to eat, speak and breathe properly. Early intervention can prevent speech and dental issues as the child grows. Additionally, addressing the cleft can boost the child's self-esteem and overall quality of life. Medical and surgical interventions, along with speech therapy and ongoing care, play a significant role in ensuring positive outcomes for individuals with cleft lip and palate.

The first day of the conference consisted of paper/poster/quiz competitions and many delegates participated. Hands on workshop focused on impression taking and fabrication of NAM appliances and it was conducted by our esteemed course director and mentors who were headed by Dr. Puneet Batra, Dr. Ashith M.V. and Dr. Virag Bhatia.

Day two included the inaugural ceremony which was graced by the presence of Honourable Governor of Karnataka, Mr. Thavar Chand Gehlotji. The lectures by the reputed international and national speakers (both from the field of Orthodontics and Oral surgery) went on as per the schedule.

Day three included lectures, panel discussion and hands on workshop. The panel discussion headed by Dr. Puneet Batra mainly focused on the various aspects of cleft care and problem solving in tougher cases topics. A question and answer session was also held at the conclusion of the program with which the delegates were able to get their doubts cleared. The program received a roaring response from all participants and it concluded successfully.





### **Digital Orthodontic- The Future Workshop, 12<sup>th</sup>-13<sup>th</sup> August 2023, AIIMS, New Delhi**

Digital technology has a significant impact on our day-to-day life. Integration of digital technology into various aspects of orthodontic treatment is surely, the need of an hour. High-end training workshop on Digital Orthodontics: From Basics to beyond was organized by the Division of Orthodontics & Dentofacial Deformities, Centre for Dental Education & Research (CDER), All India Institute of Medical Sciences (AIIMS), New Delhi from 22nd to 27th September 2022.

In this series, second such workshop “Digital Orthodontics – The Future Workshop” was organized by the Division of Orthodontics and Dentofacial Deformities, Centre for Dental Education and Research, All India Institute of Medical Sciences, New Delhi in collaboration with Indian Orthodontic Society (I.O.S.) on 12<sup>th</sup> & 13<sup>th</sup> August, 2023 at Indian Habitat Centre (IHC), New Delhi. This workshop was graced by national and international stalwarts in Orthodontics and attended by 110 students and life members of the Indian Orthodontic Society. It was a unique scientific event that imparted state-of-the-art evidence-based knowledge of digital technologies in orthodontic diagnosis, treatment planning, and treatment management as well as the proficiency for postgraduates and faculty to integrate these technologies into their clinical practices.

Numerous national and international speakers with clinical and technological backgrounds participated in this two-day event. This includes six international speakers and fifteen national speakers.

The chief guest at the inaugural ceremony was Dr. Srinivas M (Director AIIMS). The Guests of Honour included Dr. Balvinder Singh Thakkar (President, IOS), Dr. Sanjay Labh (Hony. Secretary, IOS) and Dr. Nikhilesh R. Vaid (President, World Federation of Orthodontics). Dr Ritu Duggal (Organizing Chairperson) was felicitated by the President and Hon. Secretary of IOS.



E poster and quiz competition were also organised for the student members on the first day of the event. Sixteen presentations were received for competitive e-poster category and three teams participated in the quiz competition. In the e-poster competition, Dr. Urvi Parikh (Sri Aurobindo College of Dentistry, Indore) won the First place while the team from Maulana Azad Institute of Dental Sciences, New Delhi secured the first place in the quiz competition. Dr Ritu Duggal (Organizing Chairperson) felicitated the winners with certificates.



### Independence Day 15<sup>th</sup> August 2023

To commemorate the 76 years of independence of progressive India, Indian Orthodontic Society celebrated the day with full fervor. Various Orthodontic Departments across the country celebrated the coveted day with various activities and it was done to mark the remembrance of the sacrifice of the freedom fighters and the people who fought for the nation's independence.



## ALIGNER MASTERCLASS WEBINAR 2023

### ALIGNER MASTERCLASS : 15<sup>th</sup> May 2023

On the Occasion of  
WORLD ORTHODONTIC HEALTH DAY

**INDIAN ORTHODONTIC SOCIETY**  
LAUNCHES

**ALIGNER MASTERCLASS**  
The science behind aligners

Speaker :  
**Dr. Gauri Vichare**  
(BDS, MDS, Dip. IBO, M. Orth. RCS Ed., PhD)

Topic 1  
**The Basics of  
Diagnosis &  
Treatment Plan  
for Aligners**

Date: Monday, 15<sup>th</sup> May 2023  
Time: 7.30PM (1 hour session)  
On the IOS Zoom Platform

The first Aligner Masterclass was held on 15<sup>th</sup> May 2023, on the occasion of World Orthodontic Health Day. The webinar was presented by Prof. Dr. Gauri Vichare wherein she spoke at length about case selection, diagnosis, and how to develop treatment plans keeping aligner biomechanics in mind.

### 11<sup>th</sup> June 2023

The IOS Master Class on Aligner Orthodontics debuted on the 11<sup>th</sup> June 2023 by Dr Kannan Sabapathy. The overwhelming response with 300+members listening for more than 2 hours on a Sunday Evening was amazing. Dr Sabapathy emphasized the importance of biomechanics in aligner therapy and stated that Aligners for correcting malocclusions is just another alternate school for treatment execution as like with fixed Appliances using brackets and wires. Proper

knowledge of Biomechanics is what makes the difference from Direct to consumer Aligners and non Orthodontic professionals offering Orthodontic Treatment. The lecture was an eye opener for all the members and broadened their horizons.

### ALIGNER MASTERCLASS : 31<sup>st</sup> May 2023

**INDIAN ORTHODONTIC SOCIETY**  
**ALIGNER MASTERCLASS**  
THE SCIENCE BEHIND ALIGNERS  
(Module - 2)

Topic 3 :  
Patient & Practice Management for Aligner Cases

Speaker  
**Dr. Amit Sachdeva**  
MDS (Orthodontics)  
Date : 31<sup>st</sup> May 2023  
Time : 08:00PM  
On the IOS Zoom Platform

**ABOUT SPEAKERS :**

- Dr. Amit Sachdeva is a practising Orthodontist for the last 25 years.
- He is an Alumni of AB Shetty Memorial Institute of Dental Sciences, Mangalore.
- He has been a pioneer in the field of corporate dentistry & Aligners in the country.
- He has been associated with aligner treatment since 2011.
- He has conducted multiple training sessions and Webinars both at National and at International level as an Align Faculty.

**INDIAN ORTHODONTIC SOCIETY**  
**ALIGNER MASTERCLASS**  
THE SCIENCE BEHIND ALIGNERS

Topic 2 : Aligners-Introduction, History & Materials

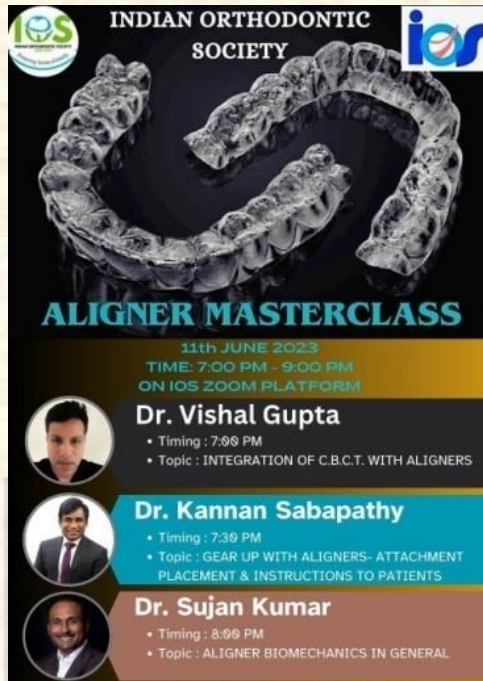
Speaker  
**Dr. Rohit Kulshrestha**  
MDS (Orthodontics) Saraswati Dental College, Lucknow  
Msc (Orthodontics) Italy  
Date : 31<sup>st</sup> May 2023  
Time : 07:00PM  
On the IOS Zoom Platform

**ABOUT SPEAKERS :**

- Dr. Rohit Kulshrestha is a specialist Orthodontist at Aesthetic Dental Center, Abu Dhabi, UAE and a consultant at Onyx Medical Center, Dubai, UAE.
- He received his bachelor's degree from Terna Dental College, Navi Mumbai and his masters degree from Saraswati Dental College, Lucknow.
- He has been active in Orthodontist research in the area of biomechanics, dental materials, micro implants and clear aligners.
- He has undergone extensive training in Korea and Taiwan for micro implants and clear aligners.



### ALIGNER MASTERCLASS : 11<sup>th</sup> June 2023



**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**

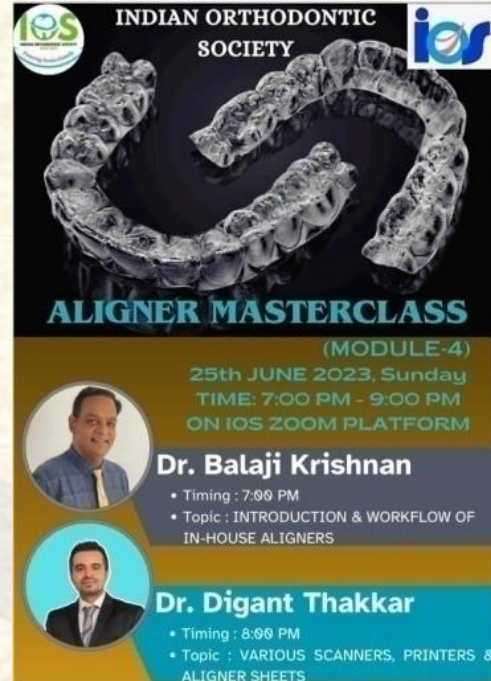
11th JUNE 2023  
TIME: 7:00 PM - 9:00 PM  
ON IOS ZOOM PLATFORM

**Dr. Vishal Gupta**  
• Timing : 7:00 PM  
• Topic : INTEGRATION OF C.B.C.T. WITH ALIGNERS

**Dr. Kannan Sabapathy**  
• Timing : 7:30 PM  
• Topic : GEAR UP WITH ALIGNERS- ATTACHMENT PLACEMENT & INSTRUCTIONS TO PATIENTS

**Dr. Sujan Kumar**  
• Timing : 8:00 PM  
• Topic : ALIGNER BIOMECHANICS IN GENERAL

### ALIGNER MASTERCLASS : 25<sup>th</sup> June 2023



**INDIAN ORTHODONTIC SOCIETY**

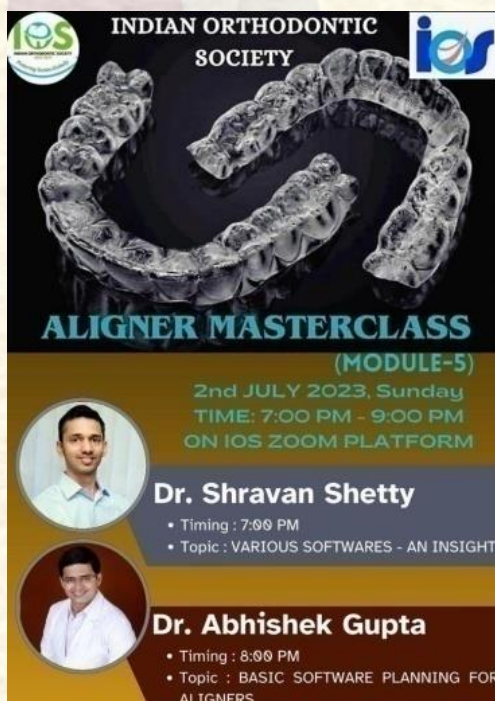
**ALIGNER MASTERCLASS**

(MODULE-4)  
25th JUNE 2023, Sunday  
TIME: 7:00 PM - 9:00 PM  
ON IOS ZOOM PLATFORM

**Dr. Balaji Krishnan**  
• Timing : 7:00 PM  
• Topic : INTRODUCTION & WORKFLOW OF IN-HOUSE ALIGNERS

**Dr. Digant Thakkar**  
• Timing : 8:00 PM  
• Topic : VARIOUS SCANNERS, PRINTERS & ALIGNER SHEETS

### ALIGNER MASTERCLASS : 02<sup>nd</sup> July 2023



**INDIAN ORTHODONTIC SOCIETY**

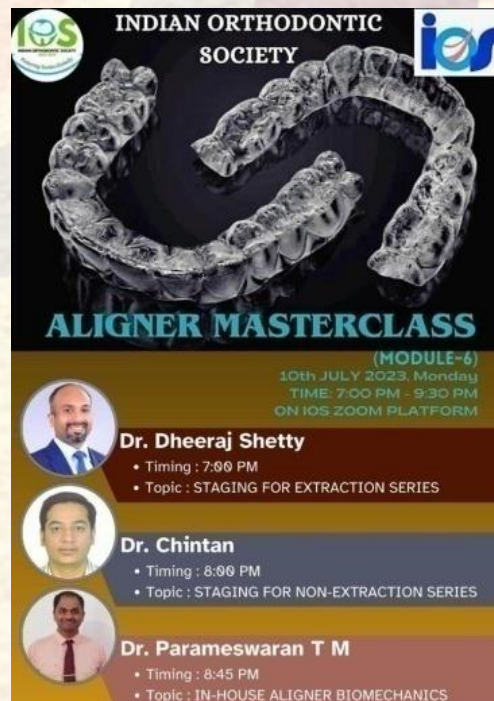
**ALIGNER MASTERCLASS**

(MODULE-5)  
2nd JULY 2023, Sunday  
TIME: 7:00 PM - 9:00 PM  
ON IOS ZOOM PLATFORM

**Dr. Shravan Shetty**  
• Timing : 7:00 PM  
• Topic : VARIOUS SOFTWARES - AN INSIGHT

**Dr. Abhishek Gupta**  
• Timing : 8:00 PM  
• Topic : BASIC SOFTWARE PLANNING FOR ALIGNERS

### ALIGNER MASTERCLASS : 10<sup>th</sup> July 2023



**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**

(MODULE-6)  
10th JULY 2023, Monday  
TIME: 7:00 PM - 9:30 PM  
ON IOS ZOOM PLATFORM

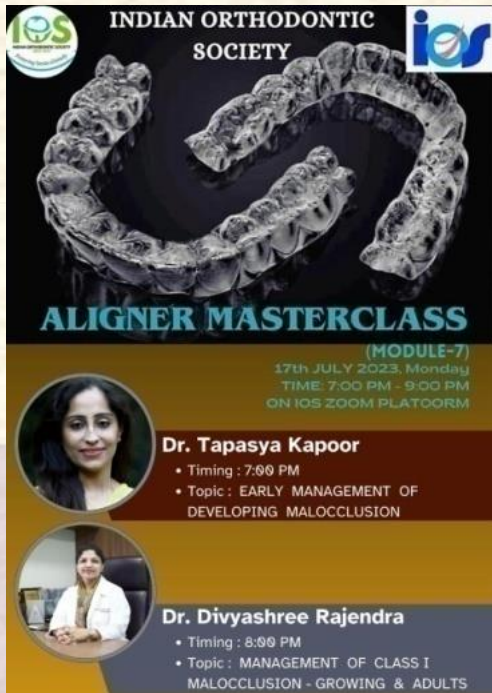
**Dr. Dheeraj Shetty**  
• Timing : 7:00 PM  
• Topic : STAGING FOR EXTRACTION SERIES

**Dr. Chintan**  
• Timing : 8:00 PM  
• Topic : STAGING FOR NON-EXTRACTION SERIES

**Dr. Parameswaran T M**  
• Timing : 8:45 PM  
• Topic : IN-HOUSE ALIGNER BIOMECHANICS



**ALIGNER MASTERCLASS :**  
**17<sup>th</sup> July 2023**



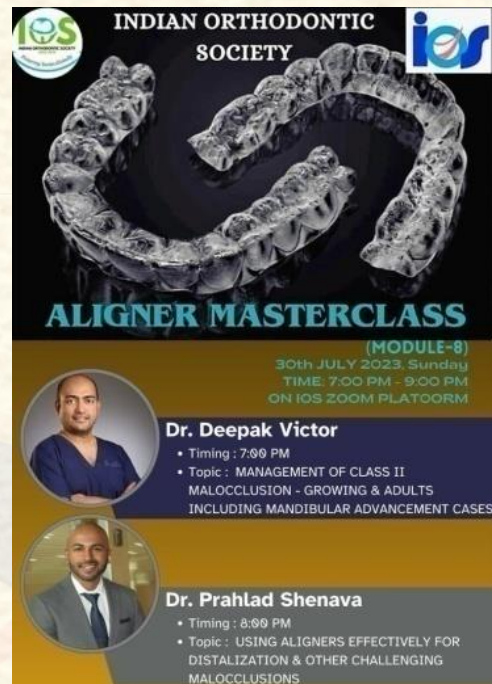
**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**  
 (MODULE-7)  
 17th JULY 2023, Monday  
 TIME: 7:00 PM - 9:00 PM  
 ON IOS ZOOM PLATFORM

**Dr. Tapasya Kapoor**  
 • Timing : 7:00 PM  
 • Topic : EARLY MANAGEMENT OF DEVELOPING MALOCCLUSION

**Dr. Divyashree Rajendra**  
 • Timing : 8:00 PM  
 • Topic : MANAGEMENT OF CLASS I MALOCCLUSION - GROWING & ADULTS

**ALIGNER MASTERCLASS :**  
**30<sup>th</sup> July 2023**



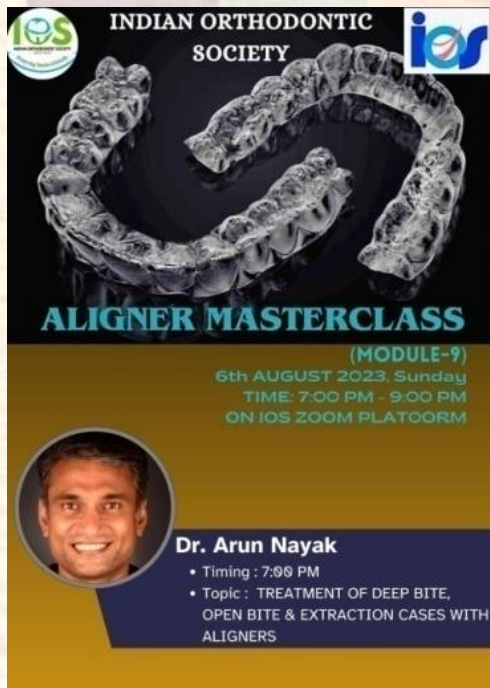
**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**  
 (MODULE-8)  
 30th JULY 2023, Sunday  
 TIME: 7:00 PM - 9:00 PM  
 ON IOS ZOOM PLATFORM

**Dr. Deepak Victor**  
 • Timing : 7:00 PM  
 • Topic : MANAGEMENT OF CLASS II MALOCCLUSION - GROWING & ADULTS INCLUDING MANDIBULAR ADVANCEMENT CASES

**Dr. Prahlad Shenava**  
 • Timing : 8:00 PM  
 • Topic : USING ALIGNERS EFFECTIVELY FOR DISTALIZATION & OTHER CHALLENGING MALOCCLUSIONS

**ALIGNER MASTERCLASS :**  
**6<sup>th</sup> August 2023**

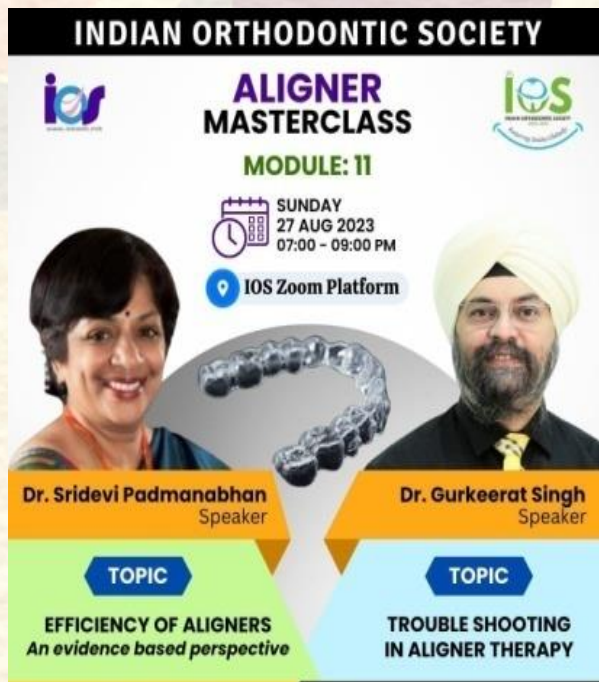


**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**  
 (MODULE-9)  
 6th AUGUST 2023, Sunday  
 TIME: 7:00 PM - 9:00 PM  
 ON IOS ZOOM PLATFORM

**Dr. Arun Nayak**  
 • Timing : 7:00 PM  
 • Topic : TREATMENT OF DEEP BITE, OPEN BITE & EXTRACTION CASES WITH ALIGNERS

**ALIGNER MASTERCLASS :**  
**27<sup>th</sup> August 2023**



**INDIAN ORTHODONTIC SOCIETY**

**ALIGNER MASTERCLASS**  
 MODULE: 11  
 SUNDAY  
 27 AUG 2023  
 07:00 - 09:00 PM  
 IOS Zoom Platform

**Dr. Sridevi Padmanabhan**  
 Speaker

**Dr. Gurkeerat Singh**  
 Speaker

**TOPIC**  
**EFFICIENCY OF ALIGNERS**  
*An evidence based perspective*

**TOPIC**  
**TROUBLE SHOOTING**  
**IN ALIGNER THERAPY**



## INDIAN BOARD OF ORTHODONTICS – ANNUAL REPORT

It is with a feeling of gratitude and support from the entire Board of Directors I present this annual report for the year 2022-2023. It was indeed a very successful and productive year under the able leadership of IBO Chairman, Dr.Ashwin M. George who along with his team worked hard in promoting the board and helping the Board to reach new heights. We look forward to meeting you all at the 57<sup>th</sup> Indian Orthodontic Conference at Meerut in September.

The Indian Board of Orthodontics (IBO) started this IBO year on the 16<sup>th</sup> September 2022 with Dr.Ashwin M. George taking over as Chairman of IBO from the immediate past Chairman IBO Dr. M. Vadivel kumar at the 23<sup>rd</sup> Convocation of the Board that took place at Bharati Vidyapeeth's medical College auditorium, Pune. The Board of Directors (BoDs) for the year 2022-23 comprised of Chairman Dr.Ashwin Mathew George, Vice Chairman Dr.Rajaganesh Gautam, Secretary and Treasurer Dr. Salil Nene and Directors Dr. Mala Ram Manohar and Dr.Ajit Kalia

The 23<sup>rd</sup> Convocation of the Indian Board of Orthodontics was a grand event which was well attended. Dr.Ved Prakash Mishra, Hon'ble Pro-Chancellor, Datta Meghe Institute of Medical Science, Nagpur was the Chief Guest at the function, who delivered an inspirational Convocational address. At this function, the following six members were inducted as Diplomates of the Indian Board of Orthodontics.

1. Dr.Aravind .M
2. Dr. MK Anand
3. Dr.NileshHegde
4. Dr. Sachin Mudrale
5. Dr.SanketAgarkar
6. Dr.TusarNayak

The total number of Diplomates of the Indian Board of Orthodontics presently stand at 121. The Prem Prakash Memorial Best-Case Award was given to Dr.Sanket Agarkarat this diet. At this Convocation, the outgoing Chairman IBO, Dr.M.Vadivel kumar thanked his entire team for all the efforts and support during his tenure and passed on the mantle to the incoming chairman of the board Dr.Ashwin M. Geoege. Dr.Ajit Kalia was the new Director inducted for the term 2022-2027.

The convocation ceremony was marked by the felicitation of all the past IBO Chairmen and Chairwoman by presenting them with unique blazer that shall serve as a symbol of pride that this prestigious position commands and shall be an offering of gratitude to these gentlemen and ladies for their untiring efforts towards the cause of the Board. All the past chairmen and Chairwomen were overwhelmed by the Board's gesture and appreciated the BoD's for their gesture.

The first Board activity was carried out as an **IBO awareness program** held at Jaipur with the help of Rajasthan Orthodontic Study group on 19<sup>th</sup> November 2023. The event was organised at Hotel Sarovar Inn, Jaipur. Dr.Ashwin M. George started the proceedings with Chairman's address and was followed by the lectures from Dr.Rajaganesh Gautam, Dr.Salil Nene, Dr. Mala Ram Manohar, Dr.Ajit Kalia, Dr.Jayesh Rahalkar, Dr.Sridevi Padmanabhan and Dr.Vighnesh Kailasam. Dr.Ashwin M. George shared the inspirational video message from the recently certified IBO Diplomate Dr.Nilesh Hegde about his journey during the IBO certification. The meeting was well attended by over 60 delegates. The BoD's thanked the



President Dr. Balwinder Thakker for all his support and the convenors of the ROSG Dr. Kapil Bansal, Dr. Shiva Gupta and Dr. Divyaroop Rai for all the efforts towards the grand success of the program.

The program was followed by the **1<sup>st</sup> BOD meeting** where action plan for a whole year were discussed. The BoD's coined the idea of **mentorship program** for the IOS life members willing to take IBO certification. The program was aimed at motivating and guiding the IBO aspirants with the help of IBO diplomates willing to volunteer for the same. Dr. Rajaganesh Gautam helped in framing the guidelines and the structure of the mentorship program. More than 30 Diplomates expressed their willingness to contribute as a mentor. The brief information of the program and the names of the mentors were added on the IBO website and an official e mail communication to all the IOS Life members were sent via IOS Head office informing about the program. **IBO index committee** was formed with Dr. Mala Ram Manohar as a coordinator and Dr. Nandini Kamath, Dr. Shobha Sundareswaran, Dr. Elbee Peter, Dr. Shakeel Ahmed as the members. It was also decided to make a Video for the IBO promotion and also for motivating the members for the IBO certification. Dr. Ajit Kalia with the help of all the directors was asked to coordinate the work for the IBO video.

The **2<sup>nd</sup> IBO awareness program** was held at KLE Society's Institute of Dental Sciences, Bangalore in association with Bangalore Orthodontic Study Group on 16<sup>th</sup> December 2023. Other than all the board of Directors; Dr. C.S. Ramachandra, Dr. Sumitra Reddy, Dr. D.K. Sudhindra, Dr. Rani MS and Dr. Aravind M contributed as speaker for the program. The program was well attended with more than 100 participants. The Chairman IBO felicitated all the convenors of Bangalore orthodontic Study Group Dr. Anup Belludi Dr. Raghunandan C., Dr. B.S. Chandrashekar with the memento for their support and tireless efforts for the success of the program.

The **Phase-II online examination** was conducted on 29<sup>th</sup> January 2023 at 32 centres all across the country and was a huge success with total of 311 candidates appeared for the exam. The results for the examination were declared on 17<sup>th</sup> February 2023. Total of 302 candidates were successful and were declared Board eligible. The examination was conducted by organisation called NSEIT (The IT partner of the National Stock Exchange). All the BoD's put lot of efforts for the smooth conduct of the examination.

The next big event was the **7<sup>th</sup> IBO Diplomates' meet 2023** held at Ideal Beach Resort, Mahabalipuram with more than 40 Diplomates participating in the event. The event comprised of clinical case presentations by the diplomats followed by the panel discussion on the topic 'Inclusion of the aligner cases in the Phase-III examination'. The panel discussion was moderated by Dr. N.R. Krishnaswamy and Dr. Jyothindra Kumar and had a fruitful discussion with the views expressed by the Diplomates and pertinent remarks by the moderators. The Debate topic for the meet was "Hard tissue versus Soft tissue paradigm in Orthodontics – A contemporary audit." The moderators for the debate were Dr. Mala Ram Manohar and Dr. Lodd Mahendra and was coordinated by Dr. Rajaganesh Gautam and Dr. Vighnesh Kailasam. The debate had an exciting discussion with interesting exchange of ideas. The scientific session was followed by the fun and frolic at the gala dinner and Mahabalipuram sightseeing tour on the next day. The Chairman IBO thanked all the diplomates for the overwhelming response and specially Chennai diplomates who worked tirelessly for organizing the event.

**2<sup>nd</sup> BoD meeting** was held at Mahabalipuram where the progress of the all ongoing activities were discussed. Dr. Mala Ram Manohar and Dr. Ajit Kalia shared the progress of the IBO index and the IBO promotional video respectively. Dr. Mala Ram Manohar will make a



brief presentation on the IBO Index during the upcoming CDIBO AGM for the final approval from the members and its implementation.

The **1<sup>st</sup> CDIBO EOGM** of 2022-2023 was held on 2<sup>nd</sup> July to discuss the pre-circulated agenda to discuss the proposed resolution for making a new category in the IBO constitution for the foreign trained Orthodontists as an international member. The Chairman, IBO expressed his views on behalf of the BoD's and explained the need and importance of allowing Orthodontists from the foreign countries to take the IBO certification in efforts to globalize the Indian Board of Orthodontics. After the fruitful discussion among the members and their suggestions the proposed resolution was passed unanimously. The same resolution was sent to the IOS Head office for the EC approval. IOS EC has approved the resolution and it will be discussed as an agenda in the upcoming IOS AGM to be held at 57<sup>th</sup> IOC, Meerut. If the IOS AGM approves the IBO resolution the IBO constitution will be amended accordingly to add the new category of the member.

The BoDs decided to continue with the online Institutional subscription of the Journal of Clinical Orthodontics for the Diplomates of the IBO for the year 2022- 23 and same was renewed before the due date.

The Income Tax Returns of the Board were duly filed before the last date. As the expenditure was made for various board activities as suggested by the members to avoid the income tax, the tax liability for the financial year 2022-2023 was nil.

During the whole tenure of the present BoD's we got complete cooperation from the IOS Head office for the various Board activities. The BoD's would like to thank President, IOS Dr. Balwinder Thakker, Hon. Secretary, IOS Dr. Sanjay Labh and all the office bearers of the IOS for their support during the last one year.

The forthcoming events include the following

- IBO Phase III exams on the 13th and 14th of September, 2023 (with record collection starting on the 12th September 2022) at Hotel Mars, Meerut before the 57th Indian Orthodontic Conference (IOC), Meerut.
- The 22<sup>nd</sup> Annual General meeting (AGM) of the College of Diplomates of the Indian Board of Orthodontics (CDIBO) on the 15th of September at Hotel Mars, Meerut from 6:00 PM onwards.
- The IBO Promotion presentation which will be delivered by IBO Chairman Dr. Ashwin M. George on the 15<sup>th</sup> September 2022 (1st day) at the 57th IOC, Meerut, just before the IOS Oration.
- The 24<sup>th</sup> Convocation of the IBO on the 16th of September 2022 at the Mangalya Convention Centre Meerut from 4:00 PM to 5:15 PM.
- Looking forward to seeing you all soon and wishing everyone best of times and health





### IOS STUDY GROUP LIST 2023

S.No	StudyGroup	RegNo	Pan No	Conveners	Phone No	Email Id
1	Karnataka OSG	IOSSG001	AAIAK6848B	Dr. Kiran Kumar H.C.	9886040122	Kiranortho77@gmail.com
				Dr. AnandBadavannava	9845857686	anand_ortho@yahoo.co.in
				Dr. SrinivasM.Basavaraddi	9449824324	drsrinivas6@gmail.com
2	Madras OSG	IOSSG002	AAIAM8771F	Dr. Dilip .S	9444170860	drsdilip@yahoo.com
				Dr. K M Shahul H Faizee	9840728786	sfaizee@hotmail.com
				Dr. C Vijayadhith	9894758681	vijayadhith@gmail.com
3	MP/Indore OSG	IOSSG003	AAGAM0948N	Dr. SuryanshDilliwal	9893064911	drsuryansh@gmail.com
				Dr. Kamalshikha Baheti	7772863873	drkamalshikha@gmail.com
				Dr. RajivAhluwalia	9971813536	drrajivahluwalia@gmail.com
4	Delhi OSG (OSGOD)	IOSSG004	AAAAO8334Q	Dr. Ashish Gupta	9811144375	Drgupta1969@yahoo.co.in
				Dr. AnupKanase	9654700972	anupkanase@gmail.com
				Dr. VinnyBhasin	9300037931	vinny79@yahoo.com
5	Jabalpur OSG	IOSSG005	AADAJ3040P	Dr. Gulshan Jain	7869730006	drgulshan.ortho7@gmail.com
				Dr. Anil Tiwari	9893966063	tiwari.anil.dr@gmail.com
				Dr. Ridham Jain	9887493549	drnidamjain@gmail.com
6	Rajasthan OSG	IOSSG006	AABAR2759P	Dr. Piyush Bolya	9549112990	piyushbolya25@gmail.com
				Dr. DivyaroopRai	8233625656	rai.divyaroop@gmail.com
				Dr. Gaurav Gupta	9860467872	dr_gauravg@gmail.com
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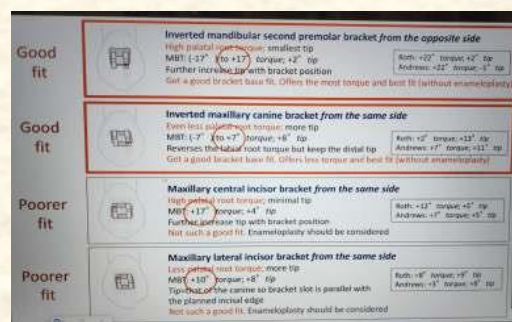
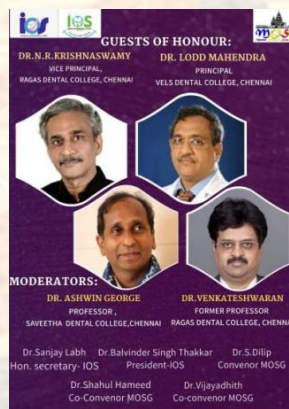
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Speaker Name: Dr.Eser Tufekci and Dr.Binnaz Leblebicioglu



Speaker Name: Dr. Martyn Coubourne





**CLINICAL ENRICH PROGRAM****29<sup>th</sup> January 2023****Speaker Name: Dr.Hiroyuki Yamaguchi**

**TOPIC: One wire technique with improved super-elastic nickel-titanium alloy wires**  
**SPEAKER: DR. HIROYUKI YAMAGUCHI**  
 Department of Pediatrics McGovern Medical School The University of Texas Health Science Center at Houston

**29TH JANUARY 2023**  
 TIME: 6-8PM  
 THROUGH ZOOM PLATFORM

**GUESTS OF HONOUR:**  
 DR. UDHAYARAJA CHENNAI  
 DR. P. JANARDHANAM CHENNAI

**MODERATORS:**  
 DR. SANGEETHA DURAISAMY PROFESSOR SRM DENTAL COLLEGE, CHENNAI  
 DR. N. RAJ VIKRAM PROFESSOR THAI MOOGAMBIGAI DENTAL COLLEGE, CHENNAI

Dr. Sanjay Labh Hon. secretary- IOS  
 Dr. Balvinder Singh Thakkar President- IOS  
 Dr. S. Dilip Convenor MOSG  
 Dr. Shahul Hameed Co-Convenor MOSG  
 Dr. Vijayadithi Co-convenor MOSG

**CLINICAL ENRICH PROGRAM****26<sup>th</sup> March 2023****Speaker Name: Dr. Davis Thomas**

**TOPIC: OROFACIAL PAIN: IMPLICATIONS IN ORTHODONTICS.**  
**SPEAKER: DR. DAVIS THOMAS**  
 BDS, DDS, MSD, MSc Med, MSc ASSOC. CLIN. PROFESSOR, RUTGERS SCHOOL OF DENTAL MEDICINE, NEWARK, NJ, USA

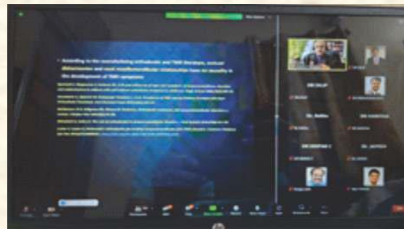
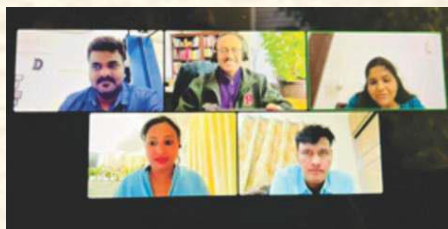
**26TH MARCH 2023**  
 TIME: 6-8PM  
 THROUGH ZOOM PLATFORM

**GUESTS OF HONOUR:**  
 DR. VIGNESH KAILASAM PROFESSOR & HEAD SRI RAMACHANDRAN UNIVERSITY SRM KATTANKULATHUR DENTAL COLLEGE, CHENNAI  
 DR. C. DEEPAK PROFESSOR & HEAD SRM KATTANKULATHUR DENTAL COLLEGE, CHENNAI

**MODERATORS:**  
 DR. P. S. HARITHA ASSOCIATE PROFESSOR SRM RAMACHANDRAN UNIVERSITY, CHENNAI  
 DR. DEENADAYALAN P. ASSOCIATE PROFESSOR SRM KATTANKULATHUR DENTAL COLLEGE, CHENNAI

Dr. Sanjay Labh Hon. secretary- IOS  
 Dr. Balvinder Singh Thakkar President- IOS  
 Dr. S. Dilip Convenor MOSG  
 Dr. Shahul Hameed Co-Convenor MOSG  
 Dr. Vijayadithi Co-convenor MOSG






**CLINICAL ENRICH PROGRAM**  
**30<sup>th</sup> April 2023**  
**Speaker Name: Dr. Anil P. Ardeshta**

**IOS** **Clinical Enrich** **MOSG**

**TOPIC: MANDIBULAR ANTERIOR REPOSITIONING DEVICE**

**SPEAKER: DR. ANIL P. ARDESHA**  
 D.M.D., M.D.S.  
 ASSOC. PROFESSOR, RUTGERS SCHOOL OF DENTAL MEDICINE, NEWARK, NJ, USA



**30TH APRIL 2023**  
**TIME: 6-8PM**  
**THROUGH ZOOM PLATFORM**

**IOS** **IOS** **GUESTS OF HONOUR:** **MOSG**

**DR. M.S. KANNAN**  
 PROFESSOR & HEAD  
 SREE BALAJI DENTAL COLLEGE

**DR. THIRUNAVUKKARASU RAMANATHAN**  
 PROFESSOR & HEAD,  
 KARPAGA VINAYAGA INSTITUTE OF SCIENCES




**MODERATORS:**

**DR. POORNIMA**  
 PROFESSOR  
 SRM DENTAL COLLEGE, RAMAPURAM

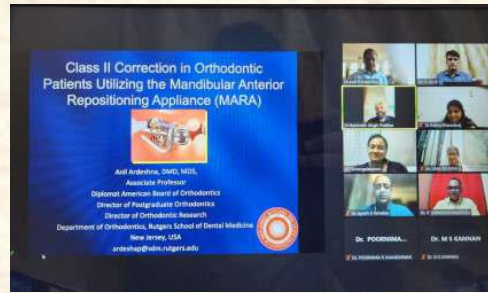
**DR. SHIRENGALAKSHMI**  
 ASSOCIATE PROFESSOR  
 SAVEETHA DENTAL COLLEGE, CHENNAI

Dr. Sanjay Labh Hon. secretary- IOS    Dr. Balvinder Singh Thakkar President- IOS    Dr. S. Dilip Convenor MOSG

Dr. Shahul Hameed Co-Convenor MOSG    Dr. Vijayadithi Co-convenor MOSG







### Cultural Night Program

Madras Orthodontic Study Group organised a cultural night on 30<sup>th</sup> October 2022. The program included prize distribution for the academic events conducted as part of Orthodontic Month Celebrations. It was followed by singing, dumb charades, antakshri and dance competitions for its members. It was a fun filled event to finish the month long celebrations.





### MRB Oration

The Madras Orthodontic Study Group conducted the annual Dr. MRB Sir Oration on 25<sup>th</sup> November, 2022 with great pomp and fervour. This Oration is held in honour of Dr. M. R. Balasubramaniam who the first Convenor of the Madras Orthodontic Study Group founded in 1994. Dr. MRB was an Assistant Professor in Madras Dental College and later was the Dean of SRM Dental College, Chennai. Words are not enough to describe the emotions which ran high that day after the excellent lecture by the most apt person for Dr. MRB sir's Oration, Dr. Sadashiva Shetty sir. Dr. Shetty Sir was a student of Dr. MRB sir. Every single participant was amazed at the thought-provoking lecture and the amazing case records which spanned more than two decades which shows the sheer perseverance of his follow up. Even more apt was the presence of the guest of honour Dr. Rangachari sir, who is the teacher of teachers and is the senior most orthodontist in Tamil Nadu and a retired Dean from Madras Dental College. A whopping total of 312 participants were present for the lecture from each and every college in Chennai and its out skirts, making it the biggest event in the history of Madras Orthodontic Study Group.



### Badminton League

The Badminton League and MIFA 2022 were conducted by Madras Orthodontic Study Group on 18<sup>th</sup> December 2022. It saw enthusiastic participation from both staff, practitioners and students. The venue was Whistle, a sports Hub with Indoor wooden Badminton courts and an Indoor football court. Refreshments were served after the event. Overall a very energetic day spent well.





### MOSG cycle Rally

The MOSG cycle Rally was conducted on 29th Jan 2023. It was bigger, better and more enthusiastic because of the 120 participants consisting of MOSG members and pg students. The event was flagged off by Chief guests Dr.Manjula mam and Dr.Sainath sir at 5.30 am in ECR, a very scenic route till Mahabalipuram. There were two categories of 20 and 50 kms. All had participated with gusto.







**MOSG - JK Memorial National Quiz Competition 2023**  
**24<sup>th</sup> August 2023**

We Invite all Postgraduate Students for the  
**JK MEMORIAL NATIONAL QUIZ COMPETITION - 2023**  
 24<sup>th</sup> August 2023, 9AM onwards  
 Online through Zoom Platform  
<https://forms.gle/SmySHcdzaUBmKiPt5>  
 Last Date For Registration 20/08/2023, 6.00 Pm

**To Know More and for Queries Contact**  
 Dr. Niranjana – 9361440065  
**Queries Regarding Registration Contact**  
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**Dr. Balvinder Singh Thakkar,** President, IOS  
**Dr. Sanjay Labh,** Hon.Secretary, IOS  
**Dr. Shahul Hameed Faizee,** Convenor, MOSG  
**Dr. C. Vijayadith** Co- Convenor, MOSG

**RAJASTHAN ORTHODONTIC STUDY GROUP**

**Making the best of in-built features of pre-adjusted appliances**  
**by Dr.P.Janardhanam, Jaipur**

Indian Orthodontic Society in association with Rajasthan Orthodontic Study Group (ROSG), conducted lecture and hands-on on the topic “Making the best of in-built features of Pre-adjusted appliance” by Dr. P. Janardhanam from Chennai, on 30th March 2023 at Hotel Golden Tulip, Jaipur. The program was graced with the presence of IOS President Dr.Balvinder Singh Thakkar along with the conveners of Rajasthan Orthodontic Study Group Dr. Kapil Bansal, Dr. Shiva Ahuja Gupta and Dr.Divyaroop Rai . Dr. P. Janardhanam explained the in-built features of MBT, the friction & frictionless mechanics, covering a variety of complex cases’ management along with clearing all doubts and brushing all the basics in a very interactive doubt clearing session. Hands-on wire bending demonstration involved two wire bending exercises. With more than sixty enthusiastic participants from all over Rajasthan including practitioners and post graduate students attending the program making it a huge success.





### GUJARAT ORTHODONTIC (GOSG) International Faculty Event 19th March 2023

GOSG had organized an International faculty event in association with Ormco under the aegis of IOS at Ahmedabad on 19th March 2023 at Hotel Double Tree. The Chief Convener Dr Pranav Chandarana welcomed the membership and the speaker Dr Perdomo and Team Ormco. Dr Dhaval Somani introduced the speaker and Dr Aakash Shah welcomed him. The audience was spell bound by Dr Perdomos down to earth humble attitude and his excellent finished cases. Dr Pranav thanked all the participants and appreciated the efforts of Team Ormco towards the cause of Orthodontic education. The participants shared a positive feedback for the event. The programme was well attended by more than 80 members including department heads various institutes.





## BHUBANESWAR ORTHODONTIC STUDY GROUP

The Bhubaneswar Orthodontic Study Group (BHOSG) hosted its 5<sup>th</sup> CDE Program for the year 2021-2022 on 4<sup>th</sup> DEC, 2022 on Maximising Success with Aligners, Strategies and Advanced Aligner Mechanics at Fortune Park Hotel, Bhubaneswar in association with Indian Orthodontic Society. The guest speaker for this programme was an affable, highly skilled senior practitioner from Mumbai Dr Arun Nayak BDS, MDS, Diplomat of National Board who spoke and shared his experience on maximising success with align treatments of simple non extraction to complex malocclusions like extractions and class III malocclusions extensively discussed on the biomechanics of cases. He also covered various aspects of treatment planning software and how to use it efficiently to make it more predictable, IPR, attachment placement and treatment strategies and gave a better understanding of the potential and maximising success with Aligner system. The BHOSG convenors Dr Subash, Dr Swati Acharya, Dr Pavithra Bai M conducted this programme.



### 6<sup>th</sup> Bhubaneswar Orthodontic Study Group (BHOSG Program)

Bhubaneswar Orthodontic Study group (BhOSG) conducted its sixth program at SCB dental college and Hospital, Cuttack – Odisha on April 18th 2023. Dr. Rajesh Patil and Dr. Suryakanta Das were the guest speakers for the day. Both the speakers gave an extensive insight into the topic of Temporary Anchorage Devices (TADs). The session comprised of live workshop along with patient demonstrations. It was a brilliant learning session and the clinical tips were very enriching for the delegates. (Prof) Dr. Suryakanta Das, Head of Department (Orthodontics) - SCB Dental College, was the mainstay of this event. He wonderfully pulled off this programme without any hassles. Dr. J.K. Das, Principal of the institution, encouraged the organizing team for conducting this event. Dr. Ashish Barik, Dr. Smruti Nanda, Dr. Nivedita Sahoo, Dr. Pritam Mohanty, Dr. Bhagabati Dash, Dr. Mitali, Dr. Sunil Rath, Dr. Tushar Kanti Nayak graced the event with their august presence and helped in making it a success.





### **ARMED FORCES ORTHODONTIC STUDY GROUP (AFOSG) CDE PROGRAMME "Passive Self Ligation: Damon System & its Efficiency" Army Dental Centre Research & Referral, 17<sup>th</sup> November 2022**

The AFOSG, Delhi Cantt conducted half day CDE programme on the topic “Passive Self ligation: Damon system and its Efficiency” on 17 Nov 2022 in hybrid mode. The eminent speaker for the CDE was Dr Sunanda Roy Choudhury, Dean and Principal Shree Bankey Bihari Dental College & Research Centre, Ghaziabad, UP, a distinguished academician, clinician, orator and key opinion leader on the topic. Lt Col Vivek Thakur welcomed the speaker and the audience. Dr Sunanda Roy Choudhury comprehensively covered the topic from basics of self ligation, Damon philosophy in particular, to management of complex cases of malocclusion. All the Armed Forces Orthodontists spread across the length and breadth of the country and post graduate residents of ADC R&R and Dept of Dental Surgery & Oral Health Sciences, AFMC, Pune came together on this platform and made it a success. Few civilian counterparts were also in attendance. Total attendance of the event was approx 100 delegates. The day with enriching experience concluded with the vote of thanks by Lt Col Dinesh Chaudhary at 1700hrs. All the participants were given e-certificates with 03 CDE points and the guest speaker was presented with a memento. The CDE was organised under the aegis of AFOSG by Brig SS Chopra, Commandant ADCR&R and HoD, Dept of Orthodontics and Dentofacial Orthopaedics. Lt Col Vivek Thakur and Maj Dhruv Jain provided the technical support.







### **BOMBAY ORTHODONTIC STUDY GROUP REPORT**

BOSG conducted an event on topic of "Basic Life support programme" on 20th of November at Hotel Peninsula Grand, Mumbai. There were 16 registrations for the event. This event was organised by BOSG and HSS Trust. The event started with remembering Dr.HS Shaikh about his life, his contributions to IOS and to the field of orthodontics. Then speakers from BLS talked about the importance of how everyone needs to have a knowledge about the BLS and various procedures which was followed by demonstration and Hands On on the mannequin by the participants. It also marked with felicitation of our senior members Dr.Rama Magazine and Dr.Ravindra Magazine for their lifelong contribution to the society. In the AGM Dr.Harshvardhan and Dr.Harsh Mishra were elected as new conveners in place of outgoing conveners Dr.Gajanan Shanbhag and Dr.Kyumi Shethiya.Dr.Gajanan Shanbhag with help from Dr.Kyumi Sethia and Dr.Sandeep Singh convened this event.



### **BANGALORE ORTHODONTIC STUDY GROUP & RAMAIAH UNIVERSITY OF APPLIED SCIENCES, CDE PROGRAM**

#### **“Efficient Orthodontic mechanics & Techniques”**

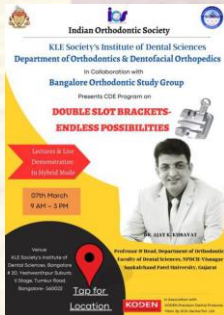
KLE's society's Institute of Dental Sciences, Department of Orthodontics in association with Indian Orthodontic Society & Bangalore Orthodontic study group & Ramaiah University of applied sciences, successfully organised a blockbuster CDE program "Efficient Orthodontic Mechanics & techniques' by Dr Varun Kalra, University of Pittsburgh USA, on February 1st 2023, The program was a huge success with more than 350 delegates from all over India. It was an absolute treat of variety of clinical cases & hands on video demos captured by Drone cameras. Dr O P Kharbanda was the Chief Guest for this magnum opus. Dr Anup Belludi (Chief Convenor BOSG) was the Organising chairperson along with Dr Praveen MN as organising secretary & Dr Sujala GD as program coordinator.





### Double Slot Brackets: Endless Possibilities

A one day program on Double slot mechanics by Dr Ajay Kubavat was organised by BOSG in association with KLE's Dental college, Bangalore on March 7th attended by 75 delegates. Dr Ajay in his lectures explained with great detail the nitty gritty of double slots & the biomechanical advantages followed by hands-on demo on patient where double slot bracket bonding & archwire placement was demonstrated. Dr Anup Belludi was the organising chairperson with Dr Sujala & Dr Praveen as program coordinators.



### MADHYA PRADESH STUDY GROUP

Glimpses of Orthodontic week celebrated in department of orthodontics, on 06/10/2022 at College of Dental Science and Hospital, Rau, Indore, occasion was observed by Dr Suryansh Dilliwal (convener MPOSG) and Dr Kamalshikha Baheti (co-convener MPOSG). Post graduate as well as undergraduate students participated in various competitive events like Rangoli, Innovative wire bending, slogans competition, department was also decorated. Dr Amit Singh Nirwan (Dean), Dr Rakesh Thukral (HOD), Dr Rajeshwar Singh (Reader), Post graduate students of Orthodontics - Dr Janhvi Rane, Dr Rachna Rajani, Dr Ruchi Kansana, Dr Abhinav Panchoriya, Dr Kratika Lalwani, Dr Ushhma Jindal and undergraduate students, all enthusiastically participated in the program.







### **SOUTH-WEST TAMILNADU ORTHODONTIC STUDY GROUP**

Orthodontic week celebration organised by south west Tamil Nadu orthodontic study group, PSN Engineering college, SM Dental, supported by Rotary club of Tirunelveli suburban and Rotary club of Tirunelveli Town. Chief Guest - Mrs Vasanthi Balasubramanian, panchayat leader and Manikandan, Principal, PSN Engineering college. Orientation program about orthodontics by Dr.Dhivakar, convenor, south west Tamil Nadu orthodontic study group at community Hall, melathediyoore, Tirunelveli, Tamil Nadu on 7<sup>th</sup> Oct 2022.



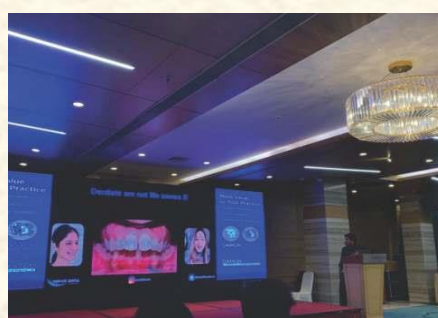


CDE programme “Foster Smile Globally” – 6 speakers, 10 posters and 15 poster participants competition for postgraduate students was conducted by South West Tamilnadu Orthodontic Study Group at Vivekanandha Dental College for Women, Thiruchengode on 16th Oct 2022 which was organized by the Conveners Dr.Dhivakar Selvaraj, Dr.Nagalakshmi and Dr.Jason Roy.



### Minutes on Damon System Experts Conference-18.12.2022

South West Tamil Nadu Orthodontic Study Group along with Ormco conducted a Continuing Dental Education programme DAMON SYSTEM EXPERTS CONFERENCE- One day CDE program on 18.12.2022 in Hotel CJ Pallazzio, Salem. Participants included private practitioners, faculties and students from various colleges took part in this full day program. The program commenced with the Tamilthaivazhthu and lighting of Kuthuvilaku by convenors of Southwest Tamilnadu Orthodontic Study Group - Dr.Nagalakshmi and Dr.Jaysonroy and the guest speakers Dr.Gurkeerat Singh, Dr.Vadivel Kumar & Dr.Venkatesh Garla. Dr.Jason Roy, Convenor SWTNOSG welcomed the gathering and introduced the first speaker Dr.Gurkeerat Singh. Dr.Gurkeeratsingh presented the lecture on Contemporary treatment planning & case management- beginning with end in sight. Following Dr.Gurkeeratsingh lecture, Dr.Vadivel Kumar spoke on the topic "Class II correction- Oldest and the latest". Dr.Venkatesh Garla Spoke on the topic Simplifying complex malocclusions with the Damon system- A beginner's road map to success which was followed by lunch. The vote of thanks was proposed by Dr.Nagalakshmi. The 59 participants gave a good feedback about the content, presentation, topics chosen, speakers and the arrangements of the program.





## PATNA ORTHODONTIC STUDY GROUP

### CDE Program on “Bone Screws & Intraradicular Implant Placement”

CDE program on “Bone Screws & Intraradicular implant placement” was conducted by Patna orthodontic Study group. Chief guest honorable secretary, IOS Dr.Sanjay Labh. Organising chairman of the event Dr.Amesh Kumar Golwara, Dr.Sovendu Jha, Dr.Sukhpreet Kaur. Lecture with detailed demonstration and hands-on were held at Hotel maurya patna on 12<sup>th</sup> January 2023. The program included demonstration of Bone screws placement at different sites. The lectures were attended by more than 50 delegates. The event was a grand success. The delegates were satisfied and gave positive feedback and suggested making it a yearly event would be very beneficial.



### Holi Milan

Patna Orthodontic Study Group, organised an event "Holi Milan", for celebrations of auspicious festival of colours with members and their families on 6th March 2023 at Hotel Sanmit, Patna. Many members and their families participated in playing games, antakshari, housie, music and colours. These activities helps to bond with each other and a brotherhood develops within Orthodontic fraternity. Senior members Dr. Rajeev Lall (Convenor) and Dr Anurag with Dr.Amesh were present. Dr. Neal Bharat Kedia and Dr.Rashi Chauhan (Convenors) organised the program and Dr. Anushka and Dr. Anuradha Pandey were co-conveners of this programme





### **“Fundamentals of Aligners (Invisalign) (CDE) Educational event, in association with Align Tech.**

Patna Orthodontic Study Group (registered) organised an (CDE) educational event, in association with Align Tech. The topic was “Fundamentals of Aligners (Invisalign) and insight on Intraoral Scanner (Itero) on 16th of April 2023 at Hotel Lemon Tree, Patna. The full day CDE program was endorsed by Indian Orthodontic Society and Bihar state Dental Council. The guest speaker was Dr. Aneesh Katyal who is in panelled speaker for Align Tech India who came from Gurgaon. The convenors of POSG, Dr. Rajeev Lal, Dr. Neal Bharat Kedia and Dr. Rashi Chauhan conducted and organised this program. Around 35 Orthodontists attended the program. At this program, senior members Dr. Anurag Rai, Dr. Amesh, Dr. Subhash Chandra from RIMS were also present. The Co-Convenors were Dr. Shalini, Dr. Najibah, Dr. Anuradha, Dr. Anushka, Dr. Goldi, Dr. Aditi and Dr. Adarsh.



### **TREATMENT OF CHALLENGING MALOCCLUSION WITH DAMON PHILOSOPHY PUNE ORTHODONTIC STUDY GROUP EVENT on 21<sup>st</sup> May 2023**

Pune Orthodontic Study Group upholding the tradition of conducting good scientific sessions conducted a full day symposium on Damon Philosophy in association with Ormco India. The resource persons for the program were Dr. C.S Ramachandra and Dr. Ajit Kalia. The program covered the Damon philosophy in detail from its basics to treating complex



malocclusions with TADs and other adjunctive procedures. The seminar began with a welcome message by ormco team followed by the introduction of Dr C.S Ramachandra by Dr Gaurav Gupta (Chief Convenor, POSG) who also welcomed all the delegates and many senior members of IOS who were present for the symposium. POSG is thankful to all for their esteemed presence. Post Lunch Dr Ajit Kalia was introduced by Dr.Anand Tripathi (POSG convenor) followed by a fruitful Q and A session at the end of the program.



### **J&K ESTABLISHES ITS FIRST EVER ORTHODONTIC STUDY GROUP**

In a remarkable event, J&K has formed its first ever study group (JOSG) under the kind guidance of Dr Akshay Gupta (Prof. & Head) Department of Orthodontics, IGGDC Jammu. The inauguration ceremony was facilitated by the presence of Dr. Rajni Kanth, Dean Research, University of Jammu; Dr. Romesh Singh, Ex Principal IGGDC, Jammu, Dr.Parveen Lone, Prof & Head, Department of Oral Surgery, IGGDC, Jammu & Dr Sukhdeep S Kahlon, Prof & Head, Department of Orthodontics, Guru Ramdas College, Amritsar. Prof. Rajnikant graced the occasion as the chief guest, he promised to extend every possible facility for the research & academic activities to be held by the group in the future. Dr.Gautam Mengi (Ex Principal IGGDC, Jammu) in his telephonic message conveyed his best wishes & blessings to JOSG. Dr. Sanjay Labh, Hon. Secretary IOS & Dr.Balvinder Thakkar, Ho. President, IOS also graced the occasion virtually. Both of them extended their full support to JOSG & highlighted the importance of such study groups. Dr Rakesh Gupta (Principal & Dean, IGGDC) emphasized the importance of such study groups & encouraged the members to have such great events in the future as well. The event was organized on 14th May 2023, a day prior to “World Orthodontic Health Day” at Hotel Radison Blu, Jammu. The event was a huge success & received recognition & appreciation from everybody. Dr Akshay Gupta addressed the occasion and explained that he wants to bring all the Orthodontists under one umbrella i.e JOSG, he with the help of his colleagues wants to take Orthodontics to the grass roots level and educate people about the benefits of this branch of Dentistry. The event was graced by orthodontists from different areas of the state & a remarkable total of 28 new members namely Dr Akshay, Dr Iqbal, Dr Rishab, Dr Simran, Dr Rohit, Dr Abhimanyu, Dr Aseem, Dr Aarti, Dr Tanushree, Dr Anur, Dr Madhav, Dr Nikita, Dr Aditi, Dr Manjeet, Dr Faisal, Dr Vikas, Dr Vidushi, Dr.Sakshi, Dr Tanika, Dr Jasleen, Dr Guneet, Dr Sumit, Dr Yasir, Dr Ajaz, Dr Monika, Dr Reyaz, Dr Ahtesham & Dr Anurag joined the study group on that very day.. Dr Sukhdeep S Kahlon was kind enough in sparing his time & discussing Management of Cleft Lip & Palate with all the attendees.







## IOS ENDORSED PROGRAMMES

### Avant Garde Orthodontics

#### An academic extravaganza for budding and practicing Orthodontists 2022-23

An orthodontic, IOS endorsed CDE program was conducted in ANIDS in the Department of Orthodontics and Dentofacial Orthopedics. The program was held in Dr Yellapragada Subbarao lecture gallery, ANH, 6th floor, ANIDS, on 11<sup>th</sup> of October 2022 from 10AM to 3 PM. The guest speakers for the program were Dr.Ashwin Mathew George (Chairman, Indian Board of Orthodontics), Dr.Vineeth V Thundukattil (Professor and Azeezia College of Dental Sciences and Research, Kerala) and Nirupama C (Professor and HOD Karpaga Vinayaga Institute of Dental Sciences, Tamil Nadu), who are eminent nationwide for their lectures have enlightened the gathering regarding newer and different approaches of treating a case. Total 5 sessions of lectures on Management of Sagittal and Transverse Discrepancy using Implant Mechanics and Surgery and Case Guidelines for IBO Examinations by Dr Ashwin Mathew George, Hydrophilic Primers - A Boon or Bane, Aligner Orthodontics - A Release of Comprehensive Review Textbook and An Overview Of Questionnaire for MDS Examination in Orthodontics and Dentofacial Orthopedics by Dr.Nirupama C, Infrazygomatic Crestal Implants Biomechanics & its comparison With Headgear, vertical dimension demystified and Biomechanical Considerations in Management of VSD by Dr.Vineet V T. Organizing committee: Dr. K. Tarakesh (Associate professor), Dr.S.Manojna, Dr. B. Radhika, Dr.R.Madhu Vanya, Dr. Vinny pushpanjali Dr Santosh Ramegowda (Editor, IOS times and Dr D S Raju (Principal, GITAM Dental college) Dr Ravindra (MDS, PGI Chandigarh, DMD Orthodontics), Dr Satish Varma (Professor and HOD, GITAM Dental college), Dr.Ujawala (Professor, GITAM Dental college) and other renowned orthodontic practitioners and academicians all over the state have attended the program. A total of 90 participants including private orthodontic practitioners, academicians and PG students all over AP and Telangana have attended the program with great interest and enthusiasm. IOS endorsed certificates with 5 CDE points from AP state Dental Council are awarded to the participants. Overall feedback of the program given by the participants was recorded as good.





## **ORTHO VOICE - 2023**

### **Sankalchand Patel University Narsinhbhai Patel Dental College and Hospital Department of Orthodontics and Dentofacial Orthopaedics**

Department of Orthodontics and Dentofacial Orthopedics, Narsinhbhai Patel Dental College and hospital, Sankalchand Patel University organized one day Expert Lecture program on 7th January, 2023. The event was endorsed by Indian Orthodontic Society. The event was attended by 35 delegates, chairpersons, and committee members. The program commenced on 7th January 2023 with registration of the participants followed by inaugural ceremony. The inauguration was attended by Dr.Vilas Patel (Hon'ble Dean, NPDCH), Dr.Ajay K Kubavat (Organizing Chairman), Professor and H.O.D. Dept. of Orthodontics and Dentofacial Orthopaedics), Dr. Ravikumar Anthony (Guest Speaker, BDS, MDS, MS, Director of postdoctoral program in Orthodontics, UT Health San Antonio, Associated Professor/Clinical Vondark Clinical Professorship. President, American Lingual Orthodontic Association (ALOA)) Dr.Khyati Patel (Organizing Secretary) . Dr.Sanjeev Jakati (Treasurer), Dr.Alpesh Vaghela (Committee Member), Dr.Susmita Choudhary (Committee Member) along with all the participants.

### **Armed Forces Orthodontic Study Group & Indian Orthodontic Society CDE on “Temporary Anchorage Devices & Skeletal Anchorage System in 3-D Management of Malocclusion” Army Dental Centre Research & Referral New Delhi 22 July 2023**

Armed Forces Orthodontic Study Group organised an Indian Orthodontic Society endorsed one day continuing dental education programme on the contemporary orthodontic topic ‘Temporary anchorage devices and skeletal anchorage system in 3-D management of malocclusion’ at Army Dental Centre Research & Referral, Delhi Cantt. This CDE program aimed to explore this contemporary concept of orthodontic anchorage with special focus on extra-alveolar anchorage like orthobone screws and skeletal anchorage system. Although, it's important to embrace the contemporary it is equally important to thoroughly evaluate its positives & negatives, strengths & weaknesses and the best way ahead is to embark on a journey with experienced clinicians and academicians with extensive experience on the topic. This CDE programme offered this opportunity to the orthodontists of Delhi-NCR region and received the overwhelming response. The CDE was attended by over 100 delegates and 06 CDE points endorsed on behalf of DCI were awarded to all the delegates as e-Certificates. The serving orthodontists of Armed Forces joined this educational extravaganza through Webex online platform.

### **Event Conception & Description**

The event was inaugurated by Lt Gen Satish R Iyer, AVSM DGDS & Col Comdt AD Corps in presence of august gathering of distinguished orthodontic academicians, clinicians and post graduate residents from Delhi-NCR region. The prominent dignitaries in attendance were Maj Gen Vineet Sharma, VSM Additional Director General Dental Services, Maj Gen Balakrishnan Jayan Comdt & Comd Dental Adviser (CC), Dr. Vinod Verma, Dr Tulika Tripathi, Dr SP Singh, Hony Sec IOS & Guest of Honour Dr Sanjay Labh, Lt Col NK Ahuja



(Retd), Lt Col Anmol Kalha (Retd), Dr Tarun Kumar. The event was divided into three sessions; Inauguration and Keynote address, pre-lunch session and postlunch session. The event opened up with keynote address by Dr Vinod Verma, an eminent orthodontist and speaker of international repute and he shared his experience of more than 50 years of exclusive orthodontic practice. The session was chaired by Dr Tulika Tripathi, Prof & HoD of prestigious Maulana Azad Institute of Dental Sciences, New Delhi. Dr Aalok Puri, an eminent clinician and orthodontic consultant at Bethany Hospital, Shillong was the speaker for the second session. He shared his experience and extensive work on extraalveolar anchorage supported management of transverse, sagittal and vertical discrepancies in the north-east. The session was chaired by Dr Puja Khanna, Prof & HoD Jan Nayak Ch Devi Lal Dental College, Sirsa and Dr Vaibhav Misra, Prof & HoD DJ College of Dental Sciences and Research, Modinagar. The final session was helmed by eminent speakers, Dr SP Singh Prof & HoD and Dr Raj Kumar Verma, Assoc Prof from Div of Orthodontics, Oral Sciences Health Centre, PGIMER Chandigarh. They presented their extensive work on Bone Anchored Maxillary Protraction for management of maxillary hypoplasia. The session was chaired by Dr Pradeep Raghav Prof & HoD Subharti Dental College, Meerut and Dr Priyank Rai, Professor Maulana Azad Institute of Dental Sciences, New Delhi. This was followed by screening of placement of skeletal anchorage system from Stryker Medical Devices and Equipments. The speakers and chairperson were presented with mementos and certificates. This was followed by lunch and social scientific interactions.

### Social & Scientific Interactions

The post-lunch session was dedicated to hands-on training workshop and postgraduate Quiz. Dr Aalok Puri in association withOrmco Orthodontics trained the delegates on use of infrazygomatic crest (IZC) and buccal shelf TAD's. The post graduate quiz received overwhelming response with participation of six teams. The first prize was bagged by team from Maulana Azad Institute of Dental Sciences, New Delhi, second prize was won by PGIDS Rohtak and third prize to ITS Noida. This was followed by prize distribution and Vote of Thanks by Brig Sukhbir Singh Chopra, Commandant ADC R&R. He placed on record the admiration for support provided by the O/o DGAFMS, Director General Dental Services, administrative staff of ADC R&R and Dept of Orthodontics in successfully organizing an event of this magnitude.







**`Discussion on Latest Technology, Biomechanics, Staging Protocols & Problem Solving with Aligners` - Oneday CDE Program for IOS Members Conducted by TAC Aligners at Hyderabad, on 13-08-2023- In association with Hyderabad Orthodontic Study Group & IOS as Knowledge Partner.**

The Indian Orthodontic Society's, IOS (Knowledge Partner) endorsed CDE Program on **`Discussion on Latest Technology, Biomechanics, Staging Protocols & Problem Solving with Aligner's**, was Organized jointly by Hyderabad Orthodontic Study Group (HOSG), and TAC Aligners, held at Hotel Marigold, Hyderabad on 13<sup>th</sup> August 2023 from 11AM to 4PM. The CDE program was a one day lecture series, where Dr.Gauri Vichare, Dr.Chintan Valia, Dr Madhur Navlani graced the occasion as the resource persons imparting knowledge to 34 participants, (Life members of IOS) in and around Hyderabad and Secunderabad.

Dr. G. Chandrashekar- Past president IOS, Convenors of HOSG, Dr. Shubhaker Rao Juvvadi, Dr. Prasad Konda, Dr. A. Rakesh Rao, Dr Yudhistar.P.V. EC member IOS were amongst delegates present at the meeting. The importance of Orthodontists as specialists to do orthodontic treatment was reiterated on this occasion by Dr Shubhaker Rao Juvvadi, Chief Convenor HOSG. The dangers of Direct-to-Consumer Aligners (D2C) to the patients were also stressed by conveners Dr. Prasad Konda & Dr Rakesh rao. The Program was IOS Endorsed program and 6 CDE points endorsed by Telangana State Dental Council.

The Schedule of the program was:

- Inaugural and Address by HOSG Convenors
- Introduction to Aligners & Aligner Biomechanics in general and Vertical Malocclusions in particular – Dr Gauri Vichare 11:30AM to 1PM,
- Lunch 1PM to 1:45 PM
- Staging Protocols in Aligners – Dr Chintan Valia, 1:45PM to 3PM
- Aligner Biomechanics, Practical aspects of Aligner practice and troubleshooting with Aligners – Dr Madhur Navlani, 3PM to 4PM
- Valedictory, Distribution of Certificates and High Tea

Speaking on the occasion, Guest of Honour, Dr G Chandra Sekhar, Past President IOS, had mentioned how rapid, technology has made inroads into every field more so ever into Orthodontics, and reiterated the need to update, upgrade and brace ourselves to keep up to the pace and embrace the change. He said that smart upgrading of skills by every Orthodontist who is naturally adept with the Knowledge of Biomechanics, should actually be riding the tide in upcoming years to come and not feel threatened by disruptive intrusion into our practices by Aligner companies, as the ill effects of poorly planned aligners by Non-Orthodontists and Novices are yet to surface. So this time of 2 to 3 years is for us to be the masters in the field of Aligners and to hone the skills of trouble shooting. He said that the lectures given by Hon`ble



speakers were awe inspiring and lot of clinical cases were discussed along with a thorough knowledge imparted on Aligners. He wished HOSG, a great success in its future endeavors and to conduct many such useful programs

Audience were Glued to their seats and were asking questions even after 15 minutes after conclusion of the talk and it was a fraternal gathering amongst members of Hyderabad Orthodontic Study Group spiced up by the practice management tips from experts in the field in the form of resource persons who shared their Knowledge on Aligners. Overall it was a very successful program planned exclusively for Orthodontists, who are Life members of IOS.



### BIOMECHANICS IN ORTHODONTICS

Department of Orthodontics, BBDCODS, BBDU has successfully conducted a CDE program titled “BIOMECHANICS IN ORTHODONTICS” at conference hall, BBDCODS on 10<sup>th</sup> & 11<sup>th</sup> Oct, 22 under supervision and guidance of Dr. Rohit Khanna, Professor and Head, in collaboration with OSGOL under aegis of Indian Orthodontic Society. CDE program was conducted by esteemed speaker Dr. Vinay Chugh, Additional Professor, Orthodontics Department of Dentistry, AIIMS Jodhpur. The program was attended by 70 plus participants including stalwarts of Orthodontic fraternity, faculty and postgraduate students of various dental colleges. The program was spanned over two days with lectures elaborating on basics of Biomechanics, force systems and its clinical application in Orthodontics. Hands on course covered fabrication and biomechanics of intrusion arches, T loop, torquing arch etc.



### KARYASHALA ON ORTHOGNATHIC SURGERY CONVENTION TO DIGITAL

"Karyashala on Orthognathic surgery: Convention to Digital was conducted by Chandigarh Orthodontic Study Group in association with Unit of Orthodontics, Oral Health Sciences Center, PGIMER, Chandigarh. Dr. Ashima Goyal, Head of Department, OHSC, PGIMER was the chief guest and Dr. SP Singh was the organising chairman of the event. Lectures were presented at Hotel Shivalikview, Sector 17. Workshop with detailed



demonstration and hands-on were held at PGIMER, Chandigarh between 26<sup>th</sup>-27<sup>th</sup> November 2022. The program included demonstration of facebow transfer, Mock surgery of semi adjustable articulators and 2D and 3D virtual surgery planning and splint fabricating using 3D Dolphin software. The lectures were attended by more than 90 delegates and workshop was limited to 42 candidates (which included faculty and 3rd year PG students from various colleges. The efforts of all the conveners, COSG Dr.Sarabjeet Singh, Dr.Sanjeev Verma and Dr.Deepankar Bhatnagar in planning and organising the event were highly appreciated.



### ORTHOGNATHICS REBOOTED PROGRAMME

A one day orthodontic programme named "Orthognathics Rebooted" on 4<sup>th</sup> December 2022, at Ashoka Inn, Thrissur, under the Royal Dental college, Palakkad, Kerala. There was a wonderful lecture by Dr.Srirengalakshmi, Associate professor, Department of Orthodontics, Saveetha Dental College, followed by a hands on course about virtual orthognathic surgical planning using Dolphin software by Mr Manish Sharma Dolphin coordinator. They had 58 delegates for both the lecture and hands on course. Participants were from various dental colleges in Kerala, specialists other than orthodontics, and private participants as well.





## SIMPLIFYING TREATMENT MECHANICS USING PASSIVE SELF LIGATION AND CLASS II CORRECTOR

Pacific Dental College and research centre, under the leadership of Dr.Piyush Bolya (Organizing Chairman) conducted a One day CDE with Hand On/Live Patient on "Simplyfying Treatment Mechanics using passive self ligation and class II corrector" on 16<sup>th</sup> January 2023 at Udaipur Rajasthan the CDE had 69 Student Life Members (PG Delegates) & 27 Life Members ie. in total 96 delegates of Indian Orthodontic Society.<sup>3</sup>



## A MASTERCLASS IN ABSOLUTE ANCHORAGE SYSTEM 2023

Department of Orthodontics & Dentofacial Orthopedics, MCE Society's M A Rangoonwala college of Dental Sciences & Research Centre, in collaboration with Indian Orthodontic Society conducted a Day long CDE program named "A Masterclass in Absolute Anchorage" on 22<sup>nd</sup> January 2023 at Central Park hotel, Pune. Eminent speakers in Orthodontic Speciality Dr.Adith Venugopal[Cambodia] & Dr. Abhishek Ghosh [Kolkata] gave a series of very informative lectures in this full day CDE Programme. The event started with felicitation of the guest speakers and presiding chief guests Dr.Dugal & Registrar R A Shaikh by Dr.Ajit Kalia, HOD & Professor Dept. of Orthodontics and President Elect Indian Orthodontic Society Dr. Jayesh Rahalkar. The program was a huge success with more than 80 participants from all over the Maharashtra.





## REPORT 2023 EMBRACE LUCKNOW CHAPTER

The Department of Orthodontics of Saraswati Dental College conducted a two day faculty and Student exchange program titled “Embrace 2023 -Lucknow chapter” on the 20<sup>th</sup> and the 21<sup>st</sup> of February, 2023, in accordance with the MOU between the Department of Orthodontics and Dentofacial Orthopedics of Saraswati Dental College with the Orthodontics’ Department of Santosh Dental College, Ghaziabad. The two day event was a confluence of academic minds where Santosh Dental College was represented by their faculty, Dr.Mayank Gupta and Post-graduate students, Dr.Shreyash Gupta, Dr. Shivangi Shukla and Dr. Palak Kulshretha. Dr. Puneet Batra, member of Smile Train India Advisory Council graced the Inauguration event.

### Day 1

An introductory lecture on Esthetics and Orthodontics was given by, Dr. Shreya V. Mishra followed by the inauguration ceremony where the lighting of the lamp ceremony was performed by the Principal Dr.KN Dubey, Professor and Head Orthodontics Dr.Ragni Tandon, Vice Principal Dr.Pradyumn Mishra, Dean UG Studies Dr.SaumyaNavit and the Heads of the various Departments. The sessions for the day commenced with a lecture on the Scope of Orthodontics and Future trends by Dr. Ashish Chauhan. Clinical cases were presented by the Post graduates following which deliberations on the treatment mechanics and the alternative treatment plans were discussed by Prof. and Head Dr.Ragni Tandon and Prof. Dr.Kamlesh Singh. In the afternoon session of the day, the Post graduates performed Wire bending and bite registration exercises under the Guidance of Prof Dr. Aftab Azam and Prof Dr. Pratik Chandra.

### Day 2

The day commenced with a presentation from the guest faculty from Santosh Dental College, Dr. Mayank Gupta who taught the students about the Treatment modalities in Orthodontics. This was followed by the lecture on Biomechanics by Dr. Pratik Chandra. Dr.Mayank also visited the Post Graduate clinic where a chairside discussion on the ongoing cases of the postgraduates was undertaken. In the second session of the day, a lecture on Myofunctional appliances was delivered by Dr.Ragni Tandon. Dr.Kamlesh Singh also presented a lecture on the recent trends in Orthognathic Surgery which was an informative lecture for the students.





### **DAMON APPLIANCE & TADS**

CDE Programme on Class II Non-Extraction Treatment Simplified with Damon Appliance & TAD'S in Orthodontics We are happy to share that Somnath Educational Trust's S.B Patil Institute for Dental Sciences & Research, Bidar, Karnataka Department of Orthodontics in association with Indian Orthodontic Society successfully organised a blockbuster CDE program " Class II treatment simplified with Damon appliance & TADS in Orthodontics' by Dr. Srikanth Shendre, Professor Department of Orthodontics, The Oxford Dental College, Bengaluru, on 7th March 2023. The program was a huge success with more than 100 participant from all around the Bidar & Kalyan Karnataka Region. A welcome speech was given by Dr Chandrashekhargouda Patil, HOD, Dept Orthodontics. Dr Chandrashekhargouda Patil, HOD, Dept Orthodontics, was the Organising chairperson along with Dr Amarnath Biradar & Dr Suresh Kalgapure as organising secretary & Dr Vivek Chitte, Dr Akash Kencha & Dr Kailash Rathi as program coordinator did a wonderful job of organising this excellent event at S.B Patil Institute for Dental Sciences & Research, Bidar. The program was concluded with the vote of thanks by Dr Amarnath Biradar.

### **DISTRACTION AN INSIGHT - 9<sup>TH</sup> MARCH 2023**

#### **DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPEDICSGITAM DENTAL COLLEGE & HOSPITAL, VISAKHAPATNAM**

The Department of Orthodontics conducted a Lecture course Distraction Osteogenesis an insight on the 9th of March, 2023 with the aim of reinforcing theoretical knowledge in the domain in diagnosis and treatment planning of severe malocclusions with distraction osteogenesis Dr.Nanda Kumar who is a renowned name in the field of Distraction Osteogenesis was the course director who conducted the course in a very fluid manner. The course co-directors were Dr. Pradeep K and Dr. Karthik who completed their masters in Orthodontics in Meenakshi Ammal Dental College. The Course Chairman was Dr. Satish Varma, HOD of Dept of Orthodontics, GITAM Dental College and Hospital and Course Coordinator was Dr.Ujwala, Professor, Dept of Orthodontics, GITAM Dental College and Hospital. The course was pre-designed and facilitated by Dr. Nanda Kumar. All the necessary arrangements were organised carefully beforehand by the faculty and postgraduates of the department of Orthodontics under the leadership of the Head of Department, Dr. N Satish Varma, Assistant Principal Dr. Y. N. Sasidhar & the Principal of GITAM Dental College, Dr. D S Raju inaugurated the course and welcomed the resource persons Dr. Nanda Kumar, Dr. Pradeep K. and Dr. Karthik. The participating group consisted of the entire department of Orthodontics of GITAM Dental College and Hospital. Faculty and post graduates from various institutions from across the state taking the number of participants to a total of 65.





## BANGALORE INSTITUTE OF DENTAL SCIENCES DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS

The Department of Orthodontics and Dentofacial Orthopaedics in association with IOS and BOSG organised a CDE Program titled CLEAR ALIGNERS – “Treatment Planning & Protocols” with Dr.Dhiraj Kumar Shetty as the resource person on 13th March 2023. The programme was held at Prabhath Kala dwaraka, Koramangala, Bangalore and was awarded three CDE points by KSDC. as Guest Lectures to conduct Clear Aligner Orthodontic Workshop both in India & Abroad. The eminent speaker was introduced by the Principal & HOD of Department of Orthodontics & Dentofacial Orthopaedics Dr.Vinaya S Pai. He motivated the delegates to become “ATMANIRBHAR” by using In-House Aligners for orthodontic treatment instead of relying on Corporate Aligners. He displayed difficult cases treated with In-House aligners, without any compromise in achieving good finish. It was a successful event attended by 150 participants consisting of Senior Faculties, Academicians, Practitioners & Postgraduate students. At the end of the program Vote of Thanks was delivered by Dr Manjunath Hegde, the Professor of Department of Orthodontics & Dentofacial Orthopaedics. The Department of Orthodontics, BIDS would like to thank Respected Chairman Shri Katuri Subba Rao Sir, Directors Dr.Swaira and Dr. Siri Krishna for their support & encouragement in conducting the CDE Program successfully.



## DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS MAR BASELIOS DENTAL COLLEGE, KOTHAMANGALAM TAMING THE VAGRANT CANINES LIVE DEMO AND HANDS-ON WORKSHOP, 31ST MARCH AND 1ST APRIL 2023

In association with The Indian Orthodontic Society, the Department of Orthodontics and Dentofacial Orthopaedics, Mar Baselios Dental College, Kothamangalam, Kerala conducted a two-day workshop on "Impacted Canines: Diagnosis and Management" on March 31st and April 1st, 2023, and saw the participation of 83 delegates. Day 1 began with the registration of the delegates followed by the inaugural ceremony. The inaugural speech was delivered by Dr. P.G. Francis. Other dignitaries on the dais included Dr.Byju Paul Kurian, the Principal of Mar Baselios Dental College, Kothamangalam, and Vice President Mr. Binu



Kaipillil. The vote of thanks was given by Dr. Irin Sebastian and Dr. Arun Bosco J introduced the workshop. The sessions for the day included presentations on the incidence, etiology, and diagnosis of impacted canines by Dr. Brijesh S, and treatment modalities for impacted canines by Dr. Joseph Sebastian. The morning sessions also covered the open eruption techniques by Dr. Biju Kalarikkal, closed eruption techniques, and autogenous transplantation of impacted canines by Dr. P.G. Francis. After the lunch break, a live demonstration of surgical exposure techniques – Apically repositioned flap. Tunnel traction and autogenous transplantation were conducted.

Day 2, on April 1st, started with hands-on exercises guided by Dr. P.G. Francis, Dr. Biju Kalarikkal, Dr. Joseph Sebastian, Dr. Brijesh S, Dr. Arun Bosco J, and Dr. Irin Sebastian, along with the cooperation of postgraduate students of the department. The hands-on exercises included wire bending techniques such as modified Ballista spring, multiloop, Kilroy spring, etc., and different surgical exposure techniques on simulated models. Post-workshop assessments were conducted, followed by a panel discussion moderated by Dr. Joseph Sebastian and involving Dr. P.G. Francis and Dr. Biju Kalarikkal. The delegates were provided with certificates and a course manual and the workshop was concluded with a valedictory function. The workshop provided valuable insights into the diagnosis and management of impacted canines, with informative presentations, live demonstrations, and hands-on exercises.



### WORKSHOP ON “A-Z ON IN-HOUSE ALIGNERS”

“A-Z on In-House Aligners” a complete Hands-on workshop on In-Office Manufacturing of Clear Aligner was successfully conducted on 4th and 5th April, 2023 by Dr. Prof Gurkeerat Singh from Sudha Rustagi college of Dental Sciences, Faridabad and Dr. Prof Ajit Jaiswal from Baba Jaswant Singh Dental College, Ludhiana. The workshop was conducted at Buddha Institute of Dental Sciences and Hospital, Patna. The programme was inaugurated by Dr. Prof Binoy Kumar Singh, Chairman of the hospital, Secretary R. K. Singh, Principal Dr. Prof Ujjal Chatterjee, Dr. Prof Surendra Prasad, Head of dept. of Orthodontics Dr. Prof Amesh Kr. Golwara, Dr. Prof Neal Kedia & Dr. Prof. K.H. Sudheer. Dr. Rashmi Chauhan and Dr. Souvendhujha has preceded the programme. This two-day workshop comprised an insight into how to treat simple and complex cases with in-house aligner and a Hands-on demonstration of various steps involved in aligner fabrication. The workshop began with a comprehensive lecture covering the basics and biomechanics of aligner treatment and detailed discussion on attachments. The programme included a clinical demonstration of attachment placement, Aligner delivery protocols, thermoforming, finishing, and packaging demonstration. The delegates got insight of exciting software like ArchForm and Chitubox for detailed and accurate model analysis and treatment planning. First set of aligner to patient was delivered under supervision of Dr. Richashree, Dr. Pallavi Kusum, Dr. Anjali Kaul and Dr. Major Amit.





### **1<sup>ST</sup> ANNUAL ORTHODONTIC DEBATE 17<sup>TH</sup> APRIL 2023 SGT UNIVERSITY, GURUGRAM**

The Department of Orthodontics, Faculty of Dental Sciences, SGT University, Gurugram in collaboration with Smile 4 Souls Academic Association conducted the 1st Annual Orthodontic Debate in the country endorsed by IOS. The event was efficiently organised by Dr. Pandurangan Harikrishnan, head of the department and his team of staff and postgraduate students. Around 80 postgraduate students attended the programme enthusiastically from ten different colleges divided into ten teams from four states (Haryana, Delhi, Rajasthan and U.P.). The programme began with an introductory speech by Dr. P. Harikrishnan highlighting the various topics of controversy right from the historic “Case controversy” debate of 1911, which was followed by the welcome speech by Dr. Santosh Kumar. The chief guest Dr. Rajesh Kumar Sinha, Dean academics, SGT university was welcomed with a memento and sapling followed by his words of wisdom. The Dean, Faculty of Dental Sciences, Dr. Omkar Shetty also welcomed the guests with a speech. Lighting of the lamp was done by the Chief guest, Dr. Sanjay Labh, Dr. Omkar Shetty, Dr. P. Harikrishnan and Dr. Santosh Kumar along with three participants. Dr. Sanjay Labh, Hon. secretary of IOS graced the event as an esteemed Judge for the Debate. Various topics for the debate were Extraction Vs Non-Extraction, Fixed



appliances Vs Aligners, Labial Vs Lingual appliances, Early Vs Late Orthodontics and Orthodontic Vs Surgical treatment. 1st Session of the debate was between team Maulana Azad Dental College and team CDER-AIIMS. After a short tea break, 2nd Session of debate was between team Bankey Bihari Dental College and team Sudha Rastogi Dental College, 3rd Session was between team PDM, Bahadurgarh and team ITS, Greater Noida. After a lunch break and group photograph, 4th Session went between team PGI, Rohtak and team Aligarh Muslim University, and the last 5th session was between team Manav Rachna Dental College and team NIMS, Jaipur. The participants energetically debated the topics with lots of scientific evidence and case samples from the orthodontic literature. The debate results were announced by Dr. Sanjay Labh with his inspirational speech. Team CDER-AIIMS won the 1st prize followed by 2nd prize by Maulana Azad Dental College and 3rd prize by ITS, Greater Noida, whom received the trophies. The event ended with Certificate distribution to all participants, felicitation of the judge, vote of thanks and all participants received a takeaway snack pack with a small memorable gold colored key-tag memento. Dr. Sanjay Labh announced that he will take the debate concept, an interesting learning method for students to various regions in the country under IOS banner.



### COGNATHON

#### **AN INSIGHT INTO PRINCIPLES, DIAGNOSIS AND PLANNING ORTHOGNATHIC SURGERY GUEST SPEAKER: DR. ARUN AV AND DR. PAVITHRA BAI M**

Department of Orthodontics, Geetanjali Dental & Research Institute, Udaipur under the aegis of Indian Orthodontic Society and in association with Rajasthan Orthodontic Study Group (ROSG) conducted a one-day lecture cum hands on program on “CoGnathon: An Insight into Principles, diagnosis and planning orthognathic surgery on Wednesday, 3<sup>rd</sup> of May 2023. The guest speakers for the event were Dr. Arun AV, MDS, Mortho currently working in as Professor, Sharavathi Dental College, Shimoga, Karnataka and Dr. Pavithra Bai M, MDS working as the Professor, Hitech Dental College, Bhubaneswar. Around 100 delegates inclusive of Staff, post graduate students and private practitioner across Rajasthan and Gujrat had attended enthusiastically for this event. The event was cherished with the presence of Dr.



F.S. Mehta, Honorable Vice Chancellor, Geetanjali University, Dr. Balvinder S Thakkar, Honorable President, Indian Orthodontic Society and Dr. Nikhil Verma, Honorable Principal, Geetanjali Dental & Research Institute, Udaipur. The guest speakers of the event Dr. Arun AV and Dr. Pavithra Bai M were also welcomed with mementoes and saplings by Dr. FS Mehta, Honorable Vice Chancellor, Geetanjali University, Dr. Nikhil Verma, Honorable Dean, GDRI and by Dr. Namit Nagar, Professor & Head, Department of Orthodontics, GDRI, Udaipur. Dr. Balvinder Singh Thakkar, Hon President, IOS also enriched the gatherings through his words of wisdom. The event was organized by Dr. Namit Nagar, Professor and Head, Department of Orthodontics, Geetanjali Dental & Research Institute, Udaipur. Dr. Arun AV started his presentation with basic concepts of care for orthognathic surgery followed by lecture on Diagnosis and recent goals in treatment planning by Dr. Pavithra Bai. The delegates were benefitted with series of lectures taken by guest speakers on Pre surgical clinical considerations in various skeletal malocclusions, conventional versus surgery first approach, Facial and model analysis COGS, FAB VTO, STO predictions, fabrication of conventional splint versus 3D splints etc. Hands on session on manual two-dimensional cephalometric prediction tracing was performed by every delegate under the supervision of the guest speakers of the event. The event ended with certificate distribution to all the participants, felicitation of the guest speakers and vote of thanks.



#### **KLE SOCIETY'S INSTITUTE OF DENTAL SCIENCES, BENGALURU DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS**

Department of Orthodontics and Dentofacial Orthopaedics, KLE Society's Institute of Dental Sciences, organized a one-day Hands-on program with lecture series on 4th May 2023. The event was conducted in association with the Bangalore Orthodontic Study Group. The event was attended by 85 delegates. The program commenced on 4th May, 2023 with registration of participants followed by inaugural ceremony. The inauguration was attended by Dr. Srivatsa G (Hon'ble Dean, KLEDC), Dr. Sumitra (Professor and Head of Dept. Orthodontics and Dentofacial Orthopaedics, KLEDC), Dr. Anup Belludi (Chief Convener of BOSG), Dr. Om Prakash Kharbanda (Guest speaker, Pro vice chancellor Health Sciences, Ramaiah University of Applied Sciences), Dr. Rajiv B (Guest speaker, All India Institute of Medical Sciences, New Delhi), Dr. Virendra Kumar (Guest speaker, Central Scientific Instruments Organization (CSIR-CSIO), Chandigarh), Dr. Silju Mathew (Hon'ble Dean, Faculty of Dental Sciences, Past president of IOS), Dr. Praveen M (Organising committee), Dr. Sujala D (Organising committee), Dr. Shreya Naik (Organising committee) along with all the participants. The scientific session began at around 10.00 am and continued till 4.00 pm. Each lecture was followed by a hands-on session on downloading and working of the AutoCEPH Software.







## IOS ANNUAL AWARD 2022-2023

The IOS Executive committee 2022-2023 is happy to confer the following Special awards on its distinguished members

### **IOS-Life Time Achievement Award**

Dr. S B Shetye (LM0068)

Dr. Jyothindra Kumar (LM0158)

Dr. N K Ahuja (LM0171)

### **Dr. A. V. Arun's Outstanding Professor Award**

Dr. A Venkatesan (LM0178)

Dr. Amit Nagar (LM0272)

Dr. Ragni Tandon (LM0342)

Dr. Virender Singh Kohli (LM0509)

Dr. Rajan K Mahindra (LM0551)

Dr. Sridevi Padmanabhan (LM0712)

Dr. Rajiv Ahluwalia (LM0797)

### **Dr. Keki Mistry Scroll of Honour**

Dr. Anmol S Kalha (LM0370)

## THE IOS SECRETARIAT IS ALSO HAPPY TO ANNOUNCE THE FOLLOWING AWARDS AND GRANTS AWARDS

<b>Dr. J.G. Kannappan Award for best Dissertation submitted (2022)</b>	<b>Dr. J.G. Kannappan Award for best Dissertation submitted (2023)</b>
<b>Dr. Kathijathul Hidhaya S (LM4913)</b>	<b>Dr. Madhanraj Selvaraj (LM5262)</b>
Association Between Growth Hormone Receptor Gene Polymorphisms And Craniofacial Morphology In Indian Population - A Cross Sectional Study.	Exploring The Usage Of Ultrasonography In Assessing Mid- Palatal Suture Opening In For RPE: Pilot Study

<b>Dr. George Jacob Award For Innovation In Clinical Orthodontics Scientific Paper Published In The Journal of Indian Orthodontic Society</b>
<b>Dr. Janani Ravi (LM4630)</b>
Comparison of Roll and Pitch Among Patients with Vertical and Horizontal Skeletal Patterns Using Cant- O-Meter: A New Gyroscopic Device for Measuring Occlusal Cant



**Dr. P P Jacob Award For The Best Scientific Paper Published In  
The Journal of Indian Orthodontic Society**

**Dr. Prasad Chitra (LM2014)**

In Vivo Evaluation of Micronucleus Frequencies in Buccal Mucosal Cells of Orthodontic Patients with and Without Fluoride Use

**Indian Orthodontic Society- Life Member Research Award**

**Dr. Raj Kumar Maurya (LM2435)**

Breath-O: Bioaerosol Released Estimation By Analyzing Therapeutic Procedures In Orthodontics And Allied Oral Health Care

**Dr. Jitendra Sharan (LM2062)**

Surface Functionalization Of Gallium Nitride For Bio Medical Implant Applications

**Dr. Sujit Navnath (LM5464)**

Determination Of Soft Tissue Thickness At The Orthodontic Miniscrew Placement Sites In Skeletal Class I And Class II PAIIENTS- An Ultrasonography Study

**Dr. Wg. Cdr. Gagandeep Kochar (LM2988)for 2022**

Treatment Effects And Lip Profile Changes Following Surgical Mandibular Advancement Vs Premolar Extraction In Class II Div I Malocclusion

**Indian Orthodontic Society-Student Research Award**

**Dr. Shubhi Singh (LM11509)**

Accelerating Orthodontic Tooth Movement With Peeso-Reamer Facilitated Micro Osteo-Perforations

**Dr. Abhishek Sanchla (SLM11074)**

Comparative Evaluation And Correlation Of Pain Pattern In Neck Musculature Observed In Mild, Moderate, And Severe Temporomandibular Joint Disorder Cases As Compared To Non-Temporomandibular Joint Disorder Cases

**Dr. H. D. Merchant Award For Original Work In The Field Of  
Preventive Orthodontic Research**

**Dr Oommen Nainan (LM 2586)**

Relationship between mother – infant sleeping arrangements and development of malocclusion among children in a mixed dentition in Indian population

**Dr. Mrs. Savita Ramesh Vaid Memorial Award for the Best Overall**

**Madras Orthodontic Study Group**

**Most Promising Study Group**

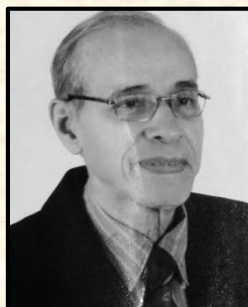
**Patna Orthodontic Study Group**

**Bhubaneswar Orthodontic Study Group**



## IOS-LIFE TIME ACHIEVEMENT AWARD

**Dr. SURESH B. SHETYE**



B.D.S 1959 University of Bombay, M.D.S. 1962 Orthodontics - University of Bombay. Worked under guidance of Prof. Stahl (Heidelberg University) for 3 months in year 1962. 1963-1967 – Dental Surgeon, Health Services - Government of Goa. 1963 to date – Private Practice in Orthodontics at Clinics at Panaji, Goa. 1972-1975 – Dental Advisor to the Medical Journal “Clinician” published from Goa. 1982-1987 – Visiting Professor of Orthodontics for Undergraduate at Goa Dental College & Hospital

1988 – Member of Advisory Committee of Goa Dental College & Hospital as Goa University nominee for 3 years. 1985 – Member of Board of Studies in Dentistry for U.G, at Goa University. 1985 – Appointed as member of 3 member committee to visit Dental Colleges to give input for construction of Goa Dental College & Hospital. 1987 – Visiting Professor of Orthodontics at K.L.E.S. Dental College at Belgaum for Undergraduate studies

1989 – 1990 – Appointed Hon. Dean of Goa Dental & Hospital. 1991 – Nominated as expert on GPSC for appointment of Lecturer Post in Orthodontics & Operative Dentistry. 1994 – Member of Board of Studies for combined course of P.G. & U.G. in Dentistry for 3 years for Karnataka University under KSU Act 1976/1992 – 2001 - H.O.D. and Professor of Orthodontics & P.G. guide, Department of Orthodontics, K.L.E. Institute of Dental Sciences, Belgaum -Karnataka. Previous appointments as P.G. Examiner in Orthodontics for Karnataka University, Gujarat University 1998- 1999 - President of the Indian Orthodontic Society Chairman of Organizing Committee for three IOS conferences held in Goa

**Other Posts currently held:**

Vice-President of the Goa Cancer Society

Executive Member of Manipal Goa Cancer Hospital Trust



**Dr. JYOTHINDRA KUMAR**

- ❖ Orthodontist – Distinguished teacher, Researcher and Administrator with an outstanding track record.
- ❖ Honored with: “Outstanding Professor Award of the Indian Orthodontic Society”, “Best Doctor Award” of Govt of Kerala, “Best Researcher Award” of IADR-India Section, & MRSI Gold Medal for outstanding contributions to Bio Materials Research. He was awarded the Distinguished Alumnus Award of Govt Medical College, Trivandrum in 2022.
- ❖ Conferred D.Sc - Honoris Causa for life time contributions to Orthodontics & Dentistry.
- ❖ Served the Indian Orthodontic Society as its President, Chairman of the Indian Board of Orthodontics, Founder Secretary of IBO, Editor of the Journal of Indian Orthodontic Society and Vice-President for two terms.
- ❖ As Joint Director-General of Medical Education was instrumental for the commissioning of two new Government Dental Colleges at Alapuzha and Thrissur,(50 Admissions each) constructing the buildings (110 crores), furnishing and equipping them. Created over 100 Faculty positions and over 200 non-teaching posts for Dentistry in Kerala.
- ❖ Served in National Apex bodies - as Executive Committee member of Dental Council of India, Specialty Committee of National Board of Exams etc.
- ❖ Regional Dental Advisor, Royal College of Surgeons of Edinburgh, Scotland, U.K.
- ❖ Dean of the Faculty of Dental Medicine (twice) & Chairman, Post Graduate Board of Studies, University of Kerala.
- ❖ Keynote speaker at several International, National and State Conferences.
- ❖ Editorial Board Member, World Federation of Orthodontics, (British) Journal of Orthodontics, Indian Journal of Orthodontics, Indian Journal of Dental Research & other publications.
- ❖ Was member of Academic bodies in Rajiv Gandhi Medical University, Annamalai University, Calicut University, MAHER University, Sree Ramachandra Universityetc.
- ❖ Ph.D Guide & Examiner. Undergraduate & Post Graduate Examiner to most Universities in India in the 80's, 90's 1<sup>st</sup> decade of the new millennium.



**Dr. N. K. AHUJA (LM0171)**

Dr. N. K. Ahuja MDS Orthodontics from KGMC Lko (1965 Batch) He is Vice Chancellor of Swami Vivekanand Subharti University, Meerut. Chairman, Quality Control, Swami Vivekanand Subharti University, Meerut. He Joined Army Dental Corps in 1970 to 1993. While in the Army, he served on variety of assignments including Bangladesh & Anti-Militancy operations in Nagaland and J & K. He also served as teaching faculty at AFMC Pune for 7 years. Dr. Ahuja has received many decorations and honors to name a few: 'Army Chief's Commendation Card' (1983-89), 'Jewel in the Crown' by A.D. Corps in 2008, 'President' of Indian Orthodontic Society (2010-2011), 'Lifetime Achievement' award (2014) by the International Forum of Defence Services (Dental), 'Outstanding Professor' 2015 by I.O.S., 'Lifetime Achievement' by Army Chief, 2016, 'Distinguished Alumni', KGMC, in 2016, honored for 'Exemplary Contribution towards Education' by the Deputy, Chief Minister, U.P. in 2019, 'Meerut Ratan' by the All India Conference of Intellectuals, 'Rajiv Gandhi Shiromani' award by National Integration & Economic Council .



**DR. KEKI MISTRY SCROLL OF HONOUR****Dr. ANMOL S KALHA (LM0370)****Col ( Retd) AD Corps****BSc BDS MDS Cert Lingual Ortho ( Germany)****Fellow World federation Of Orthodontists****Member American Association Of Orthodontists****Member German Society For Aesthetic Orthodontics : DGAK****Member Eurasian Orthodontic Society, Country representative.****Founder member Indian Academy Of Dental Sleep Medicine****Founder member Lingual Orthodontic Society India****Member ISDR ( IADR)****Visiting Professor University of Health Sciences Cambodia, Advisor Cambodian Dental Association , Leeds Dental Institute UK****Professor Emeritus , Chairman IQAC, Advisor for Research and Policy, CIDS****Director and Advisor(Dentistry) , Max Health Care , New Delhi****Co Founder and Chief Architect Medeva Knowledge Systems****Chairman Scientific, India International Orthodontic Symposium 2021**

Distinguished academic credentials, 40 years of professional experience, a diverse career in uniform, academics and healthcare policy and administration. International key opinion leader and consultant. Has lectured and taught extensively over South America, USA, UK, Europe, West Asia, SE Asia, China, Japan, Australia, New Zealand, Brazil, Latin America, Russia, South Africa. Has the distinction of lecturing in 53 countries around the globe. Was a keynote speaker at the prestigious International Orthodontic Symposium at Prague in Dec 2017. Delivered the prestigious IOS Oration 2017 at the IOC Jaipur 2017, and was selected for the Outstanding Professor award by the Indian Orthodontic Society 2018. He received a Lifetime Achievement Award at the FDI SFDS for contributions to Military Dentistry and Oral Health Sciences. Credited with Bringing Evidence Based Dentistry to India 2 decades back. He has spent the past three decades on refining treatment systems with the preadjusted appliances, TADS, lingual orthodontics, Dental Sleep medicine and innovating techniques and technologies with leaders in the field. Has published and written extensively in literature and is on the Editorial board of several prestigious international journals. Currently is working on Health Analytics with Artificial Intelligence.



**DR. A. V. ARUN'S OUTSTANDING PROFESSOR AWARD****Dr. A. VENKATESAN (LM0178)**

Dr. A. Venkatesan has over 53 years of experience in Orthodontics. He completed his graduation in Dentistry from Tamil Nadu Government Dental College, Chennai in 1970 and later went on to complete his Masters at the same institute in 1977. He held the position of Senior Professor and Head of Department at TN Government Dental College and then served as the Dean at the same institute. He was also the Director of Medical Education, a rare feat for a dental surgeon. Later he headed the Dept. of Orthodontics at Saveetha Dental College, Chennai. He had numerous scientific publications to his credit. His keen interests lie in Cleft Orthodontics & Biomechanics.



**Dr. AMIT NAGAR (LM0272)**

Dr. Amit Nagar obtained his BDS and MDS degree from the prestigious King George's Medical university in the year 1982 & 1985 respectively. He has been awarded fellowships from International college of dentists (F.I.C.D), World Federation of Orthodontics, U.S.A, and Academy of Dentistry International. He is also International Affiliate Fellow of Societa Italiana Di Ortodonzia (SIDO). Because of his immense passion and dedication towards teaching he joined teaching institutions soon after obtaining his MDS degree and currently working as the professor, Department of Orthodontics, King George's Medical university, Lucknow. He has overall teaching and clinical experience of more than 37 years. He has been awarded membership of National Academy of Medical Sciences, New Delhi (MNAMS). He is Life member, Indian orthodontic society, Member, Indian dental association, Life member Academy of Hospital administration, Life member – International society of dental research, and Life member, Lucknow management Association. From the time of his Masters studies, he always had an interest on scientific projects and research which made him to write and deliver Lectures at numerous national and international level conferences. His international presentations include at Dhaka, Colombo, Kobe (Japan), Saint Petersburg, London, Washington DC, and Seoul South Korea. He has overall 82 publications out of which 34 are in international and pubmed indexed journals. He has also contributed a chapter in a book. He has guided 48 Post graduate thesis and completed research projects funded by DST and 3 from Inramural grant of KGMU, Lucknow. Presently he is also editor in chief of 3 Peer review journals and reviewer of many orthodontic and dental journals.



**Dr. RAGNI TANDON (LM0342)****Professor Dr.Ragni Tandon, BDS, MDS KGMU**

Professor & Head, Department Of Orthodontics,  
Saraswati Dental College, Lucknow, U.P

Dr. Ragni Tandon did her BDS in 1983 and MDS (Ortho) in 1986 from KGMC, Lucknow. She obtained distinction and silver medal in General Human Anatomy & Oral pathology with Dental Bacteriology and Certificate of Honour in General Human Physiology with Histology and Bio-chemistry, General Pathology & Bacteriology, General & Dental Material Medica, General Medicine, Oral Surgery and Dental Radiology and Periodontics. She was awarded the R. C. Saxena Trophy for getting highest marks in Anatomy and the prestigious Prof M.N. Mathur Gold medal for securing the highest aggregate marks in B.D.S first, second and third professional examinations and passing the final professional examination, all in first attempt. She also received the Colgate Palmolive Trophy for getting the highest marks in Periodontics. She was awarded with book prizes and University Merit scholarships for her outstanding academic performances in first, second, third & final professional examinations in B.D.S. She has a teaching experience of 31 years in dental colleges. She worked as demonstrator and pool officer in prestigious KGMC for 6 years and has been working as Professor in Orthodontics for 22 years and is presently working as Professor and HOD, Saraswati Dental College, Lucknow. Around 75 MDS students have graduated under her and she has guided around 75 thesis and library dissertations. She has more than 100 National & International publications to her credit including the prestigious AJODO, Iranian Journals and the Pierre Fauchard to name a few. She has been an BDS & MDS examiner in various government and private colleges. She was awarded by IOS on Women's Day & the LohMahila Samman by the Mayor, Lucknow. She has been the Convener of Lucknow Orthodontic study group for two sessions and is also a member of Academic Council of KGMU. She has also been a member of Board of Studies of Orthodontics Department at KGMU & Babu Banarasi Das University. She is also a member of UP State Dental Council & has often been invited as a Jury Member to Judge the research award at KGMU. She has been a course guide in many National Conferences & PG Conferences. Recently, she was given a Life Time Achievement Award by Saraswati Dental College & Hospital, Lucknow.



**Dr. VIRENDER SINGH KOHLI (LM0509)**

Dr. Col. V.S. Kohli, graduated in Dentistry from Government Dental College, Mumbai and completed his Post Graduation in the speciality of Orthodontics from the prestigious King George's Medical University, Lucknow. He served in the Indian Army for two decades. During his service career in the Army, he served both in India and Abroad. He then went on to setup the first Orthodontic Speciality Clinic in Eastern Madhya Pradesh in Dentistry at Jabalpur Hospital and Research Centre, in 1998, and has since then treated over one lakh individuals including both young children, adolescents and adults. He has been an Executive Committee Member of the Indian Orthodontic Society for four terms and thereafter was elected as the National President of the Indian Orthodontic Society in 2012-2013. He is also the current Vice President of the International College of Dentists. And has held several positions of repute in various professional organisations such as the Indian Dental Association. His research papers have been published in prestigious scientific journals such as the American Journal of Orthodontics, Angle Orthodontist, etc. He has also taught young budding dentists and Orthodontists at various dental colleges and is also a PhD guide. He has lectured at various forums both in domestic and international scientific conferences. He has been awarded several awards such as the Dr. JC Chandana Memorial Award. He currently divides his time between treating patients, devoting himself to social work through free masonry and Rotary organisations, &, playing golf. He is also keen in promoting public awareness about Orthodontics and the role of an Orthodontist.



**Dr. RAJAN K MAHINDRA (LM0551)**

**Dr. Rajan K. Mahindra Professor & HOD,**  
Department of Orthodontics & Dentofacial Orthopaedics,  
Government Dental College & Hospital, Aurangabad.

Graduation - Government Dental College & Hospital, Aurangabad (1987)

Postgraduation - Government Dental College & Hospital, Nagpur (1990)

Total teaching experience - More than 32 years Numerous publications and presentations in National Symposia and Journals

(Since 1991 till date)

- Working as HOD since 1995
- Held charge of Dean (additional charge) from time to time for last 3 years
- Additional charge of Administrative officer (DDO) for 10 months

**GUEST SPEAKER**

- 1) 57<sup>th</sup> IOC Meerut- Class III malocclusion:- Non-surgical management
- 2) 56<sup>th</sup> IOC -Accelerated orthodontics- present status
- 3) Orthodontic Innovation Enclave 13 July 2022

**COURSES CONDUCTED:**

- 1) Self ligating symposium- 1<sup>st</sup> August 2022 Dr. Sanjay Labh
- 2) Damon symposium withOrmco- 2 July 2023

**OTHERS :****2020-2021**

- 1) Speaker- Rapid Revision class MUHS - 20 June 2020

**2021-2022**

- 1) Dental Council Representative CSSMS- 9 July 2021
- 2) Attended –IOS 55<sup>th</sup> Conference- Amritsar- 24-26 September 2021

**2022-23**

- 1) National IOS Integrated typhodont workshop- Ghaziabad- 11-13 April 2022

**2023-2024**

1. Training on Information communication technology at National institute of electronics, Government of India 9<sup>th</sup> Jan 2023
2. Workshop orthognathic surgery- Reliance hospital 12-13 Jan 2023
3. NAAC Member CSMSS college 9<sup>th</sup> February 2023
4. IOS Symposium on 3D 10<sup>th</sup> March 2023
5. Clinical workshop on Ortho aligners 12<sup>th</sup> March 2023
6. Attended workshop on good clinical practice ( Indian Society for Clinical Research) 16<sup>th</sup> July 2023



**Dr. SRIDEVI PADMANABHAN (LM0712)****Dr.Sridevi Padmanabhan,MDS,DIBO,FDS RCPS(Glas)**

Prof. Department of Orthodontics

Associate Dean Research, Sri Ramachandra Institute of Higher Education and Research

Graduated from the College of Dental Surgery, Manipal, 1991 with several honours such as the Colgate Palmolive awards, International College of Dentists award and the TMA Pai Gold medal for academic excellence. She got her Masters from Govt. Dental College, Chennai in 1995. She is a Diplomate, Indian Board of Orthodontics. She had been a post graduate teacher for more than 25 years, is a Phd guide and has contributed to several publications in high impact journals and book chapters. Her areas of research interest are many which include clinical outcomes, white spot lesions, nanotechnology, Airway among others. She is a passionate teacher and has lectured in several national and international forums <https://www.researchgate.net/profile/Sridevi-Padmanabhan>. She has served the Indian Orthodontic Society in several roles. She has been the convenor of the Madras Orthodontic Study group, has served on the EC of the IOS since 2009, first as executive committee member for several terms, editor of the JIOS from 2014-2018 and enjoys the distinction of being the first woman to serve as the Hon. Secretary of the IOS from 2018-2022. She also currently serves as the Editor, Sri Ramachandra journal of Health Sciences Assistant Editor, APOS trends and as Council member, WFO.



**Dr. RAJIV AHLUWALIA (LM0797)**

**Dr. Rajiv Ahluwalia** an experienced professional in dental education with over 25 years of expertise is Professor and Head at the Department of Orthodontics, Santosh De. Currently he is Heading the National Dental Bioethics Unit, where he was appointed as Secretary in 2016 due to his strong passion and dedication to Bioethics. Recognized for exceptional contributions, he was promoted to the Head of the National Dental Bioethics Unit in February 2020. He is Head Of Department, Department of Orthodontics & Dento-facial Orthopaedics, Santosh Deemed to be University, Ghaziabad, Dean, Student Welfare Association, Santosh Deemed to be University, Ghaziabad, Vice Dean, Santosh Dental College & Hospital, Ghaziabad, **Head, National Dental Bioethics Program, UNESCO Chair in Bioethics, Haifa., Vice President Indian Orthodontic Society 2014-2015. Chief Convener, OsGOD** (Orthodontic Study Group of Delhi) He also had worked as Sectional Editor JIOS, He has worked as Sectional Editor- (IJDR) , Editorial Board-Dental Practice and as Editor- IOS Times (2012-2014). He is awarded as Chief Convener, of Best Study Group in India, 2011-2012 Award by Indian Orthodontic Society as "Best Teacher" Orthodontics - DSWAI and DSAI, "Transformational Leader Award" - Santosh University 2016 and "Rising Star Award, 2015", He has Experience of twenty-five years in teaching undergraduates in dental colleges and postgraduates in orthodontics. Received award for Innovation in Teaching and Research Methodology by Dental Surgeons Association of India, 2021. He is **Felicited as the best researcher by Santosh deemed to be University, 2022.** More than 100 articles published in various indexed journals. He has **4 patents published and 3 more submitted and under review with Government of India.** He has **7 copyrights registered with government of India and filed another 7, which are under review.** He was Invited by Sansad TV, Govt of India on Health Talk Show, Jan 22 and Ethics & Morals in Medical Practice-Invited Guest in Panel Talk along with Ms. Meenakshi Lekhi & IMA secretary on NDTV Profit-2014



**OBITUARY****Dr. PP Jacob**

Indian Orthodontic Society mourns on the sad demise of our Dear Respected Senior Member, Dr PP Jacob who left for his heavenly abode on 6<sup>th</sup> November 2022. He was the founder of the prestigious Dept of Orthodontics, Govt. Dental College Trivandrum. A great Teacher and a very humble person, he is lovingly remembered by not only his students and colleagues, but also by any individual who had interacted with him. We bow in salutation to the doyen of Kerala and Indian Orthodontics. Your teachings and memories will continue to guide us to the right path. In order to commemorate his contributions, his students along with his well wishers started The PP Jacob award for the best scientific paper published in JIOS. Rest in Peace Sir.

**Dr. Jayant Dehadrai**

It is moment of Deep Sorrow to hear about sad demise of our Past Hon. Secretary, Dr. Jayant Dehadrai. Dr. Jayant Dehadrai graduated in Dental Surgery from King George's Medical College, Lucknow from the 1968 Batch and later went on to attain his masters in Orthodontics from the same institution. After graduation he settled down in Ahemdabad and established his own private practice. He served in the executive committee of the Indian Orthodontic Society in 1984-1985 and 1987-1988. He served as the Hon. Secretary of the Indian Orthodontic Society from 2002-2006. He is survived by his wife, Smita; and son, Mukul and daughter, Anushree. Om Shanti, Om Sadgati





**Dr.Ravi Narayan Reddy**

Indian Orthodontic Society regrets to inform that Dr.Ravi Narayan Reddy passed away peacefully on 11-11-2022.He was a senior member of our society, he graduated from Davengere and post graduated from manipal, he is fondly remembered by his students and colleagues. He is survived by his wife, son and daughter.



**Dr.Ranganathan Rathinsamy**  
**Professor, Department of Orthodontics, VMSDC, Salem Tamilnadu**  
**30<sup>th</sup> June 1977-1<sup>st</sup> April 2023**

It's a great loss to our department he was known for his willingness to help people in difficult situation an animal lover and an offroading enthusiast and a great friend quietly remembered everyday.







## INDIAN ORTHODONTIC SOCIETY-CONSOLIDATED

## Income &amp; Expenditure Account for the period 1st April 2022 to 31st March 2023

Expenditure	Amount	Income	Amount
Public Awareness Expenses	7,66,863.00	Membership Fees	1,47,40,951.27
Warehouse and Office Rent Expenses -Delhi, Vellore & Chennai	1,62,700.00	Interest on FDR-Indian Bank	36,80,304.00
Consultancy Exp.	1,76,500.00	Interest from Bank on SB	5,345.00
Audit Fees	75,000.00	Advertisement Income from IOS Times	1,27,118.64
Webinar and Conference Expenses	1,67,652.00	NITW Kolkata	90,423.76
NITW Kolkata Expenses	89,324.00	Donation Received	25,000.00
EC meeting Exp	1,01,763.00	Receipts from 55th IOC	1,48,623.36
APFORE and WFO Fees	76,942.00	Other Income	44,271.19
Printing & Stationery Exp.	1,84,546.00		
Salaries	5,62,000.00	<b>Income from JIOS</b>	
Travelling & Conveyance (POB)	3,17,525.00	Advertisement Income	2,79,000.00
Research Grant Exp.	1,50,000.00	Royalty Income	3,62,599.00
Payment Gateway charges	41,944.97		
Staff Conveyance expenses	62,358.00		
Bank Charges	16,953.86		
Members ID Card Expenses	1,48,050.00		
Momentos and Award Expenses	5,29,011.00		
Computer and Printer Maintenance Exp	32,440.00		
Accounting Charges	1,25,000.00		
Office Expenses	57,137.00		
Postage Exp.	74,303.00		
Mobile & Internet Charges	30,082.00		
Misc. Exp.	6,592.48		
GST Expenses	39,123.00		
Depreciation on Fixed Assets	28,634.00		
Legal Expenses	1,30,000.00		
Election Expenses	3,12,604.50		
Web Development & Maintenance Charge	5,51,950.00		
IOS Times Expenses	1,84,000.00		
JCO-IOS Expenses	63,559.32		
<b>JIOS Expenses</b>			
Journal Printing Charges	11,86,296.00		
Other Printing	50,000.00		
Journal Postage Charges	2,16,239.00		
Advertisement Expenses	24,095.00		
Bank Charges	249.07		
Interest Paid on TDS	24,370.00		
<b>Excess of Income Over Expenditure</b>	1,27,37,829.02		
	<b>1,95,03,636.22</b>		<b>1,95,03,636.22</b>

As per our report of even date

Indian Orthodontic Society

PJSL &amp; CO

Chartered Accountant

Firm Regn. No. 023575N

Sanjay Labh  
(Partner)

M. No.: 099871

Place : Ghaziabad

Date : 08 SEP 2023

UDIN : 23099871BG4UVN5320

INDIAN ORTHODONTIC SOCIETY

Sulabh  
Secretary

Hon Secretary

INDIAN ORTHODONTIC SOCIETY

C. Munishw  
Treasurer

Treasurer



**IOS HEAD OFFICE**

**Dr. SANJAY LABH**

***Hon. Secretary, Indian Orthodontic Society***

Centre for Advanced Dental Care, Shipra Krishna Vista Plaza,  
Indirapuram, Ghaziabad 201014. Delhi NCR

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